

Women Matters @ POGS

POGS Newsletter Online

Volume 46 Number 3 • October 2023

POGS@77

Ma. Socorro C. Bernardino, MD
POGS P.R.O.

The Philippine Obstetrical and Gynecological Society (POGS), celebrated its 77th Foundation Day on July 6, 2023, with a thrilling James Bond-inspired theme: "POGS@77: A Night of Espionage and Excellence." The event brought together distinguished guests, including past presidents of POGS, the Board of Trustees, current and former chairs of the Philippine Board of Obstetrics and Gynecology (PBOG) and the Committee on Research, Education, and Ethics in the Development of Women's Health (CREED), as well as pharmaceutical partners who have collaborated in advancing the field of obstetrics and gynecology.

Attendees dressed as James Bond or Bond girl. The venue was transformed into a stylish and glamorous setting. POGS past presidents, Board of Trustees, and invited dignitaries graced the event with their presence, lending an air of prestige and wisdom to the celebration. Representatives from the PBOG and CREED were also in attendance. Their invaluable contributions to POGS were acknowledged and celebrated.

Throughout the evening, attendees were treated to an extraordinary program that captured the essence of James Bond's iconic adventures. The 77th Foundation Day celebration not only honored POGS' rich history and collective achievements but also instilled a sense of excitement and motivation for the future. As POGS embraces its 78th year and beyond, our organization remains committed to advancing women's health, promoting excellence in the profession, and will continue to operate at the forefront of medical innovation and maintain its steadfast dedication to the well-being of women throughout the nation.

More photos on page 4



PHILIPPINE OBSTETRICAL AND
GYNECOLOGICAL SOCIETY (Foundation), INC.

Notice of Meeting

To: All POGS Members
From: Leilani C. Chavez-Coloma, MD
Board Secretary

Annual Business Meeting

Wednesday, November 8, 2023
12:00nn - 2:00PM

PICC Reception Hall, CCP Complex, Roxas
Boulevard, Pasay City



Sulong **POGS**



From the Boardroom



Message from the Board Secretary

Leilani C. Chavez-Coloma, M.D.
Board Secretary, POGS BOT

July 6, 2023 marks the **POGS 77th Foundation Anniversary** and it was celebrated with the **THEME: "POGS @077"**.

It was a great day for the Society and was commenced by the inauguration and blessing of the POGS Pangako Project – Ang TIPANAN.

The POGS "Tipanan" and statue of the "PANGAKO" raised along the façade of the POGS Building, not only serves as a park and face of the Society but moreso symbolizes our dedication to our Mission-Vision and Core values. Our promise to engage ourselves in this prestigious Society, to take part in its activities for the common good of all, including those in the community epitomizes our dedication to our advocacy programs.

The image is a semblance of a pregnant woman representing the individuals we mainly serve as compassionate and competent OB-GYNs who upholds the highest standard of healthcare for the Filipino women and their newborns.

The creative work of art that is made of brass was patiently and excellently carved by Mr Jonas Rocas.



Subsequently, our President, Dr Efren J. Domingo conveyed the State of the POGS Address (SOPA). He gave honor and tribute to the efforts, services, skills and talents rendered by the past Presidents of the POGS to help establish and sustain the organization.

He reported on the components of the Pangako Presidential projects for his term in 2023.

The 10 projects namely 1) Scholarship for Residency and Fellowship training (Chair – Dr. Rommel Z. Dueñas; Co-Chair – Dr. Agnes L. Soriano-Estrella)

2) Word for the Day (Chair – Dr. Ana Victoria V. Dy Echo; Co-Chair – Dr. Mikaela Erlinda G. Martinez-Bucu)

- 3) Community service – Tulong sa Kanayunan (Chair – Dr. Sherri Ann L. Suplido; Co-Chair – Dr. Agnes L. Soriano-Estrella)
- 4) POGS Fund Raising para sa Tulong sa Kanayunan (Chair – Dr. Sybil Lizanne Bravo; Co-Chair – Dr. Erwin R. De Mesa)
- 5) Glosaryo ng mga Termino sa OBGYN (Chair – Dr. Ira Dominique T. Alatraca-Malonzo; Co-Chair – Dr. Maynila E. Domingo)
- 6) POGS Statuette, Plaque, Stationery Atbp. (Chair – Dr. Mark Q. Antonio; Co-Chair – Dr. Allen Gideon R. Tan)
- 7) POGS Tipanan, Ang Parke sa Statua ng Ang Pangako (Chair – Dr. Regina Paz A. Tan-Espiritu; Co-Chair – Dr. Mikaela Erlinda G. Martinez-Bucu)
- 8) Puksain ang Cervical Cancer - (Chair – Dr. Cecilia Ladines-Llave; Co-Chair – Dr. Pherdes E. Galbo)
- 9) POGS Foundation, Inc. Kooperatiba para sa mga Kasapi (Chair – Dr. Rowena M. Auxillos; Adviser – Dr. Lourdes B. Capito)
- 10) Ang Family Planning Services Accreditation (Chair – Dr. Esmeraldo T. Ilem)

The hard efforts of each Committee by each of its members, Chairs and Co-chairs in accomplishing their tasks were recognized. Highlights on the developments and ongoing works of each Pangako component project was stated. The support and approval of the 2023 Board of Trustees (BOT) and Regional Directors were also acknowledged. The good company of the members of the Board made it easy for them to accomplish the works at hand and further unified them in achieving the goals of the Society, according to Dr Domingo. The time and service disposed by the Regional Directors in the very good implementation of various activities in each locality were mentioned and was described by our President as being patriotic. The distinction in excellence of the members of the Philippine Board in Obstetrics and Gynecology (PBOG) as the certifying and accrediting body of POGS and as the foundation for membership acceptance was underscored as well by Dr Domingo. Their being compassionate despite being rigid in the discharge of their duties was remarked on.

On the work of the Council for Resident's Education, Enhancement and Development (CREED), in teaching, guiding and making ways to interact and engage all accredited Residency Training Programs (RTPs) and those aspiring to submit their program for accreditation as they set the templates on this

and as they shepherd each institution, the POGS is always grateful for their untiring efforts. Dr Domingo did not forget to acknowledge all the help and service given by the POGS Secretariat staff. They are our partners in sustaining the daily office operations and activities of the Society. Our gratitude and salute to all our personnel in POGS, as well.

PHILIPPINE OBSTETRICAL AND GYNECOLOGICAL SOCIETY (Foundation), INC.

2023 Board of Trustees

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2023

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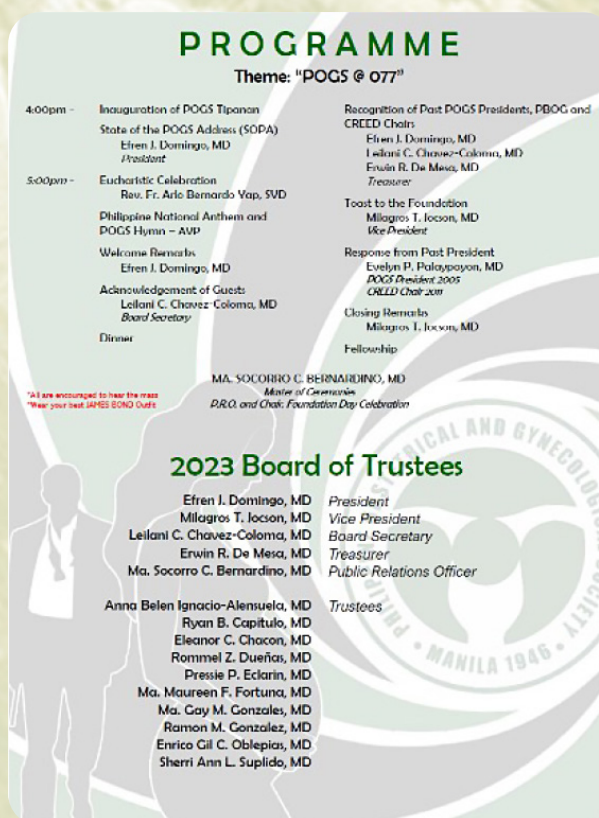
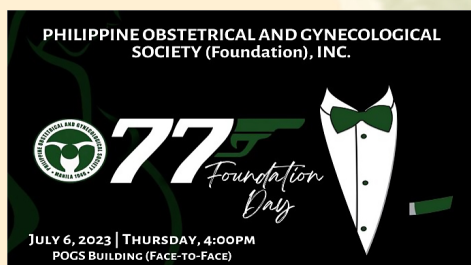


From the Boardroom



The POGS Finances was reported by the President from the report of the Treasurer, to be stable. The details of which shall be presented during the Annual Business Meeting in November 8, 2023 (Wednesday) at the PICC, Reception Hall at 12:00 noon, during the 2023 Annual Convention and 77th Anniversary Celebration (November 7-10, 2023).

Following the SOPA is a face to face Eucharistic celebration that was officiated by our guest priest, Fr Arlo Yap in the POGS Assembly Hall with the past (POGS) Presidents, BOT members, Regional Directors, Committee heads, Secretariat staff and corporate partners in attendance. A reception and program of events was held to honor our previous leaders and officers.



Committee on Credentials and Membership Bulletin:



In front row (L-R): Drs. Amelia A. Vega, Maria Lourdes B. Coloma, Lailani C. Chavez-Coloma (Chairperson), Divina P. Rojas, Evelyn F. Reinoso. Standing (R-L): Drs. Lety Y. Chua-Torregosa, Ma. Socorro M. Solis (Ex-officio, PBOG Secretary), Maria Lilibeth L. Sia Su (Ex-officio, MAP Chair), Darleen S.J. Stuart (Ex-officio, CREED Secretary), Maria Estrella Yu-FI

1. This year we are happy and delighted to welcome 295 candidates for new Fellow members.

Below is the FINAL LIST of candidates for conferment as Fellow members on November 10, 2023 (Friday) during the Closing Ceremonies of the Annual Convention. The Conferment ceremonies will be led by our candlelight Leader this year Dr Ma. Corazon Zaida N. Gamilla, 2008 POGS President.

2. We have also approved two candidates for membership to the POGS as Honorary Fellows of the Society, this year. They are Dr Jeanne Conry, current FIGO President and Dr Pisake Lumbiganon, current AOFOG President.

Conferment will be during the Annual Business Meeting, abiding with the rules and guidelines set in our Administrative Manual.

See you all then during the 2023 Annual Convention and 77th Anniversary Celebration, with this year's theme: " From Global Trends to Local Integration" This is happening on November 7-10, 2023 at the Philippine International Convention Center (PICC), Pasay City.

Cheers to the POGS for remaining relevant and competent in its purpose, all these years of its existence! Sulong POGS!

POGS@77



Message from the Editor-in-Chief

Ma. Socorro C. Bernardino, M.D.
POGS P.R.O.

Women Matters® POGS
POGS Newsletter Online Volume 46 Number 2 June 2023

Committee on Newsletter and Foundation Day

Ma. Socorro C. Bernardino, MD
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Kristen O Cruz-Canlas, MD	Shiela T. Magpale, MD
Ma. Margarita Leticia Gellaco, MD	Marivic C. Agulto-Mercadal, MD
Imee D. Gonzales, MD	Ma. Socorro C. Solis, MD
Jennifer O. Madera, MD	Eleyne I. Valencia, MD

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PHILIPPINE OBSTETRICAL AND GYNECOLOGICAL SOCIETY (Foundation), INC.

Committee on Newsletter and Foundation Day



Ma. Socorro C. Bernardino, MD
Chair

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Kristen O.
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Ma. Margarita Leticia
D. Gellaco, MD



Imee D.
Gonzalez MD



Jennifer O.
Madera, MD



Shiela T.
Magpale, MD



Marivic Agulto-
Mercadal, MD



Ma. Socorro M.
Solis MD



Eleyne I.
Valencia, MD

The POGS Newsletter Editorial Board encourages contributions for articles and announcements coming from the regional chapters, affiliated subspecialty societies, and accredited member hospitals. For any submissions or inquiries regarding this matter, the editorial board may be reached through the POGS secretariat at e-mail address pogs.sha@gmail.com, or through phone numbers (0927) 438-0513 and (02) 921-2479. Look for Ms. Sharnie M. Espina for any assistance that you might require on this. Thank you very much.





2023 List of New Fellows

#	NAME	REGION	FIRST ENDORSER	SECOND ENDORSER
1	Joan B. Abanador, M.D.	REG-4	Jocelyn Malaluan-Cruz , M.D.	Grace Llorente Lapeña, M.D.
2	Jalilah M. Abedin, M.D.	REG-10	Leah Louise Vega Justiniano, M.D.	Maria Imelda Paz Carbajal , M.D.
3	Julie Delen Abitria, M.D.	REG-4	Michael Thomas T. Montesa, M.D.	Grace Llorente Lapeña, M.D.
4	Melanie N. Nombrado-Ablan, M.D.	REG-4	Rebecca Ann V. Gabor, M.D.	Grace Llorente Lapeña, M.D.
5	Victoria Francesca Pacita Monfort-Acuña, M.D.	REG-6	Mylene P. Geroche, M.D.	Ma. Theresa Masote-Maestral M.D.
6	Mina Celis-Adriano, M.D.	REG-3	Josephine Victoria V. Romero, M.D.	Aura Lynn Talavera Austria, M.D.
7	Anna Rea Santos Agbada, M.D.	NCR	Elizabeth Ah Yong Reyes , M.D.	Marie Arlene E. Azada, M.D.
8	Nadinne P. Agbanlog, M.D.	REG-1	Rosario Gan-Laranang, M.D.	Jimmy A. Billod, M.D.
9	Edsel B. Aguila, M.D.	REG-5	Charmane Claire Tanchoco-Agcaoili, M.D.	Ana K. Young Garcia-Sy, M.D.
10	Gleen Rose O. Aguilar, M.D.	NCR	Vanessa V. Domingo-De Guzman, M.D.	Ma. Lourdes F. Reyes-Abeleda , M.D.
11	Judylaine Buenaobra-Aguilar, M.D.	NCR	Janette Pauig Tuquero, M.D.	Vina Adora S. Jose, M.D.
12	Minah D. Ala, M.D.	REG-10	Sohaira L. Latiph, M.D.	Maria Imelda Paz Carbajal , M.D.
13	Danielle Donna Escano-Alcid, M.D.	NCR	Regina Paz Tan-Espiritu, M.D.	Marinella Agnes Garcia-Abat, M.D.
14	Riena-Aiza Hatab-Alcuizar, M.D.	REG-4	Evelyn Dolot Funelas, M.D.	Grace Llorente Lapeña, M.D.
15	Maria Noemi S.A. Alfonso, M.D.	REG-4	Jennifer F. Austria, M.D.	Grace Llorente Lapeña, M.D.
16	Anarisa Belarma Aliguin, M.D.	REG-6	Mee B. Silao, M.D.	Rey Felicísimo S. Castillo, M.D.
17	Jean B. Baybayan-Almirol, M.D.	NCR	Maria Yvette Anne S. Bautista, M.D.	Marinella Agnes Garcia-Abat, M.D.
18	Azisa G. Alonto, M.D.	REG-10	Sohaira L. Latiph, M.D.	Maria Imelda Paz Carbajal , M.D.
19	Melania Manuel-Alvarico, M.D.	NCR	Zarina R. Balagtas, M.D.	Marinella Agnes Garcia-Abat, M.D.
20	Sittie Jebrailyn Amilhasan, M.D.	REG-11	Jeanmarie Cabrera Salvador, M.D.	Concepcion D. Rayel, M.D.
21	Aireen Paula M. Ancaja, M.D.	NCR	Kristine M. Ravalo, M.D.	Marinella Agnes Garcia-Abat, M.D.
22	Esmeralda C. Calayag-Ang, M.D.	NCR	Janette Pauig Tuquero, M.D.	Marinella Agnes Garcia-Abat, M.D.
23	Djurizza B. Gadin-Angue, M.D.	REG-4	Analiza Angelia Vyttingco, M.D.	Grace Llorente Lapeña, M.D.
24	Mary Rose O. Argente, M.D.	NCR	Irene Olandia-Datu, M.D.	Victoria Rowena Rigor Sese , M.D.
25	Iris A. Soria-Arikan, M.D.	REG-5	Chiara Mae N. Chia, M.D.	Ana K. Young Garcia-Sy, M.D.
26	Paola Angela Q. Asunto, M.D.	REG-1	Maria Cielo Mallari Montemayor, M.D.	Aurora Lopez Valdez , M.D.
27	Ritchie R. Aradanas-Aviles, M.D.	REG-1	Maria Lorena Lorenzo-Santos, M.D.	Ruth Judith Gay V. Cristobal, M.D.
28	Kym Andrea D. Bacus, M.D.	REG-6	Ma. Rhesa Dasig Delfin, M.D.	Rey Felicísimo S. Castillo, M.D.
29	Analiza B. Bajan, M.D.	REG-10	Quennie Salcedo-Quiño, M.D.	Maria Imelda Paz Carbajal , M.D.
30	Ann Kristaline G. Talens-Balagtas, M.D.	REG-3	Graciela Aguilar Fuentes, M.D.	Aura Lynn Talavera Austria, M.D.
31	Ivy Jean F. Balce, M.D.	NCR	Marie Arlene E. Azada, M.D.	Marinella Agnes Garcia-Abat, M.D.
32	Mae Kristel E. Ballesteros, M.D.	REG-4	Estern V. Antonio, M.D.	Grace Llorente Lapeña, M.D.
33	Joanne R. Roa-Baloncio, M.D.	REG-10	Quennie Salcedo-Quiño, M.D.	Maria Imelda Paz Carbajal , M.D.
34	Leslie V. Barba, M.D.	NCR	Amaryllis Digna O. Yazon, M.D.	Arlene Veluz Roxas , M.D.
35	Cheska Bautista – Barbara, M.D.	REG-3	Jaymee A. Ocampo-Luzung, M.D.	Angelo M. Tolentino, M.D.
36	Gezzel O. Barroga, M.D.	REG-4	Jennifer M. Cervantes-del Prado, M.D.	Grace Llorente Lapeña, M.D.
37	Delphine Joanne C. Quintana-Bartolome, M.D.	REG-6	Mary Karen Veronica R. Icamina, M.D.	Rey Felicísimo S. Castillo, M.D.
38	Coleen A. Bautista, M.D.	NCR	Edna Cariño Banta, M.D.	Marinella Agnes Garcia-Abat, M.D.
39	Eirene N. Camacho-Bautista, M.D.	NCR	Maria Cristina Castillo Franada, M.D.	Francis Arnold G. Cañaveral, M.D.
40	Kristel-Ann Frances V. Baybay, M.D.	NCR	Nelinda Catherine P. Pangilinan, M.D.	Marinella Agnes Garcia-Abat, M.D.
41	Ceri Kristine H. Talan-Benosa, M.D.	REG-5	Maria Elizabeth A. Palencia, M.D.	Ana K. Young Garcia-Sy, M.D.
42	Rizel Damasco-Bialen, M.D.	NCR	Alpha S. Montaos, M.D.	Marinella Agnes Garcia-Abat, M.D.
43	Maria Leontina Amparo Brioso, M.D.	REG-10	Quennie Salcedo-Quiño, M.D.	Maria Imelda Paz Carbajal , M.D.
44	Regina Ruiz-Buenafior, M.D.	REG-6	Mary Karen Veronica R. Icamina, M.D.	Rey Felicísimo S. Castillo, M.D.
45	Marella A. Bugarin, M.D.	NCR	Maria Josefina Arabit Morales, M.D.	Marie Arlene E. Azada, M.D.
46	Vijoycelyn N. Pascua-Bulatao, M.D.	NCR	Rosalie Escobar Junio, M.D.	Benjamin D. Cuenca, M.D.
47	Aileen Marie P. Caluza-Buliyat, M.D.	REG-1	Sheryll A. Beltran-Carullo, M.D.	Jimmy A. Billod, M.D.
48	Marion Ariadne C. Burgos, M.D.	REG-1	Rachel D. Jalog, M.D.	Ruth Judith Gay V. Cristobal, M.D.
49	Kristeen Joy E. Argenio – Cabelin, M.D.	REG-8	Rufina Lynor V. Barrot-Gler, M.D.	Mina Sirikit C. Tagra, M.D.
50	Carol Claire Lariosa-Cacabilos, M.D.	REG-2	Noel C. De Leon, M.D.	Mary Jean Gumpal Baguioen, M.D.
51	Eurika Lyna S. Cacho, M.D.	REG-4	Anna A. Villanueva, M.D.	Grace Llorente Lapeña, M.D.
52	Mae Ramos-Cadacio, M.D.	REG-1	Lilybeth L. Algas-Bautista, M.D.	Ruth Judith Gay V. Cristobal, M.D.
53	Gracia I. Cadalzo, M.D.	REG-4	Lea Aseron Balaga, M.D.	Grace Llorente Lapeña, M.D.
54	Jane Karla G. Cadavedo, M.D.	REG-4	Maria Ruzena D. Opuencia, M.D.	Enrique Villareal Labios , M.D.
55	Sharon O. Dayag-Cadiente, M.D.	REG-2	Minnie Darling G. Padre, M.D.	Mary Jane L. Publico, M.D.
56	Paula B. Cabanag-Calingacion, M.D.	REG-3	Josephine Victoria V. Romero, M.D.	Aura Lynn Talavera Austria, M.D.
57	Guiaria S. Camarudin, M.D.	REG-11	Ruth Gianan Peralta, M.D.	Louella Jeanne Agdeppa Lao, M.D.
58	Kristine Ann O. Canseco, M.D.	NCR	Edgar Dayrit Licup, M.D.	Marinella Agnes Garcia-Abat, M.D.
59	Simplicio M. Capileño, M.D.	REG-6	Ma.Gemma Victoria P. Trasporto, M.D.	Mariter Villacorte Mendoza, M.D.
60	Sarah Jillian Susarno Capili, M.D.	REG-10	Charmeine M. Espina, M.D.	Maria Imelda Paz Carbajal , M.D.
61	Julieta Sittie Salma A. Masorong-Cariño II, M.D.	REG-7	Franciene P. Vasquez, M.D.	Helen B. Albal, M.D.
62	Rochelle R. Castillo, M.D.	REG-3	Josephine Victoria V. Romero, M.D.	Aura Lynn Talavera Austria, M.D.
63	Elizabeth Anne Ayonon – Ching, M.D.	NCR	Ramon Emilio Daniel G. Rocas, M.D.	Marinella Agnes Garcia-Abat, M.D.
64	Jennifer Mary Joy V. Chiu, M.D.	REG-1	Evelyn M. Camantiles-Tello, M.D.	Ruth Judith Gay V. Cristobal, M.D.
65	Maria Kathrina S.B. Timbol-Cinco, M.D.	REG-3	Claudine J. Tan-Marquez, M.D.	Sonia Dysangco-Domingo, M.D.
66	Ciara Liz Q. Cirujales, M.D.	NCR	Richard C. Jordias, M.D.	Marinella Agnes Garcia-Abat, M.D.
67	Vanissa D. Pasigon-Clemente, M.D.	NCR	Ma. Theresa G. Salas, M.D.	Marinella Agnes Garcia-Abat, M.D.
68	Mary Jean S. Cocjin, M.D.	REG-11	Pamela Grace P. Español-Solano, M.D.	Concepcion D. Rayel, M.D.
69	Jeanette A. Catapang-Combate, M.D.	NCR	Mayflor Apostol Rodriguez, M.D.	Marinella Agnes Garcia-Abat, M.D.
70	Jewel Charisse F. Corpuz, M.D.	NCR	Eleyne L. Ilagan-Valencia, M.D.	Elizabeth Ah Yong Reyes , M.D.
71	Elsa M. Parayao – Corpuz, M.D.	REG-3	Rowena J. Labao, M.D.	Sonia Dysangco-Domingo, M.D.
72	Raquel B. Correa, M.D.	REG-4	Maria Girlie J. Ibañez, M.D.	Grace Llorente Lapeña, M.D.
73	Shiela B. Candelario-Cortez, M.D.	REG-4	Cybel Luz Avevilla - Abalos, M.D.	Maricel L. Arcellana, M.D.
74	Cyd F. Arellado-Costan, M.D.	REG-6	Nora G. Gepulle, M.D.	Rey Felicísimo S. Castillo, M.D.
75	Anne Margaret F. Tablizo-Crisol, M.D.	NCR	Claudette P. Ricero-Cabingue, M.D.	Marinella Agnes Garcia-Abat, M.D.
76	Annaliza D. De Lara-Cruz, M.D.	NCR	Ma. Victoria Valmonte Torres, M.D.	Marinella Agnes Garcia-Abat, M.D.
77	Rosey E. Cruz, M.D.	NCR	Teresita Cantos David, M.D.	Marinella Agnes Garcia-Abat, M.D.
78	Cialuj Teza A. Agbayani-Cruz, M.D.	REG-3	Mark Q. Antonio, M.D.	Unika Leah C. Angeles, M.D.
79	Juli Denise V. Cuarto, M.D.	REG-7	Asuncion Del Prado-Tremedal, M.D.	Helen B. Albal, M.D.
80	Nikki Charmaine P. Cuenca, M.D.	NCR	Elizabeth King Supelana , M.D.	Marinella Agnes Garcia-Abat, M.D.
81	Patricia D. Dadgardoust, M.D.	REG-3	Khristine D. Zamora, M.D.	Sonia Dysangco-Domingo, M.D.
82	Ivy R. Maravilles – Dahab, M.D.	REG-11	Juliet Domingo Coching, M.D.	Geraldine M. Dela Victoria, M.D.
83	Zaida Chel P. Danag, M.D.	REG-2	Minnie Darling G. Padre, M.D.	Mary Jane L. Publico, M.D.
84	May B. David, M.D.	NCR	Jean Anne Balajadia Toral, M.D.	Marinella Agnes Garcia-Abat, M.D.
85	Glaiza S. de Guzman, M.D.	NCR	Carolyn R. Zalameda-Castro, M.D.	Maria Antonia Esteban Habana, M.D.
86	Serines Virian Decano-De La Paz, M.D.	NCR	Maria Jesusa Banal-Silao, M.D.	Marinella Agnes Garcia-Abat, M.D.
87	Lizhelle Niña Gonzalez-De Leon, M.D.	REG-3	Daisy Briones Bueno, M.D.	Sonia Dysangco-Domingo, M.D.
88	Genie B. De Lumen, M.D.	NCR	Grace D. De los Angeles , M.D.	Victoria Rowena Rigor Sese , M.D.
89	Rommel A. Decena, M.D.	REG-1	Maria Lorena Lorenzo-Santos, M.D.	Ruth Judith Gay V. Cristobal, M.D.
90	Aileen A. Dela Cruz, M.D.	NCR	Jesusa M. Manuela, M.D.	Marinella Agnes Garcia-Abat, M.D.
91	Ma. Ditas Dela Cruz, M.D.	NCR	Anna Marie C. Lafiguera , M.D.	Marinella Agnes Garcia-Abat, M.D.
92	Wilma M. Dela Cruz, M.D.	REG-1	Richard Ronald B. Cacho, M.D.	Ruth Judith Gay V. Cristobal, M.D.
93	Mylette G. Delmas, M.D.	NCR	Mary Rose Katherine E. Panlilio-Asuncion, M.D.	Esmeraldo Topacio Ilem, M.D.
94	Maria Camella Grace T. Delos Reyes, M.D.	REG-11	Lynnette Lu-Lasala, M.D.	Geraldine M. Dela Victoria, M.D.
95	Lucky Faith A. Dequina, M.D.	REG-1	Mona Liza E. Hernando, M.D.	Ruth Judith Gay V. Cristobal, M.D.
96	Hannah Faye A. Magdabay-Derla, M.D.	REG-11	Sigrid Aguirre-Barinaga, M.D.	Concepcion D. Rayel, M.D.
97	Carolynne Bunyi-Diokno, M.D.	REG-4	Limavel Ann M. Veloso, M.D.	Grace Llorente Lapeña, M.D.
98	Carol R. Dion, M.D.	REG-4	Evelyn Dolot Funelas, M.D.	Grace Llorente Lapeña, M.D.
99	Anna Leah S. Sampang-Dispo, M.D.	NCR	Virgilio B. Castro, M.D.	Marinella Agnes Garcia-Abat, M.D.
100	Abigail R. Peña-Dizon, M.D.	REG-4	Rebecca Ann V. Gabor, M.D.	Grace Llorente Lapeña, M.D.



2023 List of New Fellows

#	NAME	REGION	FIRST ENDORSER	SECOND ENDORSER ¹⁰¹
101	Ma. Ruby D. Doromal, M.D.	REG-6	Ma. Theresa G. Cedullo, M.D.	Rey Felicisimo S. Castillo, M.D.
102	Cristita Angeles-Dumalagan, M.D.	REG-10	Ann Carmel P. Baltazar-Buaquiña, M.D.	Maria Imelda Paz Carbajal , M.D.
103	Rusienne Mae A. Verano-Dumdum, M.D.	REG-7	Nina Angela Hilario-Darcera, M.D.	Helen B. Albal, M.D.
104	Liesel Cuales-Duncan, M.D.	REG-5	Charmaine Claire Tanchoco-Agcaoli, M.D.	Ana K. Young Garcia-Sy, M.D.
105	Peachy D. Inocente-Dungca, M.D.	NCR	Precita S. Ngo, M.D.	Patricia Latorre Tan , M.D.
106	Ma. Ligia Martina Abrigo – Ednacot, M.D.	NCR	Maria Sylvia Principe-Lagman, M.D.	Ma. Lorcelli Pascual Parado, M.D.
107	Chloe Rhais Z. Encinares, M.D.	NCR	Grace D. De los Angeles , M.D.	Arlene Raule Dominguez, M.D.
108	Aprelyn S. Espanta, M.D.	REG-6	Thea Claire Gregorio-Castillo, M.D.	Rey Felicisimo S. Castillo, M.D.
109	Ma. Christina O. Espeleta, M.D.	NCR	Janet M. Maten-Valerio, M.D.	Celeste Z. Francisco, M.D.
110	Dessa Marie Rabia-Esperat, M.D.	REG-11	Juliet Domingo Coching, M.D.	Geraldine M. Dela Victoria, M.D.
111	Librada Virginia M. Espiritu, M.D.	NCR	Sylvia de las Alas-Carnero , M.D.	Marinella Agnes Garcia-Abat, M.D.
112	Aurelyn A. Esporlas, M.D.	REG-4	Jennifer F. Austria, M.D.	Grace Llorente Lapeña, M.D.
113	Edelle Louiefe M. Dafilmoto-Evangelista, M.D.	REG-10	Sarah B. Pingol , M.D.	Maria Imelda Paz Carbajal , M.D.
114	Shayne C. Fajutagana, M.D.	NCR	Chiaoling Sua-Lao, M.D.	Maria Antonia Esteban Habana, M.D.
115	Melany Lingbaon-Fantillo, M.D.	REG-6	Ma.Gemma Victoria P. Trasporto, M.D.	Mariter Villacorte Mendoza , M.D.
116	Czarina A. Basco-Favila, M.D.	NCR	Maria Cristina S. Estella-Santos, M.D.	Marinella Agnes Garcia-Abat, M.D.
117	Kristie Diane M. Feliciano, M.D.	REG-10	Quennie Salcedo-Quino, M.D.	Maria Imelda Paz Carbajal , M.D.
118	Massachusetts Clemente – Fernandez, M.D.	NCR	Maria Sylvia Principe-Lagman, M.D.	Ma. Lorcelli Pascual Parado, M.D.
119	Paula Patricia P. Perez-Fernandez, M.D.	NCR	Charisse G. Pascual-Guerrero, M.D.	Marjorie I. Santos, M.D.
120	Michelle T. Fernandez, M.D.	REG-1	Yvonne Toquero Soriano, M.D.	Ruth Judith Gay V. Cristobal, M.D.
121	Aleth Grace N. Lagera-Fernandez, M.D.	REG-3	Cherie Amor C. Rona, M.D.	Sonia Dysangco-Domingo, M.D.
122	Juliet Kristine C. Evangelista-Filomeno, M.D.	NCR	Catherine Quizon-La Madrid, M.D.	Marinella Agnes Garcia-Abat, M.D.
123	Eravelle O. Nuque Flores, M.D.	REG-3	Jocelyn A. Co, M.D.	Sonia Dysangco-Domingo, M.D.
124	Louvelle D. Ceralde-Floro, M.D.	REG-4	Violeta Cusi Ilagan , M.D.	Grace Llorente Lapeña, M.D.
125	Karen Therese A. Gaddi, M.D.	NCR	Maynila E. Domingo, M.D.	Marinella Agnes Garcia-Abat, M.D.
126	Malaya Angela Tria-Galindo, M.D.	NCR	Virgilio B. Castro, M.D.	Marinella Agnes Garcia-Abat, M.D.
127	Princess Pala Amera L. Gandamra, M.D.	REG-10	Quennie Salcedo-Quino, M.D.	Maria Imelda Paz Carbajal , M.D.
128	Athena Jessica F. Garcia-Gandeza, M.D.	NCR	Natividad B. Go-Anat, M.D.	Marinella Agnes Garcia-Abat, M.D.
129	Ruby Anne Therese M. Garado, M.D.	REG-11	Veronica Mallari-Deniega, M.D.	Loida Michelle R. Ong, M.D.
130	Sheila I. Garcesa, M.D.	REG-11	Ruth Gianan Peralta, M.D.	Concepcion D. Rayel, M.D.
131	Maria Lielz O. Garcia, M.D.	NCR	Isabelita S. Guevara, M.D.	Marinella Agnes Garcia-Abat, M.D.
132	Remy Rosa G. Garcia, M.D.	REG-3	Jane Cheryl Balduenza-Laguda, M.D.	Sonia Dysangco-Domingo, M.D.
133	Winkee S. Gillesania, M.D.	REG-11	Juliet Domingo Coching, M.D.	Loida Michelle R. Ong, M.D.
134	Evangelina B. Go, M.D.	REG-4	Jennifer F. Austria, M.D.	Grace Llorente Lapeña, M.D.
135	Bethea Facelo-Gonzales, M.D.	REG-11	Hiyasmin Clarissa B. Babar, M.D.	Concepcion D. Rayel, M.D.
136	Cristina T. Gozar, M.D.	REG-6	Marian T. Tan, M.D.	Ma. Theresa Masote-Maestral M.D.
137	Jeanie-Vie P. Granados, M.D.	REG-8	Jennilyn Y. Tan, M.D.	Mina Sirikit C. Tagra, M.D.
138	Zenab A. Grande, M.D.	REG-10	Sohaira L. Latiph, M.D.	Maria Imelda Paz Carbajal , M.D.
139	Gemma L. Gregorio, M.D.	NCR	Carole Inventor-Bague, M.D.	Marinella Agnes Garcia-Abat, M.D.
140	Princess Jessan B. Solas-Guerrero, M.D.	NCR	Angeline Gil-Armeza, M.D.	Esmeraldo Topacio Ilem, M.D.
141	Frances Anne C. Haw, M.D.	REG-11	Veronica Mallari-Deniega, M.D.	Loida Michelle R. Ong, M.D.
142	Aliah G. Heitz, M.D.	REG-11	Marie Angelica S. Araral, M.D.	Concepcion D. Rayel, M.D.
143	Karen Tiffany Pilar D.R. Henson, M.D.	REG-3	Estrellita Paras Barretto , M.D.	Sonia Dysangco-Domingo, M.D.
144	Kristel Ann Herejias, M.D.	NCR	Ramon Emilio Daniel G. Rocas, M.D.	Marinella Agnes Garcia-Abat, M.D.
145	Seah A. Hilab, M.D.	NCR	Janet M. Maten-Valerio, M.D.	Celeste Z. Francisco, M.D.
146	Marygrace Fatima B. Lañada-Holanda, M.D.	REG-8	Rufina Lynor V. Barrot-Cler, M.D.	Mina Sirikit C. Tagra, M.D.
147	Polla Lorenze K. Holgado, M.D.	REG-4	Ernesto, Jr. S. Naval, M.D.	Grace Llorente Lapeña, M.D.
148	Darin H. Ibañez, M.D.	NCR	Grace Subang Tanabe , M.D.	Marinella Agnes Garcia-Abat, M.D.
149	Ana Bella A. Infante, M.D.	REG-6	Marilu Bavia-Libo-on, M.D.	Henrietta Sorbito Lucasan , M.D.
150	Marie Charyl H. Jamolo, M.D.	REG-6	Ma. Theresa G. Cedullo, M.D.	Maria Teresa Guzman Dy, M.D.
151	Marian Rose T. Acaba-Laborera, M.D.	NCR	Ritche B. Ilagan, M.D.	Marinella Agnes Garcia-Abat, M.D.
152	Ailenele Pangan-Labrador, M.D.	NCR	Virgilio B. Castro, M.D.	Marinella Agnes Garcia-Abat, M.D.
153	Amalia B. Cera-Lalatag, M.D.	REG-1	Rico E. Reyes , M.D.	Ruth Judith Gay V. Cristobal, M.D.
154	Charlene Asuncion L. Laplana, M.D.	REG-7	Maria Melissa C. Dublin,M.D.	Helen B. Albal, M.D.
155	Michelle Patricio-Layag, M.D.	NCR	Marivic Perez Escueta, M.D.	Marinella Agnes Garcia-Abat, M.D.
156	Ivy Gay B. Legones, M.D.	REG-7	Mei Ye Segueria Alguire, M.D.	Helen B. Albal, M.D.
157	Rhoda L. Licardo, M.D.	REG-4	Maria Czarina V. Mendoza, M.D.	Grace Llorente Lapeña, M.D.
158	Judy Ng-Lim, M.D.	REG-6	Lydelia Palacios Seribo, M.D.	Rey Felicisimo S. Castillo, M.D.
159	Danica F. Lim, M.D.	REG-7	Cora Lumapas Quijano, M.D.	Weda Thersa Alcoseba Lim , M.D.
160	Imee Lyn C. Lim, M.D.	REG-7	Larisa Julia D. Diaz-Roa, M.D.	Helen B. Albal, M.D.
161	Emmylou M. Lomente, M.D.	REG-10	Charmeine M. Espina, M.D.	Maria Imelda Paz Carbajal , M.D.
162	Melisa Castro-Lopez, M.D.	REG-3	Donna Mae Diala-Layug, M.D.	Angelo M. Tolentino, M.D.
163	Fatmah B. Mangondato-Lucman, M.D.	REG-10	Quennie Salcedo-Quino, M.D.	Maria Imelda Paz Carbajal , M.D.
164	Katherine Joy N. Lumucso, M.D.	NCR	Richard C. Jordias, M.D.	Marinella Agnes Garcia-Abat, M.D.
165	Rowena P. Luna, M.D.	NCR	Aida V. San Jose, M.D.	Ma. Lourdes F. Reyes-Abeleda , M.D.
166	Regina Fe Reyes-Macadangdang, M.D.	REG-3	Unika Leah C. Angeles, M.D.	Sonia Dysangco-Domingo, M.D.
167	Maria Concepcion R. Magallanes, M.D.	REG-2	Mary Jane L. Publico, M.D.	Mary Jean Gumpal Baguioen, M.D.
168	Maria Amor Lozarita-Magaso, M.D.	REG-11	Agnes Rana Resurreccion , M.D.	Emilie D. Ugdang, M.D.
169	Rhacielle Cristina Magno, M.D.	REG-3	German D.C.Tan Cardoso II, M.D.	Sonia Dysangco-Domingo, M.D.
170	Dexter Ian L. Mallari, M.D.	REG-3	Regina M. Ronquillo-Sarmiento, M.D.	Sonia Dysangco-Domingo, M.D.
171	Joyce C. Manahan, M.D.	NCR	Nelinda Catherine P. Pangilinan, M.D.	Maria Lourdes T. Solidum, M.D.
172	Jean Aileen M. Elauria-Manalastas, M.D.	REG-3	Mark Q. Antonio, M.D.	Unika Leah C. Angeles, M.D.
173	Katherine Phomeia Q. Mancol, M.D.	REG-4	Sheena Rose O. Andaya, M.D.	Grace Llorente Lapeña, M.D.
174	Nael-Iza V. Mandal, M.D.	REG-3	Claudine J. Tan-Marquez, M.D.	Sonia Dysangco-Domingo, M.D.
175	Ruzelyn S. Mangalus, M.D.	REG-3	Claudine J. Tan-Marquez, M.D.	Sonia Dysangco-Domingo, M.D.
176	Rowena B. Mangutara, M.D.	REG-11	Nurlinda Pangilan Arumpac , M.D.	Louella Jeanne Agdeppa Lao, M.D.
177	Maria Margarita R. Sayao-Manuel, M.D.	REG-4	atherine R. Matundan, M.D.	Grace Llorente Lapeña, M.D.
178	Maria Louella D. Dumlaog-Marasigan, M.D.	NCR	Liza Calma - Paraguay, M.D.	Marinella Agnes Garcia-Abat, M.D.
179	Hazel Ann N. Cordero-Mayoga, M.D.	REG-6	Marie Therese Zayco-Magno, M.D.	Rey Felicisimo S. Castillo, M.D.
180	Patricia Y. Mejia, M.D.	NCR	Nelinda Catherine P. Pangilinan, M.D.	Marinella Agnes Garcia-Abat, M.D.
181	Faith Victory A. Mejor, M.D.	NCR	Marie Cheryll M. Lozada, M.D.	Marinella Agnes Garcia-Abat, M.D.
182	Donna April R. Mendoza, M.D.	NCR	Carmela Joy P. Aquino-Cabral, M.D.	Marinella Agnes Garcia-Abat, M.D.
183	Ma. Kristina A. Quetulio-Mendoza, M.D.	NCR	Marietta Santos Sapaula, M.D.	Marinella Agnes Garcia-Abat, M.D.
184	Honorita T. Mina , M.D.	REG-2	Noel C. De Leon, M.D.	Mary Jean Gumpal Baguioen, M.D.
185	Kathleen A. Miranda, M.D.	NCR	Carole Inventor-Bague, M.D.	Marinella Agnes Garcia-Abat, M.D.
186	Rubie S. Mondalo, M.D.	REG-11	Ruth Gianan Peralta, M.D.	Concepcion D. Rayel, M.D.
187	Marlon Y. Montecino, M.D.	NCR	Mary Rose Katherine E. Panlilio-Asuncion, M.D.	Esmeraldo Topacio Ilem, M.D.
188	Joyce Lizzette M. Montemayor, M.D.	REG-1	Revelyn Antolin Viado, M.D.	Ruth Judith Gay V. Cristobal, M.D.
189	Marinel S. Montibon, M.D.	REG-4	Jacqueline Racelis Salagubang, M.D.	Grace Llorente Lapeña, M.D.
190	Joanna Marie A. Paulino-Morente, M.D.	NCR	Alejandra S. Amaro-Barrenechea, M.D.	Marinella Agnes Garcia-Abat, M.D.
191	Shiely Mae I. Llaguno-Mundiz, M.D.	REG-11	Annabelle Morta Garado, M.D.	Concepcion D. Rayel, M.D.
192	Charmaine Valerie Y. Murillo, M.D.	NCR	Aina R. Sales Diaz, M.D.	Marinella Agnes Garcia-Abat, M.D.
193	Jasmin Elleine M. Naguit, M.D.	NCR	Ma. Geraldine del Rosario Ramos, M.D.	Marinella Agnes Garcia-Abat, M.D.
194	Modesty Lorelei G. Naidas, M.D.	REG-2	Susan Tabbu-Aguirre, M.D.	Mary Jean Gumpal Baguioen, M.D.
195	Aurea B. Natividad, M.D.	NCR	Lizel A. Del Espiritu Santo-Enguillo, M.D.	Marinella Agnes Garcia-Abat, M.D.
196	Revie Anne C. Fajardo-Navarro, M.D.	NCR	Melissa P. Cruz, M.D.	Claudette P. Ricero-Cabingue, M.D.
197	Ma. Paula Khrizel E. Nazareno, M.D.	REG-4	Enrique Villareal Labios , M.D.	Grace Llorente Lapeña, M.D.
198	Michiko R. Nofrada, M.D.	NCR	Liza Calma - Paraguay, M.D.	Marinella Agnes Garcia-Abat, M.D.
199	Christine Rose P. Nonan, M.D.	REG-10	Charmeine M. Espina, M.D.	Maria Imelda Paz Carbajal , M.D.
200	John Alexis A. Ocaya, M.D.	REG-10	Sarah B. Pingol , M.D.	Maria Imelda Paz Carbajal , M.D.



2023 List of New Fellows

#	NAME	REGION	FIRST ENDORSER	SECOND ENDORSER
201	Karla May G. Okorie, M.D.	REG-11	Jeanmarie Cabrera Salvador, M.D.	Irene Lubaton-Uy, M.D.
202	Alpha Fe L. Omega, M.D.	REG-11	Annabelle Morta Garado, M.D.	Concepcion D. Rayel, M.D.
203	Keno Lorenzo D. Ong, M.D.	NCR	Julienne Katrina B. Beltran, M.D.	Maria Antonia Esteban Habana, M.D.
204	Stephanie Anne Mae T. Cusi-Ong, M.D.	REG-7	Eden Aurora B. Opay, M.D.	Mary Girlie Z. Veloso-Borromeo, M.D.
205	Massomeh V. Shamsoddin-Padiernos, M.D.	REG-3	Josephine Victoria V. Romero, M.D.	Sonia Dysangco-Domingo, M.D.
206	Sarah Rowena Abique-Padua, M.D.	NCR	Maria Carmen Hernandez-Quevedo, M.D.	Marinella Agnes Garcia-Abat, M.D.
207	Jocelyn Ontoy Pagaran, M.D.	REG-11	Rowena Abique Cordero, M.D.	Loida Michelle R. Ong, M.D.
208	Ann Agustin Pagente, M.D.	NCR	Roy G. Dizon, M.D.	Marinella Agnes Garcia-Abat, M.D.
209	Illoza Joy P. Bellosillo-Palacol, M.D.	REG-4	Evelyn Dolot Funelas, M.D.	Grace Llorente Lapeña, M.D.
210	Reca Pamela R. Palarca, M.D.	REG-4	Evelyn Dolot Funelas, M.D.	Grace Llorente Lapeña, M.D.
211	Rose Ann S. Palma, M.D.	NCR	Joanne Villegas-Legaspi, M.D.	Marinella Agnes Garcia-Abat, M.D.
212	Rosalyn C. Panao, M.D.	NCR	Mary Joyce T. Mondina-Yabyabin, M.D.	Esmeraldo Topacio Ilem, M.D.
213	Ruby Jean Y. Pangilan, M.D.	REG-11	Ruth Gianan Peralta, M.D.	Louella Jeanne Agdeppa Lao, M.D.
214	Jonah Patrice Vítasa-Pantoja, M.D.	NCR	Ma. Theresa Cancio-Regal, M.D.	Marinella Agnes Garcia-Abat, M.D.
215	Rhodaly B. Pantua, M.D.	REG-1	Rico E. Reyes , M.D.	Ruth Judith Gay V. Cristobal, M.D.
216	Mary Therese C. Paradiang, M.D.	REG-7	Eleanor R. Hisula-Casquejo, M.D.	Weda Thersa Alcosoba Lim , M.D.
217	Joannah J. Uy – Parreño, M.D.	REG-6	Ma. Cecilia S. Maciang , M.D.	Rey Felicisimo S. Castillo, M.D.
218	Annarose L. Patupat, M.D.	NCR	Maria Angela De Castro-Abesamis, M.D.	Marinella Agnes Garcia-Abat, M.D.
219	Sheryl Lyn M. Pepito, M.D.	REG-7	Marilou C. Mangubat , M.D.	Christie Luz de la Peña-Rosal, M.D.
220	Ma. Kathryn Ongoco-Perez, M.D.	NCR	Maria Sylvia Principe-Lagman, M.D.	Rainerio S. Abad, M.D.
221	Margarette E. Perez, M.D.	NCR	Ruth Ringor Abatay, M.D.	Marinella Agnes Garcia-Abat, M.D.
222	Edilyn S. Pintac, M.D.	REG-7	Carmeli Joyce Valles-Tam, M.D.	Helen B. Albaño, M.D.
223	Kristel Mae C. Pizarro, M.D.	REG-3	Leonora De Guia Medina, M.D.	Sonia Dysangco-Domingo, M.D.
224	Karen Grace L. Plurad, M.D.	REG-3	Raquel Manaloto Salonga , M.D.	Angelo M. Tolentino, M.D.
225	Rhea Monina Zolina-Polintang, M.D.	REG-4	Honorata Lalaine Picar Burog , M.D.	Rena Cristina Koa Malaya , M.D.
226	Zharinar J. Protacio, M.D.	REG-6	Lucino D. Delfin Jr., M.D.	Rey Felicisimo S. Castillo, M.D.
227	Sheryl A. Puno, M.D.	REG-7	Florybeth Corraíne M. Taguba, M.D.	Helen B. Albaño, M.D.
228	Djanna Gianina D.C. Quebral, M.D.	NCR	Lyra Ruth Clemente-Chua, M.D.	Zarinah Garcia Gonzaga, M.D.
229	Lou Franchesca G. Quiambao, M.D.	REG-4	Aizel Alimagno-Castillo, M.D.	Grace Llorente Lapeña, M.D.
230	Melissa Macatangay-Quintos, M.D.	REG-3	Corazon R. Valdez , M.D.	Sonia Dysangco-Domingo, M.D.
231	Victoria May H. Velasco-Redondo, M.D.	NCR	Maria Febi B. De Ramos, M.D.	Marinella Agnes Garcia-Abat, M.D.
232	Louiza Erika R. Rellora, M.D.	REG-4	Aurea Topacio Hernandez, M.D.	Grace Llorente Lapeña, M.D.
233	Ginessa Grace G. Rendaje, M.D.	NCR	Nelinda Catherine P. Pangilinan, M.D.	Estela Evangelista Javier , M.D.
234	Collen Gutierrez- Reyes, M.D.	REG-2	Susan Tabbu-Aguirre, M.D.	Esmeraldo Topacio Ilem, M.D.
235	Jenilene L. Reyes, M.D.	REG-3	Ronaree S. Agustin, M.D.	Sonia Dysangco-Domingo, M.D.
236	Venus U. Ybañez-Reyes, M.D.	REG-4	Jenny Lynn E. Idea, M.D.	Grace Llorente Lapeña, M.D.
237	Carole Ann S. Roco, M.D.	REG-5	Josephine B. Decena-Sanchez, M.D.	Ana K. Young Garcia-Sy, M.D.
238	Ruzzel Faye N. Rosario, M.D.	REG-8	Rufina Lynor V. Barrot-Gler, M.D.	Mina Sirikit C. Tagra, M.D.
239	Rean Liana T. Rugay, M.D.	NCR	Aronn B. Arguelles, M.D.	Marinella Agnes Garcia-Abat, M.D.
240	Cindiv D. Rupita, M.D.	REG-7	Maria Melissa C. Dublin,M.D.	Helen B. Albaño, M.D.
241	Vanessa B. Lacoste-Sabulao, M.D.	NCR	Barbara Ann B. Coma, M.D.	Wilhelmina Maria S. Pineda, M.D.
242	Villamor C. Osit-Sagun, M.D.	NCR	Lea Tulio-Bulsecó, M.D.	Esmeraldo Topacio Ilem, M.D.
243	Maryam-Lizbeth Lee-Sahijuan, M.D.	REG-9	Jehada-Inn U. Misuari-Alihuiddin, M.D.	Jennifer D. Araneta, M.D.
244	Chinnie Marie V. Onglatco-Salaya, M.D.	REG-6	Ma. Rhesa Dasig Delfin, M.D.	Rey Felicisimo S. Castillo, M.D.
245	Christell Marie C. Cerdá-Salazar, M.D.	REG-4	Susan Cabote Valdez, M.D.	Grace Llorente Lapeña, M.D.
246	Bernadette Anne Manimtim-Salonga, M.D.	NCR	Caroline L. Ty, M.D.	Benjamin D. Cuenca, M.D.
247	Virgie Grace Porquez-Salugta, M.D.	REG-6	Ma. Rhesa Dasig Delfin, M.D.	Rey Felicisimo S. Castillo, M.D.
248	Dirdrah Aina Salvador, M.D.	REG-4	Conrado P. Crisostomo, M.D.	Enrique Villareal Labios , M.D.
249	Maria Corazon R. Yumang-Sambale, M.D.	NCR	Maily T. Panganiban, M.D.	Marinella Agnes Garcia-Abat, M.D.
250	Nini G. Infortunio-Sana, M.D.	NCR	Marie Arlene E. Azada, M.D.	Marinella Agnes Garcia-Abat, M.D.
251	Fe T. Sanchez, M.D.	REG-2	Melchor C. Dela Cruz, Jr. M.D.	Mary Jean Gumpal Baguioen, M.D.
252	Maria Concepcion Cenizal – Santos, M.D.	NCR	Almira A. Ong, M.D.	Maria Antonia Esteban Habana, M.D.
253	Binky J. Mones-Santos, M.D.	REG-4	May Joy M. Petate, M.D.	Grace Llorente Lapeña, M.D.
254	Walda C. Sapla, M.D.	REG-3	Maryrose D. Mateo, M.D.	Sonia Dysangco-Domingo, M.D.
255	Andrea Joy M. Beron-Sarangay, M.D.	NCR	Eleyneth L. Ilagan-Valencia, M.D.	Marinella Agnes Garcia-Abat, M.D.
256	Leah Samantha S. Sarenas, M.D.	NCR	Diosdado V. Mariano , M.D.	Marinella Agnes Garcia-Abat, M.D.
257	Maria Rowdella A. Sarmiento, M.D.	NCR	Isabelita S. Guevara, M.D.	Marinella Agnes Garcia-Abat, M.D.
258	Diana Jean S. Catanghal-Saroca, M.D.	NCR	Geanie Cerna Lopez, M.D.	Marinella Agnes Garcia-Abat, M.D.
259	Karla Carise Vinluan-Silang, M.D.	REG-10	Gina Jaculan-Cosep, M.D.	Maria Imelda Paz Carbajal , M.D.
260	Christine S. Simon, M.D.	REG-2	Lalaine S. Yap-Villaroman, M.D.	Mary Jean Gumpal Baguioen, M.D.
261	Mary Grace L. Causapin-Sta.Maria, M.D.	NCR	Marilette Pimentel-Andres, M.D.	Marinella Agnes Garcia-Abat, M.D.
262	Ma. Evita D. Dela Cruz-Tabanda, M.D.	NCR	Alpha S. Montaos, M.D.	Maria Lourdes T. Solidum, M.D.
263	Franzi Mae Elloran-Tabujara, M.D.	REG-6	Isabelle Reyna G. Peñaflorida, M.D.	Rey Felicisimo S. Castillo, M.D.
264	Jhoanna May O. Tadeo, M.D.	REG-10	Detta Socorro R. Roble - Cabrezos, M.D.	Maria Imelda Paz Carbajal , M.D.
265	Ma. Thelma N. Talamera, M.D.	REG-6	Sheryll Mae Y. Kua, M.D.	Ana Liza Clavecillas Rivera, M.D.
266	Juria Lilia M. Tanchuling, M.D.	REG-5	Maria Cecilia Valdes Neptuno , M.D.	Ana K. Young Garcia-Sy, M.D.
267	Lalaine Caoile-Tandoc, M.D.	REG-1	Evelina Rosario Castro, M.D.	Ruth Judith Gay V. Cristobal, M.D.
268	Georgina Grace N. Tautjo, M.D.	REG-7	Humildad Asumpta Julieta M. Igaña, M.D.	Helen B. Albaño, M.D.
269	Bianca Joy S. Templo, M.D.	REG-4	Margarette Gladys A. Vergara , M.D.	Grace Llorente Lapeña, M.D.
270	Sittie Nor Mohayrra A. Tiang, M.D.	REG-11	Sweet Almira T. Ali-Amil, M.D.	German D.C.Tan Cardoso II, M.D.
271	Maureen Ruth S. Tilog, M.D.	REG-6	Maria Jenina M. Soyao, M.D.	Rey Felicisimo S. Castillo, M.D.
272	Queencie D. Traifalgar, M.D.	REG-6	Florelie R. Carreon-Gamarcha, M.D.	Rey Felicisimo S. Castillo, M.D.
273	Katrina Marie E. Trinidad, M.D.	NCR	Teresita B. Cardenas , M.D.	Ma. Aurora Cortez Abad, M.D.
274	Mary Charlene de Leon-Tuddao, M.D.	REG-4	Conrado P. Crisostomo, M.D.	Grace Llorente Lapeña, M.D.
275	Maria Soledad T. Tumagan, M.D.	REG-7	Bella Emiko Bautista-Cañizares, M.D.	Mary Girlie Z. Veloso-Borromeo, M.D.
276	Winnie Lorraine O. Umali, M.D.	REG-4	Michael Thomas T. Montesa, M.D.	Grace Llorente Lapeña, M.D.
277	Precila M. Urriquia, M.D.	NCR	Esmeraldo Topacio Ilem, M.D.	Marinella Agnes Garcia-Abat, M.D.
278	Josephine I. Uy, M.D.	NCR	May Gabaldon, M.D.	Claudette P. Ricero-Cabingue, M.D.
279	Regina Isabel C. Crisostomo-Valdez, M.D.	NCR	Lorna Catherine G. Raymundo, M.D.	Marinella Agnes Garcia-Abat, M.D.
280	Himaya S. Taojo-Valera, M.D.	REG-11	Annabelle Morta Garado, M.D.	Concepcion D. Rayel, M.D.
281	Maria Stella Patricio-Valle, M.D.	REG-4	Jennifer M. Cervantes-del Prado, M.D.	Grace Llorente Lapeña, M.D.
282	Andrea Kristina B. Veliganio, M.D.	REG-11	Veronica Mallari-Deniega, M.D.	Concepcion D. Rayel, M.D.
283	Michelle Ann T. Vendero, M.D.	REG-7	Barbara Jane M. Baguyot - Co, M.D.	Weda Thersa Alcosoba Lim , M.D.
284	Cindy Emily Dy-Villacorte, M.D.	REG-3	Aileen Benedicta M. Ong, M.D.	Sonia Dysangco-Domingo, M.D.
285	Gichelle Grace B. Villalor, M.D.	REG-11	Jeanmarie Cabrera Salvador, M.D.	Irene Lubaton-Uy, M.D.
286	Mae Marecel M. Villalba, M.D.	REG-6	Jesette M. Granada, M.D.	Rey Felicisimo S. Castillo, M.D.
287	Arlene G. Villamor, M.D.	NCR	Zenaida Paulina L. Malabanan, M.D.	Vina Adora S. Jose, M.D.
288	Lea Ybeth Remoquillo Villanueva, M.D.	REG-4	Cecilia S. Rapal-Gamboa, M.D.	Ma. Aurora Mayor Lazarte, M.D.
289	Alaine Revote Villanueva, M.D.	REG-11	Juliet Domingo Coching, M.D.	Loida Michelle R. Ong, M.D.
290	Jonalee Gregori-Vingno, M.D.	REG-6	May Irene E. Rife, M.D.	Rey Felicisimo S. Castillo, M.D.
291	Loida M. Wijangco, M.D.	NCR	Victoria Sy Fernando, M.D.	Patricia Latorre Tan , M.D.
292	Bernadette C. Yap, M.D.	NCR	Victoria Sy Fernando, M.D.	Marinella Agnes Garcia-Abat, M.D.
293	Jeanne R. Young, M.D.	NCR	Maria Isabelita Maligaya Estrella , M.D.	Catherine Joie Carelle R. Ong, M.D.
294	Melanie C. Zablan, M.D.	NCR	Ramon Emilio Daniel G. Rocas, M.D.	Marinella Agnes Garcia-Abat, M.D.
295	Krislyn Kate D. Dublin-Zaldivar, M.D.	REG-11	Juliet Domingo Coching, M.D.	Geraldine M. Dela Victoria, M.D.



PRECON

PRECONVENTION WEBINAR
2023 ANNUAL CONVENTION AND 77th ANNIVERSARY CELEBRATION
November 7-10, 2023, PHILIPPINE INTERNATIONAL CONVENTION CENTER

FROM GLOBAL TRENDS TO LOCAL INTEGRATION

PRECONGRESS

PHILIPPINE SOCIETY FOR CERVICAL PATHOLOGY AND COLPOSCOPY FOUNDATION INC.

CERVICAL CANCER SCREENING

TRANSITIONING FROM OLD STANDARDS TO NEW RECOMMENDATIONS

CECILIA L. LLAVE, MD, PhD
MARIA JULIETA V. GERMAR, MD
JERICHO THADDEUS P. LUNA, MD
JEAN ANNE B. TORAL, MD, MSc
RONALD AUGUSTINE O. CAMPOS, MD

Fonterra

PRECONVENTION WEBINAR

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FROM GLOBAL TRENDS TO LOCAL INTEGRATION

PHILIPPINE SOCIETY OF UROGYNECOLOGY RECONSTRUCTIVE PELVIC SURGERY

Ménage à trois:

THE BLADDER, THE UTERUS, & THE RECTUM

October 10, 2023
2:00-5:00 PM | Tuesday

MARIA MARGARITA O. FLORENTINO, MD
Host

GOFFREY M. QUE, MD
Moderator

RYAN JOSEPH B. LIRAZAN, MD
PLACENTA ACCRETA SPECTRUM AND THE URINARY BLADDER

ALMIRA J. AMIN-ONG, MD
SURGICAL APPROACHES TO GENITOURINARY FISTULAS

LENNETTE L. CHAN-CRUZ, MD
RECTOVAGINAL FISTULAS

B. BRAUN
SHARING EXPERTISE

PRECONVENTION WEBINAR

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FROM GLOBAL TRENDS TO LOCAL INTEGRATION

PHILIPPINE SOCIETY FOR FERTILITY PRESERVATION

FERTILITY PRESERVATION FOR GENERAL OB-GYN

OCTOBER 17, 2023 2:00PM-5:00PM

"FERTILITY PRESERVATION TO DELAY MENOPAUSE: WHAT, HOW, AND WHY?" A DEBATE

GLADYS G. TANANGONAN, MD
Reproductive Medicine
PANELIST

PROF. EILEEN M. MANALO, MD
Reproductive Medicine
PANELIST

EDNALYN ONG-JAO, MD
Reproductive Medicine
SPEAKER

MARLON P. MARTINEZ, MD
Urology / Andrology
SPEAKER

ARBY R. IGUALADA, MD
Reproductive Medicine
MODERATOR

AME M. LOPEZ, MD
Transgender Health Specialist
MODERATOR

PRECONVENTION WEBINAR

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FROM GLOBAL TRENDS TO LOCAL INTEGRATION

PHILIPPINE SOCIETY OF PEDIATRIC AND ADOLESCENT GYNECOLOGY

A Walk Through the Different Aspects of Precocious Puberty from the Specialist's Point of View

Breaking Down MRKH

PEDIATRIC ENDOCRINOLOGY APPROACH
LORNA R. ABAD, MD, FPPS, FPPME

THE CHALLENGES OF VAGINAL DILATION IN ADOLESCENT PATIENTS
LEANNIE C. ACOSTA, MD, FPOGS

CREATION OF A NEOVAGINA AND VAGINOPLASTY: WHEN AND HOW TO DO IT?
FRANKLIN P. ATENCIO, MD, FPOGS, FPCCS

PEDIATRIC GYNECOLOGY APPROACH
ANGELA S. AGUILAR, MD, FPOGS, FIFEPAG, FPBBE, FPSRM

PUBERTAL DISORDERS: CHALLENGES TODAY, OPPORTUNITIES TOMORROW

OCTOBER 19, 2023, THURSDAY
2 PM - 5 PM VIA ZOOM

MODERATOR
SUNSHINE GUILLERMO-MADRAGA, MD, FPOGS, FIFEPAG

MODERATOR
ROSILIX EUSTQUIO-DAVID, MD, FPOGS, FIFEPAG

PRECONVENTION WEBINAR

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FROM GLOBAL TRENDS TO LOCAL INTEGRATION

Society of Gynecologic Oncologists of the Philippines (Foundation), Inc.

PRE-CONGRESS

Management of Gynecologic Surgery Nightmares

October 24, 2023
2:00 pm - 5:00 pm

via ZOOM

Sponsors:
B. BRAUN SHARING EXPERTISE
dktHealth

Managing a Patient With Unexpected Cancer During Hysterectomy for Benign Indications
Dr. Charlene M. Flores-Lim

Perioperative Management of the Bleeding Gynecologic Surgery Patient
Dr. Aileen P. Tamboc

Management of Intra and Postoperative Bowel/Bladder Complications During Gynecologic Surgery
Dr. Ronald Augustine O. Campos

Moderator:
Dr. Jencylyn G. Bagadiong

PRECONVENTION WEBINAR

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FROM GLOBAL TRENDS TO LOCAL INTEGRATION

PHILIPPINE SOCIETY OF ULTRASOUND IN OBSTETRICS AND GYNECOLOGY

THE ROLE OF ULTRASOUND IN THE EVALUATION OF AUB

POGS Preconvention Webinar
OCTOBER 26, 2023, 2 PM - 5 PM

Maribel M. Pili-Lopez, MD
"Introduction to IETA Terminology"

Lyra Ruth Clemente-Chua, MD
"Ultrasound features of Benign Endometrial and Intra Cavity Pathology in women with AUB"

Florentina A. Villanueva, MD
"Ultrasound features of Endometrial Cancer"

Lara Marie D. Bustamante, MD
"The use of Doppler, Elastography, SIS and 3D ultrasound in the evaluation of AUB"

MARISOL PANGAN-GOROSPE, MD
Moderator/Host

PRECONVENTION WEBINAR



Do You Know....

Do You Know....



- That this is the first face to face POGS annual convention after 3 years of global health restrictions?
- That the Organizing Committee headed by *Honorary Chair Dr. Efrén J. Domingo* and the *Overall Chair Dr. Milagros Tia-Jacson* have been working assiduously to produce a momentous and highly informative convention?
- That the highly dynamic and committed subcommittee chairs and co-chairs of the Organizing Committee who meet monthly

to brainstorm are **Dr. Darlene Minette C. Zamora** as the convention secretary, **Drs. Walfrido W. Sumpaco and Angela S. Aguilar** for Scientific Program, **Drs. Maria Lourdes T. Solidum and Marie Carmina S. Yturralde** for Physical Arrangement, **Drs. Judith G. Cabanela and Gay Luz M. Talapian** for Documentation, **Drs. Alejandro R. San Pedro and Rodante P. Galiza** for Exhibits, **Drs. Marjorie I. Santos and Marivic Agulto-Mercadal** for Programs and Invitations, **Drs. Richard C. Jordias and Ritchie B. Ilagan** for Registration, **Drs. Jennifer A. Aranzamendez and Ma. Margarita Leticia D. Gellaco** for Socials, **Drs. Anna Katrina I. Sobritchea and Lennette Chan-Cruz** for Souvenir Program, **Drs. Antoinette U. Afionuevo and Christopher Joseph L. Soriano** for Sports, **Drs. Sybil Lizanne R. Bravo and Prudence Aquino-Aquino** for Ways and Means, **Drs. Lylah D. Reyes and Katrina Mariñas** for Scientific Works Abstracts, **Drs. Angelito D.L. Magno and Merlinda Montinola-Morales** for Hotel Accommodation and Shuttle Service, and **Drs. Leedah L. Rañola-Nisperos and Maria Anna Luisa F. Dalawangbayan** for Hospitality and Tours?



Do You Know....

- That the congress will be held on **November 7-10, 2023?**
- That the venue will be at **PICC?**
- That the theme for this years' congress is **From Global Trends to Local Integration?**
- That the Scientific Committee has prepared very interesting lectures to be discussed by renowned international and local speakers?
- That international speakers have been invited to share their expertise in different areas of OB-GYN during the plenary sessions:

Dr. Jeanne Conry, President of International Federation of Gynecology and Obstetrics (FIGO)

Dr. Pisake Lumbiganon, President of Asia & Oceania Federation of Obstetrics & Gynecology; Professor, Department of Obstetrics and Gynecology, Faculty of Medicine, Khon Kaen University, Thailand

Professor Alexia Sophie Pena Vargas Associate Professor at The University of Adelaide and a Staff Specialist at the Women's and Children's Hospital, Australia

Professor Jennifer Blake, Chief Executive Officer of the Society of Obstetricians and Gynecologists of Canada (SOGC)

Dr. Stella Dantas, President Elect, American College of Obstetricians and Gynecologists and Medical Director for GME/UME, Northwest Permanente (NWP)

Professor Choy Kwong Wai Richard, Professor of Department of Obstetrics and Gynecology at The Chinese University of Hong Kong; co-founder of Prenatal Genetic Diagnosis Centre and Pre-implantation Genetic Diagnosis Laboratory at The Chinese University of Hong Kong

Professor Poon Chiu Yee Liana Chairperson of Department of Obstetrics and Gynecology, Faculty of Medicine, The Chinese University of Hong Kong

Dr. Stefan Verlohren, Professor of Obstetrics and Consultant in Obstetrics and Fetal Medicine at Charité – Universitätsmedizin, Berlin; Head of the Preeclampsia Research Group at Charité – Universitätsmedizin, Berlin

Do You Know....

- That local speakers were likewise invited to share their expertise during the plenary sessions:

Dr. Efrén J. Domingo, President of Philippine Obstetrical and Gynecological Society; Clinical Professor, Department of Obstetrics and Gynecology, University of the Philippines College of Medicine-Philippine General Hospital.

Dr. Mario R. Festin, Professor in Obstetrics and Gynecology and in Clinical Epidemiology at the College of Medicine, University of the Philippines, Manila and Former Medical Officer, World Health Organization Geneva Switzerland.

Dr. Esperanza Alcantara Icasas-Cabral, Former Secretary of Department of Health

Dr. Maria Lourdes K. Otayza, Medical Center Chief of Mariano Marcos Memorial Hospital and Medical Center, Batac, Ilocos Norte

Dr. Romerico F. Torres, President, Philippine Society for Reproductive Medicine; Assistant Professor, Institute of Medicine, FEU-NRMF and Medical Specialist, Veterans Memorial Medical Center

Dr. Maria Virginia S. Abalos, Professor 4, Cebu Institute of Medicine; Professor, Cebu Doctors University College of Medicine; Medical Director, Chong Hua Hospital-Mandaue; and CME CHAIR, Philippine Society of Climacteric Medicine

Dr. Maria Julieta V. Germar, Professor 4 and Head of the UPCM Clinical Simulation Center, University of the Philippines College of Medicine; President of the Society of Gynecologic Oncologists of the Philippines; Section Chief & Vice Chair for Academics – St. Luke's Medical Center Global City.

Dr. Maynila E. Domingo, Clinical Associate Professor, University of the Philippines Manila – Philippine General Hospital, and Medical Specialist I – Dr. Jose R. Reyes Memorial Medical Center

Dr. Angelita R. Teotico, Associate Professor III, College of Medicine – Manila Central University; Consultant, Perinatologist and Sonologist, Department of Obstetrics and Gynecology – St. Luke's Medical Center, and Medical Specialist II – Bulacan Medical Center and Dr. Jose Fabella Memorial Hospital

Do You Know....

Dr. Joselito A. Santiago, President, Philippine Society of Maternal Fetal Medicine; Clinical Associate Professor, University of the Philippines College of Medicine, Department of Obstetrics and Gynecology, and Associate Professor I, De La Salle Medical and Health Sciences Institute College of Medicine.

Dr. Jason Ligot, Health Promotion and Communications Consultant of the World Health Organization (WHO)

Dr. Ryan B. Capitula, Board of Trustees, Philippine Obstetrical and Gynecological Society, Associate Professor II-B UERM Memorial Medical Center, College of Medicine and Medical Specialist III – Justice Jose Abad Santos General Hospital.

- That there will be 10 interesting topics for the 3-day plenary session and will be discussed each by an international and a local speaker?
- That there will be an interactive session with our President, **Dr. Efrén J. Domingo**, during the President's Hour on Day 1?
- That POGS Session will be held on Day 2 to talk about some important and relevant concerns of POGS Members?
- That there will be daily simultaneous sessions in the afternoon to be hosted by 5 different POGS subspecialty and affiliate societies per session?



- That for EVERY ENTRY of a delegate to a scientific session, the delegate's personal QR code should be scanned?
- That there will be assigned scanners outside each meeting room to scan the QR code of each delegate?

- That in case the Plenary Hall is filled up, there will be overflow rooms with live streaming to accommodate the rest of the delegates?
- That there will be signages to provide direction to all delegates?

Do You Know....

- That the rates for the convention are as follows:

CATEGORY	On or Before September 15, 2023	September 16 to October 31, 2023	On-site Rate
Life Member	FREE	FREE	FREE
Fellow	P3,500	P4,500	P6,000
Diplomate	P3,200	P4,200	P5,700
Junior Member	P3,000	P4,000	P5,500
Non-Member	P4,000	P5,000	P6,500
Residents	P2,800	P3,800	P5,300
International Delegates	USD 300	USD 400	USD 500

- That there will be discounts for international delegates who will register in groups:

International Group Package	On or Before September 15, 2023	September 16 to October 31, 2023	On-site Rate
10-24 pax (15%)	USD 355	USD 340	USD 425
25-35 pax (25%)	USD 225	USD 300	USD 375

- That the deadline for Early Bird Registration is on September 15, 2023?
- That new registration rates apply from September 16 until October 31, 2023?
- That the registration will be on-site after October 31, 2023?
- That there is a "NO TRANSFER, NO REFUND, NO APPLICATION POLICY" for multiple registration?
- That the registration booth will be open from:
November 7, 2023 (Tuesday) : 7:00 am – 5:00 pm
November 8, 2023 (Wednesday) : 7:00 am – 5:00 pm
November 9, 2023 (Thursday) : 7:00 am – 5:00 pm
November 10, 2023 (Friday) : 8:00 am – 12:00 noon
- That the following are modes of payment:
OPTION 1 ONLINE PAYMENT:
-Through website
-Through PayPal (Credit Card & Debit Card)
OPTION 2 BANK DEPOSIT/ONLINE FUND TRANSFER:
• Over-the-counter (After payment, register online through the convention website. Attach scanned copy of deposit slip)
• Bank Transfers/GCash/Pay Maya (Email a copy of transaction slip at pogsacctg@yahoo.com)

Do You Know....

- Online Transfer: BDO Unibank, Account name: POGS, Account number: 007640004729. After payment, register online through the convention website, attach scanned copy of transaction slip)

OPTION 3 COURIER: send payment to: POGS Secretariat, #56 Malakas Street, Diliman, Quezon City 1100.

OPTION 4 WALK-IN: Pay directly at POGS Secretariat Accounting Section. After payment, register online through the convention website. Attach scanned copy of transaction slip.

- That the following POGS members are entitled to free registration and will automatically be registered?

a. Life members and Fellows inducted 2019 and earlier AND paid their annual dues on or before June 30, 2023

b. Unique QR code will be sent to your email starting July 15, 2023

- That the QR code can be printed or saved in the phone for easy access?

- That there is a website that can be accessed by all POGS members that contains all the information about the convention with the domain name www.pogsannualconvention.com?

- That the Hotel Accommodation and Shuttle Service Committee will provide a list of hotels and their corresponding special convention rates to assist the delegates in choosing their housing for the annual convention?

- That the Hotel Accommodation and Shuttle Service Committee will have a systematic and centralized coordination with delegates and various company sponsors for the hotel accommodation requirements for the annual convention?

Do You Know....

- That room accommodation is subject to availability and full payment is required prior to confirmation?
- That reservations and inquiries on hotel accommodations may be coursed through the email address housing.pogsannual@gmail.com?
- That scheduled shuttle services will be provided to each hotel partners to transport delegates to and from PICC?
- That Rajah Travel Corporation offers tour packages within and outside Metro Manila for all POGS members and international delegates at personal expense?
- That the URL link of Rajah Travel Corporation will be provided in the annual convention website for tour reservation?
- That the OB-GYN consultants, fellows-in-training and residents can join the Poster Presentation during the Annual Convention by submitting interesting case or research paper abstracts to the Committee on Scientific Works Abstracts?
- That the deadline for submission of the abstracts will be on August 31, 2023?
- That the ANNUAL BUSINESS MEETING will be on November 8, 2023 and will start at 11am at the PICC Reception Hall?
- That the election of the 15 Board of Trustees will be held Online on November 9, 2023 from 7:00 am until 2:00 pm?
- That after several years, we will be having again the exciting and fun-filled POGSLYMPICS?
- That there will be 6 groups competing in the games and cheering contest, namely Metro Rizal & Pentamed, CAMANAVA & Universitywide, CCI, Baycog, Central Luzon and Southern Tagalog?
- That the POGSLYMPICS will be held on November 5, 2023, 7:00 am-12:00 noon at Meralco Compound, Ortigas and registration will start at 6:00 am?
- That during the Opening Ceremonies on November 7, 2023 at PICC Reception Hall, we will honor the awardees of the society, listen to the Baldomero Roxas Awardee and welcome our new Diplomates?

Do You Know....

- That we will be having Welcome Reception after the Opening Ceremony on the same venue and will be entertained with the performance of Symphony Rhythm Strings, dance and sing to their beat?
- That our theme for the Fellowship Night on November 8, 2023 is "Moderna Filipina" where we will witness the showcase of talents of our members from 5 regions?
- That there will be a Fashion Show featuring the Board of Trustees, Past POGS Presidents, Regional Directors and some Members of the Organizing Committee?
- That our Fellowship Night will be directed by the renowned Director Raymund Villanueva?
- That during the Closing Ceremonies on November 10, 2023 at PICC Reception Hall, we will witness the induction of the 2024 Officers and Board of Trustees as well as the new Fellows?

This year's Annual Convention is truly something to look forward to as we celebrate our 2023 Annual Convention and 77th Anniversary Celebration face-to-face. This is the moment to learn something new and enjoy the camaraderie of friends and colleagues.

Halina kayo! Kita-kita tayo!



DARLENE MINETTE C. ZAMORA, MD
Convention Secretary

MILAGROS T. JACSON, MD
Vice President and Overall Chair
2023 Annual Convention and 77th
Anniversary Celebration

Subcommittee on SPORTS

Organizing Committee



Antoinette U. Añonuevo, MD

Chair

Christopher Joseph L. Soriano, MD

Co-Chair:

Members:

Marinella Agnes Garcia-Abat, MD

Sylvia Ramirez Calingo, MD

Josephine O. Carungay, MD

Maria Margarita O. Florentino, MD

Imee D. Gonzalez, MD

Zedrix I. Gallito, MD

Rowena J. Labao, MD

Maria Evangeline Perez Santiago, MD

Secretary: John Paolo Nicolas

The highly anticipated sports activity as a kick-off event for our 2023 Annual Convention and 77th Anniversary Celebration is in full swing.

“BalikPOGSLYMPICS” will be held at Meralco Multi- purpose Hall, Meralco Compound, Ortigas, Pasig City on November 5, 2023.

Many fun activities including the *“cheering contest”* were prepared to provide not only entertainment but also to encourage camaraderie than competition.

Celebrity Zumba instructors will again grace our event after three years of on- line and hybrid format. **#halinakayo,kitakitatayo**





PHILIPPINE OBSTETRICAL AND GYNECOLOGICAL SOCIETY (Foundation), INC.

2024 Board of Trustees Candidates National Capital Region (NCR) Representatives



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University of Santo Tomas



**Maria Angela S.
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Philippine General Hospital



**Ramon M.
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University of Santo Tomas



**Rommel Z.
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**Anna Belen
Ignacio-Alensuela, MD**
FEU-NRMF



**Diosdado V.
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**Sherri Ann L.
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Philippine General Hospital



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UERMMMC



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South Luzon



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Visayas



**Ma. Melissa F.
Diawatan, MD**
Mindanao



**Concepcion D.
Rayel, MD**
Mindanao



Sulong **POGS**



PHILIPPINE OBSTETRICAL AND GYNECOLOGICAL SOCIETY (Foundation), INC.

2023 POGS Awardees



**Maria Lilibeth L.
Sia Su, MD**

Baldomero Roxas Memorial Lecturer
& Awardee for Academic Distinction



**Gregorio B.
Pastorfide, MD**

POGS Award of Excellence in
Clinical Practice



**Maria Stephanie Fay
S. Cagayan, MD**

Ramon Lopez Award of Merit for
Community Service



**Maria Julieta U.
Germar, MD**

Honorio Acosta-Sison Award of
Merit for Research



**Mikaela Erlinda M.
Bucu, MD**

Constantino P. Manahan Young
Researcher Award



Pride of POGS ❤️



Philippine Board of Obstetrics and Gynecology (PBOG)

PBOG in Perpetual Motion

Author
Position



Workshop

The months of July and August were really the busiest and most dreaded months of the year for the members of the PBOG. Preparation for the Diplomate Part 1 took several months which commenced with checking of the logbooks, then the en banc deliberation of logbooks and questions. A day prior, the Written Committee Chair Dr. Domingo, and Co-chair Dr. Trinidad, Dr. Cherrie Solis and I were in the Ateneo to help fix the chairs and label them according to examinee number. On July 9, 2023 we administered

the Part 1 Written Examination face to face (for the second year) in the Smart CTC building of Ateneo in Katipunan to 291 number of examinees.

There was no time to rest for the members of the PBOG as an hour after the Part 1, simulations for holding the Part 2 face to face in Ateneo were conducted. It helped us in the positioning the panels in the room and the flow of examinees. The following week saw us deep in work again, checking the Part 2 logbooks and formulating questions for the Oral Examinations. The Part 2 Committee under Chair Dr. Virgilio Novero and Co-Chair Dr. Christia Padolina spearhead the preparations. It involved several weeks of meetings and deliberations on the questions, weekly preparation of the examination folders, and OSCE materials. After three weeks, the First Face to Face (post Pandemic) PART 2 (Batch 2) Oral Examinations were successfully held on all the four Sundays of August from the 6th to the 27th at the Ateneo CTC Smart Building in Katipunan Quezon City.

presidents, twelve past PBOG Chairs and 23 PBOG members who sacrificed their Sundays and served as guest examiners in the Part 2 examination.

I am also grateful for the support of the BOT, with the presence of the Secretary, Dr. Leilani Coloma during these events.

I am also thankful to our ever-dependable PBOG Secretary Dr. Cherrie Solis, who woke everyone up with a message that she was already in the POGS building, always the first to arrive and the last to go as she had to inform the examinees of the results of their examinations.

Thank you to Ms. Mel Malubag, Ms Kathleen Nunez, and the secretariat for all the assistance during these last few months.

Lastly to the very talented members of the PBOG for your passion, your perseverance and dedication, thank you very much!



Orals



Written

A few days after the PBOG had analysis of the examinations both Parts 1 and 2. To help us on in the evaluation of the examinations, we held a workshop on "Enhancing Educational Evaluation and Quality Assurance in OB-GYN" on the 8th of September, 2023 with Dr. Erlyn Sana was our guest speaker. During this event we were also honored by the presence of the POGS President Dr. Efren J. Domingo, The Vice-President Dr. Mila Jocson and the Board Secretary Dr. Leilani Coloma. To cap the day's activities, the PBOG members de-stressed and learned how to paint (in watercolor) and they produced their masterpieces.

For all of these activities, I am deeply indebted and thankful for the support of the seven Past POGS

Excellence, Equity and Integrity.



Workshops



Council for Resident's Education, Enhancement and Development (CREED)

Third Quarter Update

Author
Position



The work for the special project for this year, the updating of CREED's administrative manual and the Residents' Evaluation Forms (REFs), is almost complete. The contents of the Administrative Manual were perused and updated by the six-member technical working group (TWG) led by Dr. Ma. Geraldine R. Ramos. The final copy that will guide the coming years of CREED is expected by the end of the year.

The biggest accomplishment of the CREED in the third quarter of 2023 is the well planned, well executed face-to-face residents' in-service examination (RISE) conducted on September 10, 2023. After three years of online examinations, a significant period in the history of CREED and POGS; 1,086 examinees nationwide trooped to five different venues for the RISE. Seven Hundred Sixty One (761) residents from the training programs of the National Capital region (NCR), and Regions 1-5 in Luzon took the RISE in the auditorium and classrooms of the University of Santo Tomas (UST) Faculty of Medicine and Surgery. One Hundred Ninety Seven (197) from the Visayas went to the Cebu Institute of Medicine (CIM) in Cebu City. Ninety (90) from Southern Mindanao took the RISE in the amphitheater of the Davao Medical School Foundation (DMSF) in Davao City. The two other testing venues in Mindanao were the Northern Mindanao Medical Center (NMMC) in Cagayan de Oro City where twenty-eight (28) examinees took the exam; and the Zamboanga City Medical Center (ZCMC) in Zamboanga City where ten (10) took their examination. Four of the fifteen CREED members traveled to the four examination venues outside NCR to proctor the examinations, ably supported by the Regional Directors and the local POGS Chapter officers. Current and past CREED and PBOG members proctored the 761 examinees in UST. The successful 2023 RISE was the result of a ten-month planning and execution by CREED, led by the Committee on RISE (COMRISE) Head, Dr. Maria Elsa E. Aquino and her team, and thoroughly supervised by CREED Chair Mary Jocelyn Yu-Laygo.

July and August 2023, preceded the RISE with the preparations that included six en banc meetings to critique and finalize the questions; confirmation of the venues, proctors, list of examinees and ID numbers, and updated instructions for the examinees.

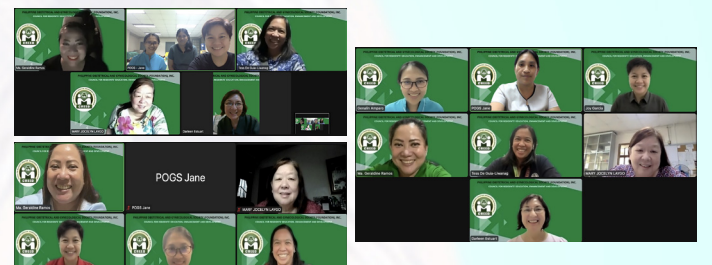
In the same period, equally important efforts by the Committee on Workshop and Training (COMWAT) headed by Dr. Romerico F. Torres, focused on the groundwork for



the second Training of Trainers on September 29, 2023 with the theme: "Teaching Residents in Training: A Mini Tool Kit". It will be held in the Sheraton Hotel in Newport City. A new, exciting feature of the TOT is a Fellowship in the evening after the afternoon activity. The poster contains the topics and speakers.



Also in this quarter, the CREED through its teams of 3-4 members visited for monitoring, three year-3 and seven year-2 accredited residency training programs (ARTPs). One of four hospitals needing mentoring visits, was also visited this quarter, while the other three will be visited in the fourth quarter. Dr. Alpha S. Montaos leads this very busy committee, doing quiet but efficient, crucial work. The teams inspected the RTPs guided by the updated CREED checklist and gave recommendations based on the findings. The recommendations were deliberated in en banc meetings and reports submitted to the institutions and to the PBOG.



An important undertaking initiated by CREED was the preparatory meeting among members of the PBOG, CREED, CHAS and PNSS held via Zoom on July 19, 2023. The PBOG and CREED presented their agenda consisting of updates and items for clarification elicited from the feedback and the questions raised by trainers during hospital visits. The CHAS also shared updates on the service accreditation process. Some agreements were reached while other items remained to be finalized. These were further discussed and validated during the quadripartite hybrid meeting on September 19, 2023, facilitated by BOT Secretary Dr. Leilani C. Coloma and attended by the POGS President, Dr. Efren Domingo and Vice-President, Dr. Mila Jocson with the other members of the BOT, PBOG, CREED and CHAS. PBOG Chair, Dr. Teresa Diana B. Bongala and CREED Chair, Dr. Mary Jocelyn Yu-Laygo were the main presenters on PBOG and CREED agenda, respectively. Dr. Charisse Sharon E. Tan reported on PBOG Hospital Visit requirements. Dr. Teresita Cadiz-Brion presented updates on the Provisional Accreditation of Residency Training Program (PARTP) and Dr. Pressie P. Eclarin enlightened the body on the Committee on Hospital Accreditation for Service (CHAS) and POGS Nationwide Statistics (PNSS) updates. The final output of this meeting, which are anticipated to be BOT- approved actions of PBOG and CREED, will be presented to the ARTPs during the TOT on September 29, 2023 and the POGS Hour during the Annual Convention in November 2023.



Meaningful work in fulfillment of its mission packed CREED's third quarter of 2023.

Mabuhay ang CREED! Sulong POGS!



Standing /Constitutional/Presidential/Publications

CHAS

Committee on Hospital Accreditation for Service

Author
Position

The Committee on Hospital Accreditation for Service has successfully established itself in improving the quality management of medical facilities and hospitals. The committee has visited a total of 27 medical facilities composed of 6 re-accreditations, 1 re-visit and 20 new applicants for this year.



New Accredited Hospitals:

1. Adventist Medical Center Manila
2. Adventist Medical Center Palawan
3. Calamba Medical Center
4. Capitol Medical Center
5. Cebu Puericulture Center & Maternity House, Inc.
6. Central Luzon Doctors Hospital
7. Cotabato Sanitarium and General Hospital
8. Dr. Jorge P. Royeca City Hospital
9. Eversley Childs Sanitarium and General Hospital
10. HRT Medical and Maternity Clinic
11. James L. Gordon Memorial Hospital
12. Manila Medical Center – ManilaMed
13. Mary Mediatrix Medical Center
14. Mindanao Central Sanitarium and General Hospital
15. Metro Antipolo and Medical Center
16. Mother Teresa of Calcutta Medical Center
17. San Juan Medical Center
18. The Ace Medical Center
19. The Doctors Hospital, Inc.
20. The Medical City Clark



Remedios Women's Health Clinic, Olongapo City



James L. Gordon Memorial Hospital



Dr. Jorge P. Royeca City Hospital



Central Luzon Doctors Hospital



The Medical City Clark



Cotabato Sanitarium and General Hospital



Benguet General Hospital



Mary Mediatrix Medical Center



Dagupan Doctors Villaflor Memorial Hospital



Novaliches District Hospital



Philippines Childrens Medical Center



Calamba Medical Center

Re – Accredited Hospitals:

1. Benguet General Hospital
2. Dagupan Doctors Villaflor Memorial Hospital
3. Novaliches District Hospital
4. Philippine Childrens' Hospital
5. Rafael Lazatin Memorial Medical Center
6. Remedios Women's Health Clinic Olongapo



Eversley Childs Sanitarium and General Hospital



Novaliches District Hospital



Novaliches District Hospital



Adventist Medical Center Palawan



HRT Medical and Maternity Clinic



Mindanao Central Sanitarium



Metro Antipolo Hospital and Medical Center

Re- Visit Hospital

1. Mayor Hilarion A. Ramiro Sr. Medical Center



Standing /Constitutional/Presidential/Publications

Continuing Medical Education CME 2023 A Personal Recap

Eleanor C. Chacon, MD

Indeed, time flies so fast. I remember sometime during the 3rd week of December when everybody was so busy for the coming New Year when I started calling our eleven hardworking regional directors. All of them in spite of their busy schedule gladly acceded to be part of CME 2023 activities. Simultaneously, fifteen well respected, distinguished speakers who are all experts in their respective field of practice wholeheartedly accepted the invitation to be members of the committee. The CME post-grad course last March 2023 was held in Clark, Pampanga, by Region III Director Dr. Sonia D. Domingo. This heralded the rest of the scheduled activities:

- April 15 - Region II (Dr. Mary Jean G. Baguioen)
- April 23 - Region VIII (Dr. Mina Sirikit C. Tagra)
- May 26 - Region I (Dr. Ruth Judith Gay V. Cristobal) and Region V (Dr. Ana K. Young Garcia-Sy)
- June 9 - Region IV (Dr. Grace L. Lapeña)
- July 28 - Region VII (Dr. Helen B. Albano)

- August 5 - Region IX (Dr. Jennifer Araneta)
- August 27 - Region XI (Dr. Concepcion D. Rayel)
- September 14 - NCR (Dr. Marinella Agnes G. Abat)
- September 16 - Region VI (Dr. Rey Felicisimo S. Castillo)

The highly successful mid-year convention last May 16-19, 2023 in Cagayan De Oro, under the leadership of Region X Director Dr. Mel Carbajal, was an exhilarating experience. For all the regions we visited, our speakers and I experienced the warm reception, enthusiasm, fun, and laughter. We visited beautiful places and had food trips courtesy of our beloved colleagues.

Aside from the vast knowledge imparted from the series of lectures, the love, bonding, and cultural experience mattered most. The long hours of waiting in the airport, very early scheduled flights,

long trips, missed clinical practice, foregoing family gatherings were worthy of sacrifices for the love of POGS.

Members:

- Dr. Maria Virginia S. Abalos
- Dr. Anna Belen Ignacio-Alensuela
- Dr. Prudence V. Aquino-Aquino
- Dr. Rowena M. Auxillos
- Dr. Mikaela Erlinda G. Martinez-Bucu
- Dr. Judith G. Cabanela
- Dr. Benjamin D. Cuenca
- Dr. Erlidia F. Llamas-Clark
- Dr. Erwin R. De Mesa
- Dr. Rommel Z. Dueñas
- Dr. Maria Carmen H. Quevedo
- Dr. Lylah D. Reyes
- Dr. Marjorie I. Santos
- Dr. Walfrido W. Sumpaico
- Dr. Darlene Minette C. Zamora

Library and Archives

COMMITTEE ON LIBRARY & ARCHIVES

JUST IN: EBOOKS AT THE MEMBERS PORTAL

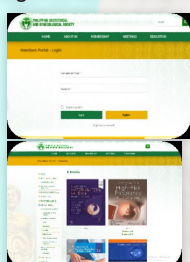
By: Ma. Gay M. Gonzales, MD
Chair, Committee on Library and Archives

Have you heard the news? New E-Book collections were added to our virtual library on the members' portal and these are the following:



You can access the e-book version of these books by visiting the POGS Members Portal. Log in if you have an existing account. If not, click "register" to access these new resources.

Log in to the Members Portal with these two simple steps.



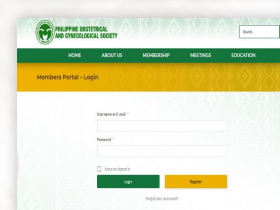
1. Visit the POGS Website and log in or register if you do not have an account.

2. After logging in, go to the "Virtual Library" section and choose the "E-Books" tab to access these resources.

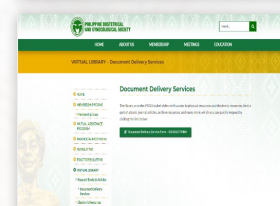
COMMITTEE ON LIBRARY & ARCHIVES

GOT A RESEARCH? WE GOT YOU!

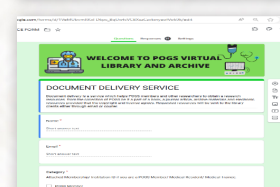
Fed up by the constant "Subscribe to access" message when trying to view specific journal articles for your research? Fret not; we've got a solution for you. Introducing our **DOCUMENT DELIVERY SERVICE**. This service aims to streamline the delivery of the specific article you require. The library will handle the task for you by searching the availability of your desired article in our system or reaching out to other libraries to get the article you desire or an alternative one. Wondering how to use this service? Just follow these steps.



Go to the POGS website and click the "Members Portal" at the bottom and log-in. If you don't have an account, click "Register"



Once inside the member's portal, go to the "Document Delivery Service Tab" and click the DDS google form.



Fill out the google form with the required details and click submit. Expect a reply within 24 hours or as soon as possible.



Standing /Constitutional/Presidential/Publications

Committee on Maternal and Perinatal Welfare

PHILIPPINE OBSTETRICAL AND GYNECOLOGICAL SOCIETY - SOUTHERN MINDANAO CHAPTER (POGS-SMC)

in cooperation with

BESINS HEALTHCARE
Innovating for Well-being

&

dkt

cordially invite you to the

MATERNAL MORTALITY AND MORBIDITY CONFERENCE:
"INTO THE ABYSS: A CASE OF POSTPARTUM HELLP SYNDROME WITH LIVER HEMATOMA"

&

33RD FOUNDATION DAY:
"EMBRACING 33 YEARS OF EXCEPTIONAL OB GYN SERVICE: NURTURING CALMNESS, HEALING AND WISDOM"

SUNDAY | 16 | 9 AM to 3PM
JULY 2023

SALOME'S GARDEN
HOLY TRINITY VILLAGE, CABANTIAN, DAVAO CITY



The second face-to-face conference of the committee was conducted last July 16, 2023, 9:00am-3:00pm at Salome's Garden Davao City entitled: "Into the Abyss: A Case of Postpartum Help Syndrome with Liver Hematoma" in collaboration with POGS Southern Mindanao Chapter. At the start of the program, 1 discussant and 3 reactors delivered the case. There were 165 overall attendees who participated in the activity.

PHILIPPINE OBSTETRICAL AND GYNECOLOGICAL SOCIETY (Foundation), INC.
COMMITTEE ON MATERNAL AND PERINATAL WELFARE
POGS-NCR UNIVERSITYWIDE CLUSTER

IN PARTNERSHIP WITH METRO PHARMA, PHILIPPINES INC.

INVITES YOU TO THE

4TH MATERNAL MORBIDITY AND MORTALITY CONFERENCE
"Pregestational DM and its Complications"

August 24, 2023 (Thursday)
5:00PM - 7:00PM
at the POGS Building

Discussant:
ANALYN NGO YU, MD
Maternal Fetal Medicine Specialist

Reactors:
AILEEN S. ATANACIO, MD
Internal Medicine Endocrinologist
CHARITO P. MALONG-CONSOLACION, MD
Internal Medicine Nephrologist

Co-Moderators:
AGNES S. ESTRELLA, MD
RAMON T. REYLES, MD



The second face-to-face conference of the committee was conducted last July 16, 2023, 9:00am-3:00pm at Salome's Garden Davao City entitled: "Into the Abyss: A Case of Postpartum Help Syndrome with Liver Hematoma" in collaboration with POGS Southern Mindanao Chapter. At the start of the program, 1 discussant and 3 reactors delivered the case. There were 165 overall attendees who participated in the activity.

PHILIPPINE OBSTETRICAL AND GYNECOLOGICAL SOCIETY (Foundation), INC.
in collaboration with
Region 3, Central Luzon Chapter

3RD MATERNAL MORBIDITY AND MORTALITY CONFERENCE
"Gone with the wind"
A case of pulmonary embolism in pregnancy

AUGUST 2, 2023 | 8:00AM - 12:00NN

Discussant:
MAELLEN JOYE ALFEROS-SALDUA, MD

Reactors:
EDGAR WILSON G. TIMBOL, MD
Internal Cardiology
RICHARD L. VILLALUNA, MD
Pulmonology
JOSEPH JOVEN C. GAMAD, MD
Child Care Health Center
RAMON T. REYLES, MD
Pediatrics
ROWENA M. AUXILLOS, MD
Gyn
MARK O. ANTONIO, MD
Pediatrics



The second face-to-face conference of the committee was conducted last July 16, 2023, 9:00am-3:00pm at Salome's Garden Davao City entitled: "Into the Abyss: A Case of Postpartum Help Syndrome with Liver Hematoma" in collaboration with POGS Southern Mindanao Chapter. At the start of the program, 1 discussant and 3 reactors delivered the case. There were 165 overall attendees who participated in the activity.

PHILIPPINE OBSTETRICAL AND GYNECOLOGICAL SOCIETY (Foundation), INC.
COMMITTEE ON MATERNAL AND PERINATAL WELFARE

REGION 6 POGS PANAY CHAPTER
Iloilo Doctors' Hospital, Inc.

IN PARTNERSHIP WITH METRO PHARMA, PHILIPPINES INC., AND BIOFEMME

INVITES YOU TO THE

5TH MATERNAL MORBIDITY AND MORTALITY CONFERENCE
"The Deepest Breath"

September 22, 2023 (Friday)
3:00 PM
at Richmond Hotel, Iloilo

Discussant:
NICOLE SUMAYO-AUSTRIA, MD

Reactors:
MA. MAUREEN F. FORTUNA, MD, FPOGS
KENNETH JUNEL P. IDIO, RN, MD, FPCCP
KATHRYN KESTY P. BAUTISTA, MD, FPMR, FPMR
MOPPOG, FPMR, FPMR





Committee on Nationwide Statistics

2021 POGS Report on Hospital Compliance and Total Admissions for 2019 to 2021

POGS Committee on Nationwide Statistics

(Explanatory note: Using the nationwide electronic census platform we call now as POGS Nationwide Statistics System or PNSS (through service provider Serious MD^R), “compliance” is defined as the submission of any data from patients admitted from each member hospital every month. The completeness or accuracy of the admissions per month cannot be confirmed by the system. Internal validation of the data is expected to be carried out by each member hospital.)

For the years 2019 to 2021, the PNSS has consistently showed good hospital compliance rates, as shown in the table below:

Year	Number of member hospitals in the PNSS	Number of hospitals with 100% compliance	Compliance rate
2019	147	135	91.85%
2020	168	158	95%
2021	187	166	89%

Prior to the PNSS, when hospital data submissions were mostly through paper reports and the Integrated Statistical Information System or ISIS, the number of accredited hospitals that consistently submitted data have been very poor, with compliance rates as low as 23.7%.^{1,2}

The improvement in compliance rates may be mostly due to the following factors: (1) an easier and more user-friendly electronic interface used by the PNSS, (2) efficient technical support provided by the service provider Serious MD^R strict implementation and monitoring by the POGS Committee on Nationwide Statistics and the Committee on Hospital Accreditation for Service (CHAS), and (4) member hospitals increased usage of the data generated from PNSS, especially for lectures and research.

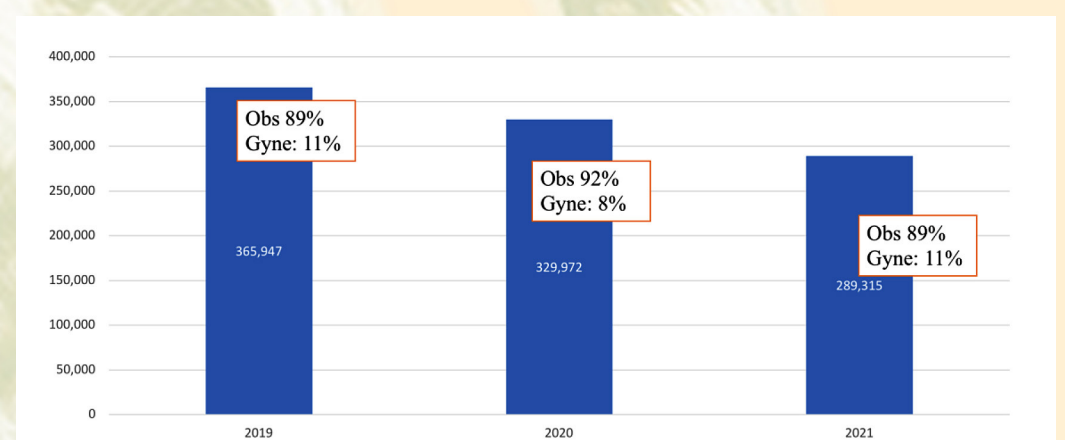
In 2022, the POGS Committee on Nationwide Statistics, then headed by Dr Annette Macayaon as chair, reevaluated and updated the PNSS, to improve the data collection, make it more comprehensive, and consistent with ICD-10 nomenclature.

For 2023, members of the POGS Committee on Nationwide Statistics, alongside members of the POGS Committee on Hospital Accreditation for Service (CHAS), visited some hospitals all over the country to check compliance with PNSS submissions. **Dr. Jennifer del Prado** visited Medical Center Manila, Adventist Medical Center Manila, The Doctor's Hospital, Bacolod, Central Luzon Doctor's Hospital – Tarlac and The Medical City – Clark; **Dr. Aurora Valdez** visited Cotabato Sanitarium and General Hospital, Dr. Jorge Royeca Hospital (General Santos City), Dagupan Doctors Villaflo Memorial Hospital, and Benguet General Hospital; **Dr. Antonette Añonuevo** visited Mary Mediatrix Medical Center, Calamba Medical Center, Cebu Puericulture Center and Maternity House, Inc., and Eversley Childs Sanitarium and General Hospital; and **Dr. Ryan Capitulo** visited Novaliches District Hospital and Philippine Children's Medical Center.

From the table above, we likewise see the increasing trend in the number of member hospitals that are included in the PNSS. However, this number represents only less than 10% of the total healthcare institutions in the country with recorded births. If we are to limit this to secondary and tertiary hospitals

with recorded births, the PNSS data is representative of only approximately 30-35% of recorded births for the whole country.

The figure below shows the total number of cases recorded in the PNSS from 2019 to 2021:



We note here the decreasing trend in the number of recorded cases. This could mostly be a direct effect of the COVID-19 pandemic. With the declaration of nationwide, large-scale restrictions during the COVID-19 crisis, some POGS-accredited major institutions were converted to COVID-19 hospitals, and some hospitals operated at less than 50 percent capacity due to shortage of hospital staff. These reasons may have led to a precipitous decline in non-COVID-19 admissions starting first quarter of 2020.

References:

1. Tiu E, Añonuevo A, Habana MA, Sun-Cua A, Toral JA. (2016). Trends in maternal mortality rates in POGS-accredited hospitals in 2012- 2014. Philippine Journal of Obstetrics and Gynecology, 40(3)41- 45. 2016.
2. Te-Santos HG, Añonuevo A, Habana MA, Sun-Cua A, Toral JA, Domingo AM. (2018). A Study on the Factors affecting the Use of the POGS-Nationwide Statistics System (PNSS) among Philippine Obstetrical and Gynecological Society (POGS)-Accredited Institutions in 2016. Philippine Journal of Obstetrics and Gynecology Nov-Dec 2018.
3. Macayaon, AM, Habana, MAE Amorin, HR., Añonuevo, AU, del Prado, JC, Irabon, IS, Magno, ADL, Mangubat, MLT, Te-Santons, H. (2020). POGS 2019 report on obstetrical and gynecological indicators of healthcare. Philippine Journal of Obstetrics and Gynecology, 44(6), pp. 41-48.



Standing /Constitutional/Presidential/Publications

Committee on Environment and Women's Health Subcommittee on Reproductive and Developmental Environmental Health (RDEH)

The subcommittee aims to promote awareness of the relationship between reproductive health and the environment in accordance with the FIGO initiative through the following:

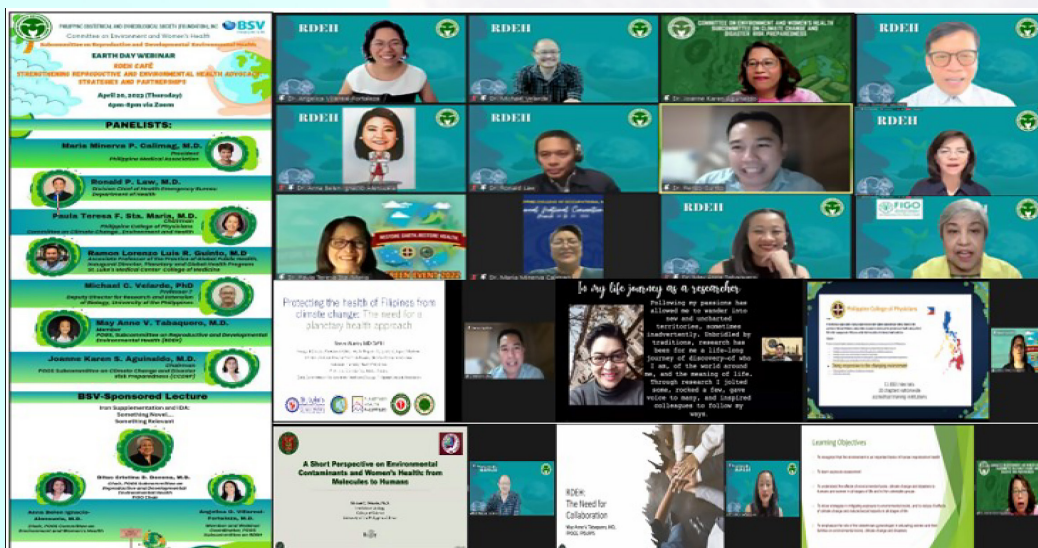
- I. Advocate for policies that will prevent or minimize exposure to environmental chemicals
- II. Ensure a healthy food system
- III. Incorporate environmental health into holistic medical care
- IV. Champion environmental justice

These can be achieved through advocacy, capacity building, training and collaborative research.

For 2023, the Subcommittee on Reproductive, Developmental and Environmental Health held two webinars. The first of which was held on Earth day, April 23, 2023, entitled: RDEH Café, Strengthening on Reproductive and Environmental Health Advocacy: Strategies and Partnership. This event was attended by 328 POGS members and allied medical professionals nationwide. Members of the panel discussion were Dr. Maria Minerva Calimag, the current president of the Philippine Medical Association; Dr. Ronald Law, the DOH Chief Health Emergency Bureau; Dr. Paula Teresa Sta. Maria, Chairman of Philippine College of Physicians, Committee on Climate Change, Environment and Health; Dr. Ramon Lorenzo Luis Guinto, the Inaugural Director of the Planetary and Global Health Program at the St. Luke's Medical Center College of Medicine; Dr. Michael Velarde, Deputy Director for research and extension of Biology, University of the Philippines; Dr. May Anne Tabaquero, a member of the RDEH Subcommittee and Dr. Joanne Aguinaldo, the Chair of POGS Subcommittee on Climate Change and Disaster Risk Preparedness.



As part of the plan to strengthen ties with local organizations, subcommittee chair, Dr Ditas Decena, and member, Dr Angelica Fortaleza, attended the face-to-face Health Alliance for Climate and Clean Air Philippines (HACCAP) Policy Roundtable Discussion on "Together for Clean Air" last September 5, 2023 at the Lung Center of the Philippines. They were able to connect with fellow participants who share their commitment to addressing critical issues. A collective call to action of the health community in the Philippines demanding swift and decisive measures to address air pollution, climate change, and their impact on public health was also established by signing a statement of commitment as well the launching of three working groups for HACCAP: Research, Advocacy, and Awareness & Engagement.



April 20, 2023 - Earth Day Webinar: RDEH Café' Strengthening Reproductive and Environmental Health Advocacy

The second webinar was on Vegetable Urban Farming last August 23, 2023 from 8 – 10 am. This event was in partnership with ABS CBN Foundation. Several POGS Board of Trustees, Regional and Cluster representatives were sent seedlings and taught how to start and grow their own urban farming.





Standing /Constitutional/Presidential/Publications

Universal Healthcare in the Practice of Obstetricians and Gynecologists in the Philippines

by Rowena M. Auxillos, MD, FPOGS, MBA-H

UHC is an excellent platform for improving the health system of the country. It highlights and focuses on the potential of primary health care with the progressive realization that Service Delivery Network (SDN) is the main pillar to adopt. There is a need for the POGS to redefine its role in this context in order to be more relevant to the changing times.

- Mario A. Bernardino, MD, Christia S. Padolina, MD, Benjamin D. Cuenca, MD

The Philippines has taken a significant step forward in healthcare with the implementation of Universal Healthcare. This landmark law, otherwise known as the UNIVERSAL HEALTH CARE ACT (REPUBLIC ACT NO. 11223), signed by President Rodrigo R. Duterte last February 2019 has far-reaching implications for healthcare providers across the nation, including Obstetricians and Gynecologists.

The concept of UHC is not new. It dates back to the 19th century and through the years, several countries have used this to address pressing global problems. UHC is firmly based on the 1948 WHO Constitution: it declared health as fundamental human right and commits to ensuring the highest attainable level of health for all. On September 25, 2015, the UN General Assembly resolution on Transforming Our World: the 2030 Agenda for Sustainable Development adopted the target of universal health coverage by 2030. It is interesting to note that for us, OB-GYNs, this includes: reduction of the global maternal mortality ratio to less than 70/100,000 live births, ensuring universal access to sexual and reproductive health-care services, including for family planning, information and education, and the integration of reproductive health into national strategies and programs, and achieving universal health coverage, including financial risk protection, access to quality essential health-care services and access to safe, effective, quality and affordable essential medicines and vaccines for all. The target date for these Sustainable Development Goals (SGD) is 2030.

A common question that healthcare providers usually encounter with the UHC Law is: what would this mean to the financial development of the Philippines? The 2017 National Demographic and Health Survey showed that 54.5 % of total health payment came from Filipinos' own pocket, the daily average for medicines and drugs is Php 5,237 and the average daily cost of treatment for confined individuals is Php 21,400. High out-of-pocket medical expenses push more people into poverty. When households spend more on hospital bills and medical treatments, they are forced to spend less on other necessities like food, housing, and education, which, some consider, are the drivers of any country's economy. The Philippine Statistics Authority (PSA 2019) stated that 1.5 million Filipinos are impoverished due to catastrophic health spending.

Universal Health Care Act (Republic Act No. 11223) ushers in massive reforms in the health sector: the expansion of population, service, and financial coverage with an array of health system amendments and a paradigm shift to primary care, which will now be the core and center of all health reforms. The UHC will change the landscape of healthcare delivery and entirely overhaul the current system.

Accessibility to Care

One of the primary advantages of Universal Healthcare for OB-GYNs is increased accessibility to care. With a more comprehensive and inclusive healthcare system, more women, regardless of their socio-economic background, can access reproductive healthcare services. This leads to early detection and management of obstetric and gynecological conditions, ultimately improving women's health outcomes.

Preventive Services and Education

Universal Healthcare places a strong emphasis on preventive care and patient education. OB-GYNs can now engage in proactive measures to educate their patients on contraception, family planning, and prenatal care. This shift towards prevention not only reduces the burden of advanced diseases but also empowers women to make informed decisions about their reproductive health.

Streamlined Administrative Processes

UHC aims to simplify administrative processes that have historically plagued healthcare professionals. This streamlined approach allows OB-GYNs to focus more on patient care and less on administrative burdens, ultimately enhancing the quality of services provided.

Financial Sustainability

With the passing of UHC Act in 2019, PhilHealth is mandated to shift to a prospective payment mechanism based on Diagnosis Related Grouping (DRG). This is said to be more responsive to the complexity of patient needs, flexible to difference in resource among service capabilities and flexible to adjustments over periods of time. DOH-UHC Implementation Report Status as of June 2023 states that PhilHealth will also soon transition from the "No-Balance-Billing" (NBB) program to the "No Copay" and "Fixed Copay" initiative. "No Copay" program means zero out-of-pocket (OOP) expenses for members availing of benefits in basic accommodations (e.g. ward-type). The "Fixed copay" means paying a fixed amount to supplement PhilHealth's benefit package, instead of the varying costs presently charged by health facilities.

Collaborative Care

Universal Healthcare promotes a more collaborative approach to healthcare delivery. OB-GYNs are encouraged to work closely with other healthcare providers, such as midwives and community health workers, to ensure comprehensive care for pregnant women and those in need of gynecological services. This collaborative effort leads to better coordination and holistic patient care.

Challenges and Opportunities

While Universal Healthcare brings numerous benefits, it

also presents challenges. There is a need for workforce development and equitable distribution of healthcare professionals. Additionally, the transition to UHC may require adjustments in practice management and billing procedures.

Through all of these, the Philippine Obstetrical and Gynecological Society (Foundation), Inc. (POGS) through the POGS Organization of Government Institutions (POGI) has been running parallel with the Department of Health (DOH), Philippine Health Insurance Corporation (PhilHealth), Philippine Regulation Commission (PRC) and other government agencies towards a smooth transition of the UHC and its full implementation in 2025. It has been conducting webinars and face-to-face meetings with stakeholders since 2021 to guide all POGS members in this transition period. It has formulated the POGS-UHC Framework setting forth its General Objective of integration of the UHC into the POGS mission, vision and goals. Specifically, it is merging the UHC law mainly in the areas of training, governance, and setting standards in OB-GYN clinical practice, including primary care; determining the financial impact of UHC in OB-GYN practice and its members' collaboration with PHIC, HMOs, and other private health insurance companies mutually beneficial to its members, other healthcare workers (HCW) and the communities being served; establishing guidelines for an effective network of referral system among POGS accredited public/private training and service hospitals, POGS members practicing individually or with other healthcare workers and health facilities in the Health Care Providers Network (HCPN); and collaborating with DOH and PRC in defining the POGS role in governance and direction of primary health care program in the country.

The POGS has continued to monitor maternal health programs to lower the Philippine Maternal Mortality ratio (past 75 years). Though these programs were not linked directly to the present Universal Health Care (UHC) law, such programs served as preparation toward the full implementation of its principles into the POGS system, as stated by Dr. Ma. Theresa Vergara on the Primer on Service Delivery Network.

Conclusion

The implementation of Universal Healthcare in the Philippines marks a significant milestone in the country's healthcare landscape. OB-GYNs play a crucial role in the success of this healthcare transformation. As we adapt to these changes, we have the opportunity to make a profound impact on women's health, promote preventive care, and contribute to a more inclusive and equitable healthcare system. Through collaboration, education, and dedication, OB-GYNs can continue to provide exceptional care to women across the Philippines, ensuring a healthier and brighter future for all.



Subcommittee on Climate Change and Disaster Risk Preparedness (CCDP)

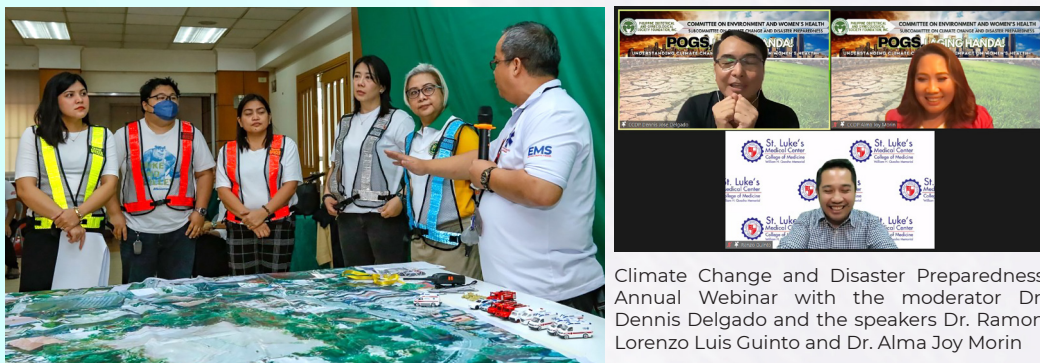
Author
Position

One of the objectives of the Subcommittee on Climate Change and Disaster Risk Preparedness is to create awareness in the POGS community of Climate change, Disaster Risk, and Disaster Preparedness and Response. With this in mind, the committee, together with the Philippine Red Cross, held a Mass Casualty Incident Management Training (MCIM) Course last March 28-30, 2023. Online lectures were given by Mr. Donato C. Juan, EMT and Ms. Nashr'a S. Arichea, RN, EMT from the Philippine Red Cross. To further emphasize the role of POGS and its members in MCIM, case-based discussions were held the next day. A total of 419 POGS members from all over the country attended the online didactics. On the last day, a face-to-face tabletop exercise was conducted by the members of the Philippine Red Cross at the POGS building. As a finale to the training, a Simulation Exercise: The Big One participated by POGS members from various regions and the POGS secretariat was conducted, with the members of the Philippine Red Cross assisting the participants.

To further fortify the goals of the subcommittee, a strategic planning session was held on June 19-20, 2023 at SEDA Hotel BCG. The need to renew ties with previous partners was realized, as well as the identification of new partnerships was achieved.

At the heart of all the activities of the subcommittee, the Climate Change and Disaster Preparedness Annual Webinar was held on August 15 and 17, 2023. This was attended by 357 POGS members and allied medical professionals nationwide. Climate change and its Impact on Women's Health was discussed by Dr. Ramon Lorenzo Luis Guinto and the Role of the Obstetrician-Gynecologist in Mitigating and Adapting to Climate change was discussed by Dr. Alma Joy Morin. This was followed by the Climate Change and Disaster Preparedness Annual Hybrid Workshop on August 24, 2023 at the POGS building. The highlight of the day was the Ceremonial Renewal of Ties with the Department of Health represented by Ms. Belinda Evangelista and Mr. Mark Abrigo from the Philippine Red Cross.

The Subcommittee is headed by Dr. Joanne Aguinaldo, with Dr. Betha Fe Castillo and Dr. Belen Ignacio-Alensuela as adviser and BOT liaison officer respectively. The members of the subcommittee are Dr. Honorata Lalaine Burog, Dr. Dennis Jose Delgado, Dr. Mariel Nevado-Gammad, Dr. Imee Gonzalez, Dr. May Hipolito, Dr. Alma Joy Morin, and Dr. Katherine Saniel.



Climate Change and Disaster Preparedness Annual



POGS members from various regions and the POGS secretariat together with the representatives from the Philippine Red Cross participate in the Simulation Exercise: The Big One at the POGS Bldg



Strategic Planning at SEDA Hotel BCG



Climate Change and Disaster Preparedness Annual Hybrid Workshop



Strategic Planning at SEDA Hotel BCG with the partners from DOH represented by Ms. Belinda Evangelista, Mr. Mark Abrigo and Ms. Criselda Longga from the Philippine Red Cross, Dr. Faith gaerlan from ER medicine, and Dr. Ramon Lorenzo Guinto, an expert on climate change



Ceremonial Renewal of Ties with the Department of the Health and the Philippine Red Cross.



PHILIPPINE OBSTETRICAL AND GYNECOLOGICAL SOCIETY (Foundation), INC.

ANNOUNCEMENT MUTUAL ASSISTANCE PROGRAM

The Board of Trustees, through the Committee on Mutual Assistance, is announcing the removal of the Covid-19 category from the Sickness Benefit Programme in accordance with Presidential Proclamation No. 297, dated July 21, 2023, which declares the lifting of the state of public health emergency throughout the Philippines due to Covid-19.

Implementation process under Sickness Benefit Program:

- 1) All applications for Mild and Moderate Covid shall be accepted until August 31, 2023. The completed application form and a copy of the RT-PCR Positive Test Result will still be required and the application period will be one year from the date of RT-PCR result.
- 2) Starting September 1, 2023, those who will be admitted due to Covid shall fall under the Medical Category either Non-Critical or Critical that requires 72-hour confinement as stipulated in the MAP guidelines.
- 3) Application forms can be downloaded from the Member's portal on the POGS Website and send through email at pogscmap@gmail.com

The fundamental Sickness Benefit Programs for Medical and Surgical Categories remain in effect and will be maintained. Rest assured that the POGS will continue to assist our ailing members through the Committee on Mutual Assistance Programme

Thank you.



Sulong **POGS**



Standing /Constitutional/Presidential/Publications

Ad Hoc Committee on Breast Health and Breast Cancer Awareness

Author
Position



The second face-to-face lay forum of the committee was conducted on July 13, 2023 at Marawi City in collaboration with the Committee on Community Service from 8:00 in the morning until 5:00 in the afternoon. Out of 1021 patients, 40 patients were screened. At the start of the program, 3 representative speakers from Region 10 delivered the modules.

The third face-to-face lay forum of the committee was conducted on August 4-6, 2023 at Ormoc City in collaboration with the Committee on Community Service from 8:00 in the morning until 5:00 in the afternoon. Out of 744 patients, 550 patients were screened.

Manila Declaration

Author
Position

The Ad Hoc Committee on Manila Declaration Call to Action Against Cervical Cancer continues the POGS Mission.

The Ad Hoc Committee on Manila Declaration Call to Action Against Cervical Cancer continues to gather the cervical cancer screening census of the various POGS-accredited institutions for training and service. For the second quarter, only 33 of the 158 (20.889%) submitted. The Committee is making an appeal to all institutions to submit the data. These data are meaningful to POGS as the data will be able to establish the trend and the coverage of cervical cancer screening that we as a Society is able to offer to the Filipino women. From here, the Society can devise ways to better our cervical cancer screening coverage and activities.

Center for Health Development. Three townhall meetings with the lay as audience were held via Zoom during the month of September.



The Committee collaborated with the POGS Women First Committee with a sharing of educational videos during the meeting and answering the questions of the lay about cervical cancer screening.



The third quarter also saw the first time that our educational videos about cervical cancer prevention were rolled out to our adopted community in Agusan del Sur. The videos were

cascaded to their youth using the school as a platform in their Cervical Cancer Awareness Advocacy Program.

In the National Capital Region, the Ad Hoc Committee participated in the Intensified Cervical Cancer Screening Campaign of the Metro Manila

As part of our commitment to the Asia Oceania Federation of Obstetrics and Gynecology in its advocacy of cervical cancer prevention for the region, Dr. Christia Padolina and Dr. Jean Anne Toral went to Vietnam to take part in their OB-GYN national conference and imparting important aspects of cervical cancer prevention to our counterpart OB-GYNS of Vietnam.

Manila Declaration is also working on the second webinar of the AOFOG Cervical Cancer Elimination Program Committee, this time about HPV vaccination.





Task Force on Gender Based - Violence (GBV)

Author
Position



The Task Force on Gender-Based Violence aims at addressing and combating gender-based violence in our society. For several reasons, the Task Force plays a critical role in our organization and our society as a whole. Gender-based violence is a pressing social issue that affects a significant portion of our population, particularly women and their children. Gender-based violence not only causes immediate harm but also long-lasting detrimental effects on the physical, emotional, and psychological well-being of survivors.

This year, the Task Force on Gender-Based Violence organized several initiatives and campaigns to raise awareness about gender-based violence, promote prevention strategies, and provide support to survivors. These initiatives included a two-day educational webinar workshop for the POGS-accredited institutions of Davao City, the workshop entitled "HOW TO ESTABLISH A VAWC DESK PART 1: HANDLING VIOLENCE AGAINST WOMEN AND CHILDREN" participated in by OB-GYN Doctors, Social Service workers, and other healthcare professionals.

The first face-to-face workshop conducted was a two-part multidisciplinary team workshop on "VAWC

Desk: Basic Guidelines for the OB-GYN" for the NCR Chapter. This was a two-day workshop participated in by OB-GYN Doctors, Nurses, and Social Workers from various hospitals and healthcare facilities in the National Capital Region Clusters.

The first run of the workshop took place on July 24 and 25, 2023 at POGS Assembly Hall, POGS Bldg. The workshop was participated in by Metro Rizal, Pentamed and Universitywide Clusters with almost 52 OB-GYN Doctors and 8 Social Workers attendees.

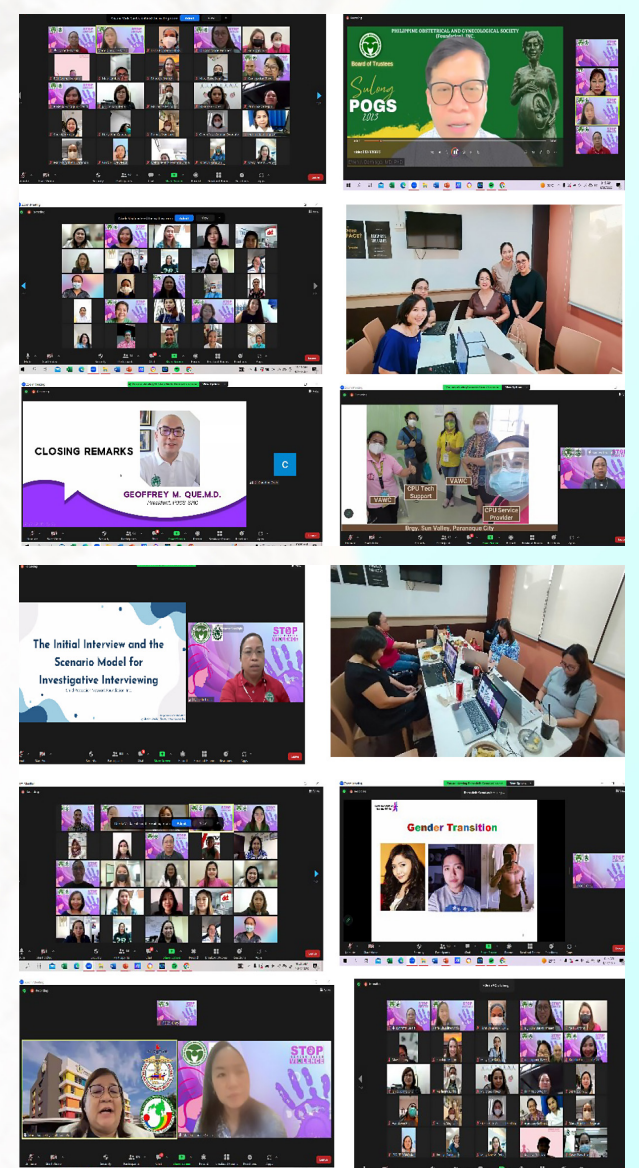
The second run of the workshop was held on July 31 and August 1, 2023 at POGS Assembly Hall, POGS Bldg. This time it was attended by CAMANAVA, CCI, and BAYCOG Clusters, with a total of 118 OB-GYN Doctors and 15 Social Workers.

The workshop on Anti VAWC conducted by the task force on Gender-Based Violence was a crucial step in raising awareness and addressing the pervasive issue of gender-based violence in our society. Not only did it bring together professionals from various healthcare disciplines, but it also empowered them with knowledge and tools to effectively address and respond to cases of violence against women and children.

VAWC SEMINAR WORKSHOP NCR CHAPTER 1ST RUN



VAWC SEMINAR WORKSHOP DAVAO CHAPTER



VAWC SEMINAR WORKSHOP NCR CHAPTER 2ND RUN





Standing /Constitutional/Presidential/Publications

POGI (POGS Organization of Government Institutions)

POGS: Getting Ready to be Health Care Provider Network (HCPN) Partner for UHC Law

Marivic C. Agulto-Mercadal, MD, FPOGS & Benjamin D. Cuenca, MD, FPOGS

“Kalusugan para sa Lahat” is the battle cry of Republic Act No. 11223, known as the Universal Health Care (UHC) Act, which was signed into law in February 2019 and has become a national health policy. The law is aimed to protect and promote the right to health of all Filipinos, to instill health consciousness among them and to provide equitable access to comprehensive, quality, and cost-effective, promotive, preventive, curative, rehabilitative and palliative health services and goods while protecting against any financial risk.

The UHC Act provides a framework that entails a whole-of-system, whole-of-government and whole-of-society approach in the development, implementation, monitoring and evaluation of its programs, plans and health policies, while centering on the needs and well-being of the people and cognizant to the differences in values, cultures and beliefs.

What has POGS initiated and so far, accomplished in order to prepare its members for this national health program? Being the premier maternal and fetal health organization in the country, the Society, through the POGS Organization of Government Institutions (P.O.G.I.) and program H.E.A.L.T.H. (Health Education Aligning Lying-ins To Hospitals), consistently endeavors to ensure its commitment in promoting maternal health and perinatal medicine.

Since its launch in 2019, the P.O.G.I. readily forges collaboration with the different stakeholders in maternal and perinatal healthcare including those in the public and private tertiary hospitals and the leaders of allied professional organizations. Likewise, workshops were held with the POGS Board of Trustee, the members of the Philippine Board of Obstetrics and Gynecology (PBOG) and the Council for Residents' Education, Enhancement and Development (CREED) on Safe Motherhood Program, the UHC Act, Service Delivery Network (SDN) or health care provider network (HCPN) and the integration of UHC law in OB-GYN practice.

In November 2022, the P.O.G.I.'s Primer on Service Delivery Network and Experiences with electronic



downloadable version, was made available to firm up the vision of the Society to be an assistive partner of the Department of Health in the full implementation of its HCPN programs. The primer describes what the P.O.G.I. is as a group under the POGS, its mission, vision and plans. The primer importantly highlights the different SDN experiences of some POGS members who championed with government health care institutions and their respective local government units.

SDN models are featured from the Quezon Memorial Medical Center, Rizal Medical Center, Navotas City Hospital, Eastern Samar Service Delivery Network, Southern Isabela Medical Center, Vicente Sotto Memorial Medical Center and Cotabato Regional and Medical Center.

This year, on its fourth year, the P.O.G.I. endeavors to set a standard of monitoring for the UHC-POGS Networks and SDN Programs with the integral stakeholders in the community. Cognizant of an expanded partnership that is crucial to the plan, the ad hoc committee pushes (1) to establish stronger collaboration with more health institutions with and without existing SDN, and (2) to define specific roles of POGS members in community Obstetrics and Gynecology with existing affiliations with lying-in clinics and midwives in their areas of practice. With these defined goals, the first workshop entitled Towards POGS Readiness to be a Health Care Provider Network (HCPN) Partner was conducted on April 25, 2023 at the POGS Assembly Hall, participated by the sixteen (16) core members of the committee with eleven (11) invited POGS members, all HCPN enthusiasts from the various health institutions in NCR, Region 3 and Region 4 like Dr. Jose N. Rodriguez Memorial Hospital,

Dr. Paulino J. Garcia Memorial Research and Medical Center, James L. Gordon Memorial Hospital, Bataan General Hospital and Medical Center, Jose B. Lingad Memorial Regional Hospital and Dr. Damian Reyes Provincial Hospital. The activity produced objective guidelines to assess the level of involvement of the POGS-accredited institutions for training and for service in the HCPN of their respective local government units (LGUs).

The POGS appreciates the fact that once UHC law is in its full implementation, there will be attendant adjustments in the OB-GYN practice that will be inevitable. As a Society, therefore, to prepare the members for such development becomes a top priority. Hence, another workshop was held on August 10, 2023, entitled Towards POGS Readiness to be a Health Care Provider Network (HCPN) Partner v 2.0: P.O.G.I. workshop with the POGS Private (Sector) Practitioners.

At least nineteen (19) private OBGYN practitioners from the NCR, Regions 3 and 4 (including those representing The Medical City (TMC), Victor R. Potenciano Memorial Medical Center, World Citi Medical Center, University of Santo Tomas, Capitol Medical Center, Dr. Jesus C. Delgado Memorial Hospital, St. Luke's Medical Center-Quezon City, Marikina Valley Medical Center, University of Perpetual Help Medical Center-Las Piñas, Providence Hospital, Far Eastern University- Nicanor Reyes Medical Foundation (FEU-NRMF) Medical Center, Bocaue Specialist Medical Center, Angeles University Foundation Medical Center, Adventist Hospital Palawan, De La Salle University (DLSU) Medical Center, and Perpetual Help Medical Center – Biñan) were invited to formulate a balanced matrix to scale up readiness of the private sector using the

UHC's Domains of Network of Care.

Eight steps on how a private institution can be HCPN partner ready: During the workshop, the participants analyzed and identified the who, what, where, when, and how of each of the 8 steps proposed by P.O.G.I. to make their respective institutions HCPN partner ready. The proposed steps were the following:

1. Establishment of a fully functional primary care unit (PCU) inside the hospital defining primary care services including health promotion activities.
2. Identification of existing primary care facilities and primary care provider in the community to partner with.
3. Establishment of Memorandum of Agreement (MOA) which will contain the standards and guidelines for the partnership signed by both parties
4. Defining the referral parameters using the risk assessment tools guided by the subspecialty societies.
5. Establishment of the inward and outward referral flow.
6. Using the domain of networks of care as a guide in the HCPN networking.
7. Establishment of an effective quality control program for the referral system.
8. Ensuring proper documentation and analysis of statistics to measure success of program.

The Medical City Initiative: The TMC Institute for Women's Health (IWH), one of the invited participants in the P.O.G.I. workshop v2.0 for the private sector, has been working on a SDN model in Pasig City. Dubbed as Sibol Pinay Project, the vision is to establish a collaborative prenatal care model between TMC IWH and the soon-to-open community birthing center of the Rotary Club of Pasig (RCP), the Rotary Club of Pasig Multispecialty Lying-in Clinic. The whole project is the brainchild of RCP 2017-2018 President, Dr. Jesus B. Acantilado, which was placed under the TMC IWH Community Service Committee, chaired by Dr. Concepcion P. Alfiler and Dr. Marivic C. Agulto-Mercadal as the project head, with the guidance of TMC IWH Director Dr. Zarinah G. Gonzaga.



Standing /Constitutional/Presidential/Publications

POGI (POGS Organization of Government Institutions)

The project is a realized offshoot of the long-term partnership of TMC with the RCP Ilugin Community Center in Pasig City that was established since August 2015. The construction of a 3-storey multispecialty lying-in clinic started in 2019, which will house four (4) delivery room beds, two (2) labor room beds and one 5-bedded ward, along with a basic laboratory facility, an ultrasound unit with radiology services. Multispecialty outpatient clinics will also be available for the Pasiguenos.

The target completion of entire facility is end of 2024, with the mission to provide (1) shared prenatal care and postpartum care, where OBGYN resident trainees will be able to provide prenatal and postpartum care alongside the midwives, including consultations, childbirth, and parenting education; (2) shared group care on specific clinical interests, where OBGYN resident trainees will be able to provide patient education and counselling on specific clinical interests such as adolescent/youth sexual health, reproductive health, gender health and wellness, maternal mental health and well-being, menopause and other gynecologic diseases, to name a few; (3) shared on-call responsibilities, where OBGYN trainees will share responsibilities to attend labor and births at the community birthing center, as needed through an established on-call schedule; and (4) continuity of carer, where OBGYN trainees will attend to patients from the RCP Multispecialty

Lying-in Clinic in need of antepartum or intrapartum transfer to a tertiary facility, under the Divine Mercy Service Program of TMC.

Through such undertaking, the IWH and RCP aspires to help reduce maternal and neonatal morbidity and mortality by increasing the number of births attended by skilled birth professionals while providing accessible services for sexual and reproductive healthcare in the target locality.

The Sibol Pinay Project is a private sector

initiative that will steer community engagement within the current local health system, in anticipation of the full implementation of the UHC law. The project envisions to provide the women of Pasig and nearby towns the optimum chance to blossom and have quality and accessible healthcare.

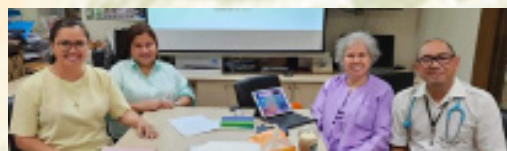
The government and private health sectors vary greatly not only in administration and operations, but likewise in financing, service delivery and target populations to serve. Creating a model for HCPN in the

private sector that is similar to the existing SDN models in the government sectors is truly a formidable task that requires genuine commitment and utmost perseverance from the whole organization of any private institution.

And looking at the whole landscape, it is obvious that the impact of the UHC in the private sector is not just limited to the practice of our specialty but will also affect greatly the training of residents and fellows, especially in the private institutions. The POGS leaders, the P.O.G.I., the CREED, the PBOG and other relevant internal committees have enormous tasks to surmount so that substantive decisions will be made to strike the balance of benefits and risk during UHC's full implementation.

The P.O.G.I.'s initiatives to promote awareness among POGI members and to prepare the POGS as a society for UHC will endure, with its sixteen (16) core members and 42 auxiliary members assigned in all 12 regions of the country. The committee's hope is to eventually see more and more POGS members in passionate HCPN engagement with their respective LGUs. The POGS' P.O.G.I. will continue to stand and assert its role as a catalyst to optimize progressive change in maternal and perinatal health, steered by the POGS members, to bring down maternal mortality rate and achieve a program of healthcare that is truly for all... for anyone, anytime, anywhere!

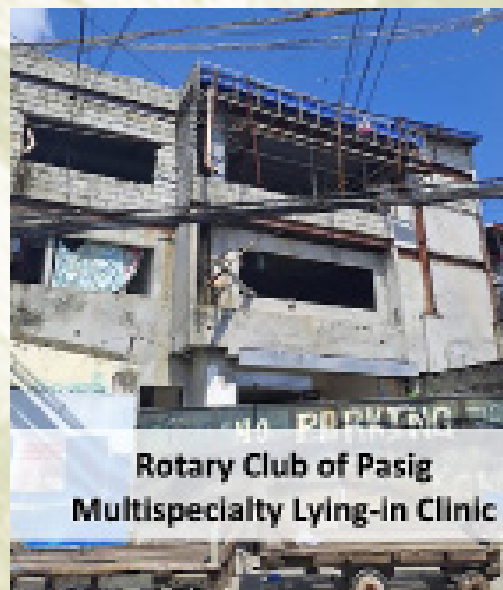
POGS Organization of Government Institutions (P.O.G.I.),
AD Hoc Committee on H.E.A.L.T.H. (Health Education Aligning Lying-ins To Hospitals) Officers and Members with POGS President Dr. Efrén J. Domingo and POGS Vice President Dr. Milagros T. Jocson



The Medical City Institute for Women's Health: Sibol Pinay Project
(from left to right: Institute Director Dr. Zarinah G. Gonzaga, Project Head Dr. Marivic C. Agulto-Mercadal, Community Service Head Dr. Concepcion P. Alfiler, Rotary Club of Pasig 2017-2018 President Dr. Jesus B. Acantilado)



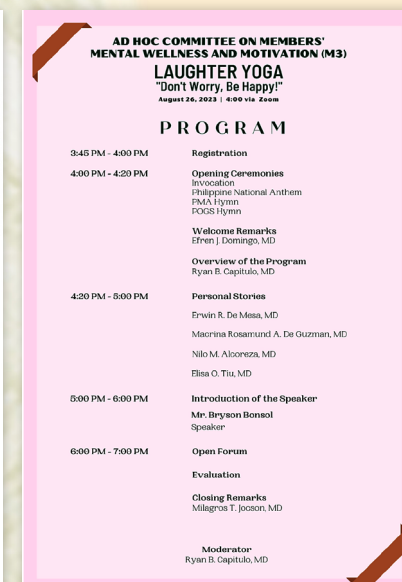
The Medical City Institute for Women's Health: Sibol Pinay Project
(from left to right: Institute Director Dr. Zarinah G. Gonzaga, Project Head Dr. Marivic C. Agulto-Mercadal, Community Service Head Dr. Concepcion P. Alfiler, Rotary Club of Pasig 2017-2018 President Dr. Jesus B. Acantilado)



RCP Multispecialty Lying-in Clinic:
A 3-storey facility located in Sitio Caliuag, Brgy. Pinagbuhatan, Pasig City, with target completion: 4th quarter of 2024

The Ad Hoc Committee on Members' Mental Wellness and Motivation (M#) 2023 ACTIVITIES

The committee conducted the second ME TIME Webinar entitled: "Laughter Yoga: Don't Worry, Be Happy!" held on August 26, 2023 at 4:00PM via Zoom. There were 234 Zoom attendees and 3.2k Facebook Viewers.





Standing /Constitutional/Presidential/Publications

PJOG

Philippine Journal of Obstetrics and Gynecology

Jean Anne B. Toral, MD, MSc
Editor-in-Chief

As part of the 9-point plan of the PJOG for capacity-building for medical editors and reviewers, the Philippine Journal of Obstetrics and Gynecology (PJOG) Editorial Board organized a virtual Technical Peer Review Short Course and Critical Appraisal Workshop last July 8 and July 15, 2023. This was conducted by Dr. Jose Florencio F. Lapeña, Jr., former President of the Philippine Association of Medical Journal Editors (PAMJE). It was an intensive, comprehensive 8-hour short course on the scientific peer review of biomedical research for

referees of protocols and manuscripts submitted for implementation and future publication in peer-reviewed journals. The session had 6 lectures on the first day. What followed was practical application of the process with group work critiquing 2 actual submissions to the PJOG.

The two (2) Saturdays workshop was attended by 38 guest reviewers from the different subspecialty and affiliate societies of POGS and by the Editorial Board members of PJOG.

PJOG is also happy to share with the POGS community that PJOG got its certificate of indexing with active status from the National Journal Selection Committee (NJSC). The NJSC annual meeting was conducted last June 05, 2023. It reviewed the status of Philippine Journals indexed in the Western Pacific Region Index Medicus (WPRIM). PJOG remains indexed with WPRIM for 2023. More work needs to be done as PJOG aims for indexing in the Directory of Open Access Journals (DOAJ) next.



Photo opportunity at the end of the 2 sessions.



As part of the 9-point plan of PJOG also of having editorials and perspective articles by invitation, there have been 2 editorials so far. The topics are very relevant to us obstetrician-gynecologist members of POGS. The first one was written by POGS President Efren J. Domingo on "the obstetrician-gynecologist as a researcher with integrity" (part of the first issue for 2023). This was followed by the editorial co-written by Dr. Maria Lourdes Otayza and Dr. Virgilio Novero, Jr., prime movers of the POGS research agenda, on "developing of a culture of research in the POGS through the POGS Unified Research Agenda" (part of the second issue for 2023). The first perspective article on "Precision Medicine in Gestational Trophoblastic Diseases" was penned by Dr. Agnes L. Soriano-Estrella as part of the special issue of the Philippine Society for the Study of Trophoblastic Diseases (PSSTD). The PSSTD special issue is the first issue by a subspecialty society for the year. PJOG encourages other subspecialty societies under the POGS to come up with their specialty issues as well.

PJOG continues to invite the members, OB-GYN Residents and Subspecialty Fellow-in-Training, and all others with special interest in Obstetrics and Gynecology to submit their original researches, case reports, and other scientific works for publication in the PJOG.

PHILIPPINE OBSTETRICAL AND GYNECOLOGICAL SOCIETY (Foundation), INC.

ANG PANGAKO: GLOSARYO NG OBSTETRICS AT GINEKOLOHIYA

The POGS Filipino Glossary of Obstetrics and Gynecology is one of the flagship endeavors under the PANGAKO Presidential Projects for 2023. It aims to publish a handbook of commonly used Filipino Ob-Gyn terms, primarily for use by our colleagues, to encourage the use of the Filipino language in everyday patient encounters. This endeavor also hopes to develop consistency in the use of various Filipino obstetrics and gynecology terms in scientific paper writing.

The editorial team underwent a whole-day workshop on glossary construction last March. The entries have undergone editing and is undergoing proofreading by our adviser and collaborator Prof. Schedar Jocson, Chair of the University of the Philippines Diliman Department of Filipino and Philippine Literature.

The final draft will be presented to the Board of Trustees for approval. We aim to launch the handbook in the POGS Annual Convention in November and distribute copies to POGS accredited institutions all over the country.



(NCR) National Capital Region



PHILIPPINE OBSTETRICAL AND GYNCOLOGICAL SOCIETY (FOUNDATION), INC.

COMMITTEE ON CONTINUING MEDICAL EDUCATION
in collaboration with **POGS NCR CHAPTER**

in cooperation with **dkt**

NCR CHAPTER CME POSTGRADUATE COURSE
Thursday, September 14, 2023, 9AM,
Novotel Hotel, Araneta Center, Cubao

Thyroid Disorders in Pregnancy
Marjorie I. Santos, MD

HIV in Pregnancy
Florida F. Taladtad, MD

Universal Health Care in the Practice of OB-GYN
Rowena M. Auxillos, MD

AUB in Adolescents
Darlene Minette C. Zamora, MD

Emergency Contraception: What, Why, When, and How?
Maria Carmen Hernandez-Quevedo, MD

REGISTRATION IS FREE

POGS-CME SEPT. 14, 2023 NOVOTEL

POGS NCR Chapter
Post Graduate Course
September 14, 2023, 9:00 AM-1:00 PM
Novotel Hotel, Araneta Center, Cubao



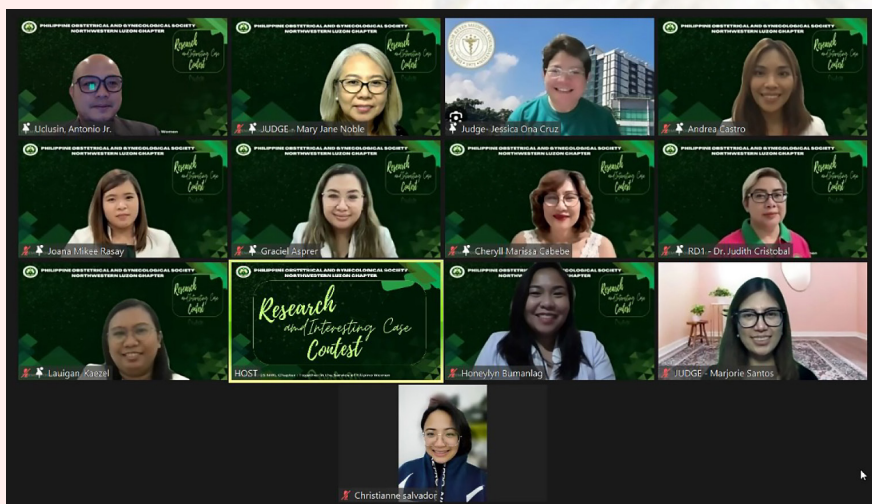


Region 1 - Northwestern Luzon Chapter

Doctors master the art of learning to prepare them with the daily battle of life. Battles that are needed to be fought not necessary for thy self but for the lives of their patients, loved ones, and family. We at the Philippine Obstetrical and Gynecological Society Northwestern Luzon Chapter are passionate and dedicated to continually support the need of our members to learn and relearn. We are happy to disclose that we had 2 webinars, 1 online Postgraduate Course, one Research Contest and one Maternal Morbidity and Mortality Review Conference for the Third Quarter of the year.

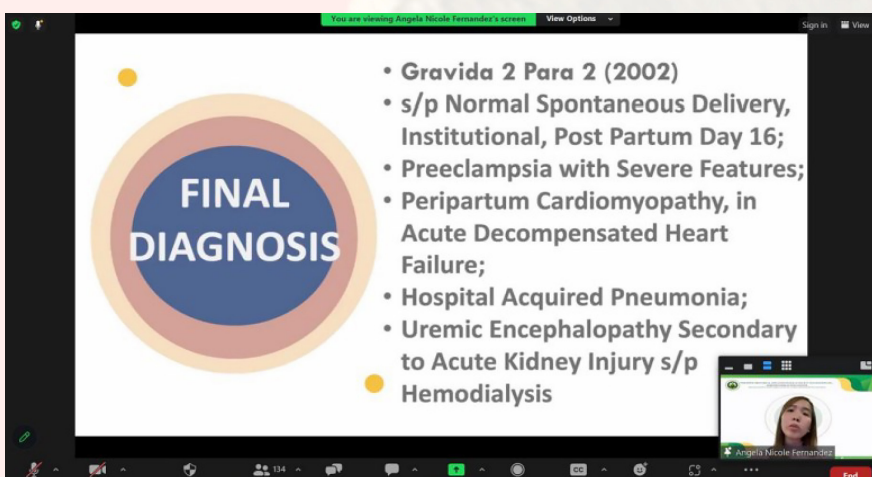
Our Research Contest was held last June 11, 2023 via Zoom interface. It is an annual research participated by the residents from the 5 training institutions of Northwestern Luzon namely Region 1 Medical Center in Dagupan, Pangasinan, Ilocos Training and Regional Medical Center in San Fernando La Union, Mariano Marcos Memorial Hospital and Medical Center in Batac, Ilocos Sur, Baguio General Hospital and Medical Center and Saint Louis University Sacred Heart Hospital in Baguio City. One hundred fifty-one POGS NWL members attended the contest. Headed by Dr. Jessica Ona Cruz as the chairman of the Board of judges, Dr. Marjorie Santos and Dr. Mary Jane Noble, the Research Committee of POGS NWL Chapter were members of the Board of Judges.

Dr. Honeylyn C Bumanglag, MD from Baguio General Hospital and Medical Center, with the title "Vulvar Melanoma in the Elderly Managed with Surgery and Radiotherapy" came first in the Interesting Case Contest. While Dr. Richard G Malicdan also of BGHMC was the First Placer in the Research Contest with the title Pyuria in Cervical Cancer patients undergoing Concurrent Chemotherapy and Radiotherapy.



The Contestants of the Interesting Case Contest and Research Contest last June 11, 2023 via Zoom with the Board of Judges.

The first of the POGS NWL Chapter Maternal Morbidity and Mortality Review Conference was held virtually Via Zoom Interface last July 21, 2023. The case discussant, Dr. Angela Nicole Fernandez, is a Junior Member of POGS NWL Chapter, with reactors Dr. Crispino M. Ibulan Jr. a Cardiologist, Dr. Elizabeth B. Estoesta a nephrologist and our very own Angelica C. Reyna a perinatologist all from from Region 1 Medical Center. The interaction was liven up during the open forum. It was indeed a great display of awesome exchange of ideas that lasted for more than 2 hours. Expectator members were recorded at 152.



Dr. Angela Nicole Fernandez with the comprehensive Discussion of the case which was highly commended by the reactors.



An off-guarded moment during the very interactive discussion of the case moderated by Dr. Humbeline Carreon with Dr. Crispino Ibulan Jr., Dr. Elizabeth Estoesta and Dr. Angelica Reyna during the Open Forum.

Our Annual Postgraduate Course was conducted last August 25, 2023 via Zoom interface attended by 200 POGS members and 47 non POGS Physicians. Professional Regulations Commission awarded 3 CPD points for the said Activity. Two sets of 3 Lectures followed by an Open forum were the highlight of the activity. There were 4 industrial sponsored lectures namely Research on evening Prim Rose oil: Use in OB-GYN by dr. Angela S. Aguilar, The journey of Katy in Choosing the Best Family Planning Method by Dr. Debbie Songco, Setting the New Standard in Oral Contraceptives by Dr. Maria Antonia E. Habana and 6S %Methytetrahydrofolate Unveil the Innovative Approach in Pregnancy and Beyond by dr. Richard Jordias and the 2 lectures were delivered by the very own members of POGS NWL Chapters, Dr. Ryan Joseph B. Liratzan with the topic, Genitourinary Syndrome of Menopause: Underdiagnosed and Undertreated and last but not the less was the lecture on What is New in Cervical Cancer Screening by Dr. Richard Ronald B. Cacho. The Postgraduate Course was headed by the CME Chairman and Vice President of POGS NWL, Dr. Corazon H. Cabading.



The Panelist of the 2023 POGS NWL Chapter Postgraduate course with the Theme: 'Embracing the Emerging Shift of Paradigm in OB-GYN Practice'



The Lecturers, Dr. Angela S. Aguilar and Dr. Ryan Joseph Lirazan with Dr. Anne Nerissa Sanchez during the open forum.



The Lecturers, Dr. Angela S. Aguilar and Dr. Ryan Joseph Lirazan with Dr. Anne Nerissa Sanchez during the open forum.



Region 2 - Northeastern Luzon Chapter

PHILIPPINE OBSTETRICAL AND GYNECOLOGICAL SOCIETY NORTHEASTERN LUZON

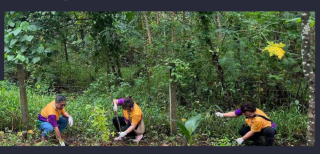
FIRST NATIONAL TROPHOBLASTIC DISEASES AWARENESS WEEK

August 22-25, 2023 | The Philippine Society for the Study of Trophoblastic Diseases (PSSTD) celebrated awareness week with the theme "Kalinga, Kadamay, Katropa". The event highlighted the 1st Gregorio B. Partoride Virtual National Quiz Bowl: Placenta Puzzle via the Quizizz app.



TREE PLANTING ACTIVITY

July 30, 2023 | POGS-NEL tree planting with Dr. Mary Jean Baguioen, Dr. Melchor Dela Cruz Jr., Dr. Divina Gracia Arellano-Ramel, Dr. Alma Marie Tagare, and Dr. Mariefe Dichoso.



CREED VISITS CAGAYAN VALLEY MEDICAL CENTER



"SULONG SA REPRODUKTIBONG PANGKALUSUGAN PARA SA KABABAIHAN"

August 22, 2023 | POGS-NEL dagdag kaalaman sa isinagawang reproductive health seminar sa Cauayan, Isabela.



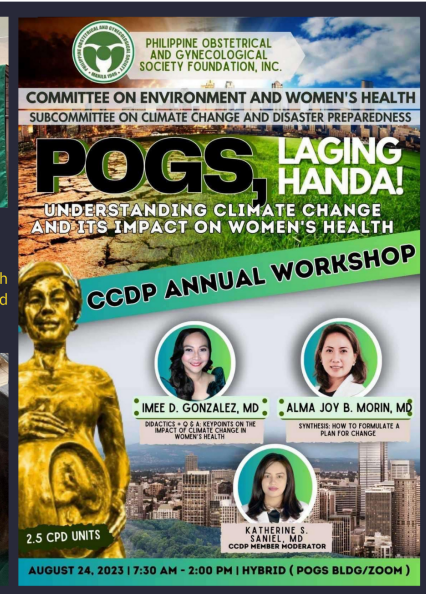
THIRD COMMUNITY SERVICE: MEDICAL AND SURGICAL MISSION

June 16, 2023 | The POGS Community Service Subcommittee in cooperation with Northeastern Luzon Chapter held their 3rd Medical and Surgical Mission at Quirino Province. They offered free prenatal consultations, ultrasound, lay fora, medicines, breast exam, papsmear/VIA & catered more than 300 females in the area.



POGS, LAGING HANDA!

August 24, 2023 | The POGS Environment and Women's Health Subcommittee invites to its Annual Workshop - Climate Change and Disaster Preparedness in a Hybrid format.



PREVENTION IS THE KEY!

Orientation of HPV Vaccination Program by Dr. Manette Reyes-Espinoza to the program implementors of LGU-Isabela and Department of Education. The workshop trained them on how they could use the deck during their orientation with parents as they implement the program.

PHILIPPINE OBSTETRICAL AND GYNECOLOGICAL SOCIETY NORTHEASTERN LUZON CHAPTER

Author: Kathy B. Izon-Caraig, MD, FPOGS

Continued on page

Region 6 – PANAY CHAPTER Third Quarter Activities



SGM Training of trainers at Distric 21 Hotel Iloilo last September 11, 2023 attended by training hospital in Iloilo and Bacolod City. At the right is Dr. Elisa Tiu rendering her lecture.



POGS CME Postgraduate Course for Region 6 was held last September 16, 2023 at Park Inn Hotel, Iloilo. This was successfully attended by 111 OBGYN consultants and residents from all over Panay and Bacolod. Dr. Eleanor Chacon, Chair of the CME Committee giving her welcome remarks.

We conducted our 4th PREPARE run at Oton National High School last September 20, 2023 and was attended by 200 students composed of Grades 10, 11 and 12. Lectures given by our warriors were: Teenage pregnancy, Sexually Transmitted Diseases and How to control emotions (Mental Health).

POGS - STC RDEH COMMITTEE ACTIVITY FOR 2023

Continued from page



d. Receipts

e. Final Poster Submitted to POGS





Region 3 - Central Luzon Chapter

JULY, AUGUST AND SEPTEMBER UPDATES

Maybellene D. Loquellano, MD
Secretary, POGS CLC

Rainy July

On July 18th, amidst the heavy downpour, members of POGS CLC from different provinces in Central Luzon braved the wet roads to Tarlac to attend the monthly lecture series at Kastelo Verde (Cafe Josefina) in Capas, Tarlac. The lectures were given by Dr. Cristina Ditas Decena, Dr. Eileen Manalo, Dr. Maria Estrella Flores and Dr. Jerico Thaddeus Luna. Excited Members flocked in their yellow outfit to learn and have fun.

Games and trivia games were prepared to bring the mood alive in spite of the gloomy weather. Memorabilias of the Aquinos were given away, as well as colorful umbrellas to beat the heat and the rain. To make the travel more worthy, adventurous members who want to explore were given guides and a list of must-see areas in the province.



The Best of August

The 3rd Mortality and Morbidity conference of POGS in cooperation with POGS CLC was held at Heroes Hall of the city of San Fernando in Pampanga last August 2nd with 153 participants all wearing mocha/brown inside their smock gowns.

A case of Pulmonary Embolism entitled "Gone with the Wind" was discussed thoroughly by Dr. Maellen Joyce Alferos- Saldua, a Perinatologist in the region. Reactors from different specialty and subspecialty such as an Interventional Cardiologist, Pulmonologist, and Critical Care Anesthesiologist were invited to shine light in the aforementioned case. POGS National headed by the chair of the Committee on Maternal and Perinatal Welfare, Dr. Ramon Gonzales together with Dr. Rowena Auxillos

and Dr. Ramon Reyes all took part and graced the occasion.

To test our recall and grasp of the topic, Dr. Reyes gave away cash prizes to members who can answer his difficult questions. Everyone went home happy and gained more knowledge in the topic of Pulmonary Embolism.



The AOGIN (Asia Oceania Research Organization on Genital Infections and Neoplasia- Philippines) CME lecture was held at Xenia Hotel Clark Pampanga last August 26th.

Lectures on Paradigm Shift in Cervical Screening and Prevention by Dr. Gladly Maura Facun. Also a lecture on Revisiting Common Gynecologic Infections: Update on Management by Dr. Florida Taladtad were tackled comprehensively for the audience to appreciate and for the eventual use in their individual practice.

Though these lectures were held on a weekend, most POGS CLC members did not let a good lecture pass. It was a well-attended lecture series.



A September To Remember

This event was the final event of POGS CLC for the year to give way to POGS CLC's General Assembly in October in addition to the POGS annual convention in November.

It was held last September 22nd at Widus Hotel in Clark. POGS CLC polo shirt were distributed to all members thru the efforts of our very hardworking leaders Dr. Sonia D. Domingo, our Regional Director and Dr. Mary Karen O. Atanacio, 2023 President. It was big turnout, about 300 of the attending members wore the shirt to celebrate our finale event.

The Lectures of Dr. Ma. Socorro Bernardino on Updates in Cervical Ripening and Micronized Progesterone in OB-Gyne Practice will prove to be very helpful in our healthcare practice.

Trivia Games and "Pera or Bayong" made the atmosphere very festive. All members were very excited with the prizes at stake. It was a full house and everybody was in harmony with what the POGS CLC Officers of 2023 were feeling – happy and thankful that the year of service, struggle and hard-work had come to an end.

The officers of POGS CLC 2023 are very thankful, rejoicing in the small victories and the success we had for the past year. We would like to sign off and here's wishing the incoming officers the best of luck and the best of times for their tenure.



POGS CLC OFFICERS OF 2023

Sonia D. Domingo (RD); Mary Karen O. Atanacio (PRES); Unika Leah C. Angeles (VP); Maybellene D. Loquellano (SECRETARY); Precious P. Sicangco (ASST. SEC); Geraldine B. Enriquez (TREAS); Ronaree S. Agustin-Felix (ASST. TREAS); Fe Victoria Zarate-Pattugalan (AUDITOR); Celeste Mae T. Belmonte (PRO); COUNCILORS: Regina R. Sarmiento (Angeles); Eravelle Nuque-Flores (Bataan); Eileen Alvarez-Flameño and Rusela R. Aldaba (Bulacan); Jessica Leano-Gaoat, (Nueva Ecija); Lianne M. Mendoza (Olongapo-Zambales); Sheena Marie G. Sicat (San Fernando); Jeanette S. Ramos-Adaliga (Tarlac)





Region 4 - Central Luzon Chapter

POGS - STC RDEH COMMITTEE ACTIVITY FOR 2023

Members: Maria Antonietta Fandiño MD (chair), Mavinia Bacolor MD, Aizel Castillo MD, Antonette Estrellado MD, Teodelle Nadal-Pasamonero MD

I. LECTURE SERIES FOR CLINICAL CLERKS AND POSTGRADUATE INTERNS

A. The modernization of industrial development and technology in the last few decades have impacted the everyday lives of the average people all over the globe – from ubiquitous use of plastic bags, disposable medical equipment, to accessible beauty products. Life, indeed, was made easier. However, these changes also brought about global waste problems, climate change and growing medical concerns such as hormonal imbalance, metabolic disorders, neurological diseases, pregnancy complications and even cancer.

In the recent years, two of the most common concerns of Filipinas in the Southern Tagalog Region are hormonal imbalance and metabolic disorders, particularly Polycystic Ovarian Syndrome and Diabetes.

The POGS STC Subcommittee on Reproductive and Developmental Environmental Health aims to tackle this concern by promoting awareness on holistic approach to women's health among our younger colleagues from the Medical Schools in the region. A lecture series on 1. Endocrine Disrupting Chemicals and its relation to Polycystic Ovarian Syndrome and 2. Balanced Nutrition for Women were coordinated with the De La Salle Medical and Health Sciences Institute and Perpetual Help Medical Center Biñan.

B. This project was held in two venues B.1 De La Salle University Medical and Health Sciences Institute, Auditorium 2 College of Medicine B.2 Perpetual Help Medical Center Biñan, Medicine Auditorium C. Time Frame and Resources: a. August 2, 2023 (De La Salle University Medical and Health Sciences Institute) Attended by 209 Clinical Clerks, 57 Postgraduate Interns and 13 POGS-STC consultants and residents practicing from Cavite, Batangas, Laguna. The lectures were delivered by Dr. Maria Delina De Chavez-Nueva (for the lecture on Endocrine Disrupting Chemicals and Polycystic Ovarian Syndrome) and Ms. Jeline Marie Corpuz (for the lecture on Balanced Nutrition for Women). The event was moderated by Dr. Maria Antonietta Fandiño. Opening remarks was delivered by the Dean, Dr. Jaime Pacifico.

b. August 23, 2023 (Perpetual Help Medical Center Biñan) Attended by 28 Clinical Clerks, 7 Postgraduate Interns and 25 Third Year Students together with 12 consultants and 15 residents. The lectures were delivered by Dr. Maria Luisa Tanchoco (for the lecture on Endocrine Disrupting Chemicals and Polycystic Ovarian Syndrome) and Dr. Naheeda Mustofa (for the lecture on Balanced Nutrition for Women). Dr. Ma. Aurora Lazarte gave the welcoming remarks while Dr. Aizel Castillo introduced the speakers. Dr. Maria Antonietta Fandiño moderated the event.

After the lecture, free consultation, Height, Weight and BMI measurement were conducted for the student attendees.

II. DOCUMENTATION/PICTURES a. De La Salle Medical and Health Sciences Institute

a. De La Salle Medical and Health Sciences Institute



b. Perpetual Help Medical Center Biñan



III. EXPENSES

PARTICULARS	PURPOSE	AMOUNT	PAID BY
Packed Food and Drinks (DLSU)	For consultant and resident attendees	sponsored	Exletis
(4 pcs) Stainless Steel Water Bottle from LAZADA	Prize for Q&A with DLSU Students	Php 1,088	Dr. Fandiño
(4) Nature's Apothecary Tea Set	Tokens for speakers	Php 5,036.40	Dr. Fandiño
(4 pcs) Laser Printing	For the Speaker's Certificate of Appreciation	Php 120	Dr. Fandiño
(4 pcs) Certificate holder	For the Speaker's Certificate of Appreciation	Php 176	Dr. Fandiño
1,500 Pesos worth-SM Gift Certificate	As token for Divina Gracia Arceo for the Poster Graphics/Layout and Editing	Php 1,500	Dr. Fandiño
Packed Food (Perpetual Help Biñan)	For consultant and resident attendees	sponsored	DKT
(120 pcs) Bottled Water (Perpetual Help Biñan)	For student and doctor attendees	Php 540	Dr. Fandiño
TOTAL		PHP 8,460.40	

IV. APPENDIX

a. Posters



b. Certificates



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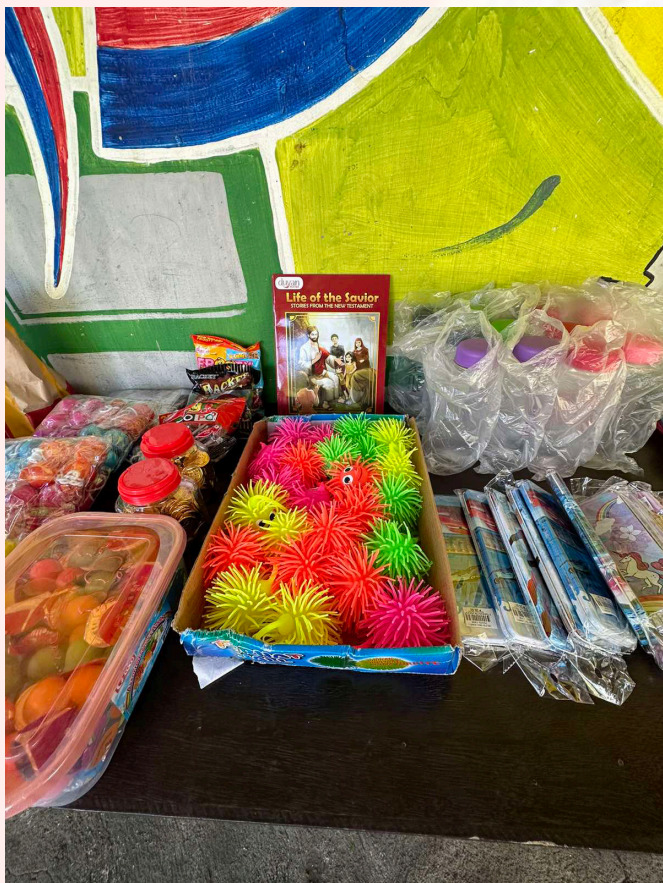
Region 5 - Bicol

Bicol Chapter Update

Ana K. Young Garcia-Sy, MD
Regional Director

Mayon Volcano world-renowned for its perfect cone is one of the more active volcanoes in the Philippines. Last June 8, 2023, the Philippine Institute of Volcanology and Seismology raised the status of Mayon Volcano in Albay to Alert Level 3 after it showed an increased tendency towards a hazardous eruption and displaced tens of thousands of people.

On July 8, 2023, POGS Bicol was able to give food packs and hygiene kits to 110 families in the evacuation center in Bariw Camalig Elementary School for the Mayon Volcano victims. The Children were also entertained with bible storytelling, Tiktok, candies, toys, and school supplies.





Region 6 - Central Luzon Chapter

Region 6 – PANAY CHAPTER Third Quarter Activities

The third quarter activities kicked off with an Interhospital case presentation by Western Visayas Medical Center, entitled “Like Stars on Earth, Every Child is Special”, last June 9, 2023 at Park Inn Hotel Iloilo. The case was about Fetal Compartment Syndrome after performing cesarean section due to shoulder presentation.



The Provincial Health Office of Capiz organized a critical lecture on obstetrical emergencies. They reached out to the POGS Panay President, Dr. Ma. Geraldine Gubatina, to address the municipal health doctors, midwives, and barangay health workers. This lecture aimed to address the increasing cases of maternal morbidity and mortality in the locality. The topics chosen were: Hypertension in Pregnancy, PostPartum Hemorrhage, and Uterine Rupture. This was attended by 102 participants last June 16, 2023 at Circulo Heritage Hall in Roxas City, Capiz.



Last July 11, 2023, the committee on Reproductive Development and Environmental Health (RDEH) conducted a livelihood program in the community of Barangay Sto. Domingo, Arevalo, Iloilo City. The locality was chosen because it was struck by a Tornado early this year and approximately ≥ 40 houses were damaged. The community were taught on how to make Atsara and Flavored Coated Peanuts as an option for their livelihood.

The Residents-In-Service Exam (RISE) was conducted locally by the chapter last July 22, 2023 at Roxas Hall, West Visayas State University-College of Medicine. Forty-nine (49) residents from the five (5) training hospitals in Iloilo City took the examination.



In celebration for August as the “Family Planning Month”, POGS Panay Chapter kicked off the activity with the Department of Health Region 6 at SM City Iloilo Activity Center last August 2, 2023. We also joined the Bureau of Fire Protection Region 6 in conducting a Medical and Dental Mission amongst the community of Indigenous Peoples (Aetas) at Brgy. Lanit, Jaro, Iloilo City last August 17, 2023.



Last August 11, 2023, we had our 4th Interhospital Case Conference which was hosted by Iloilo Mission Hospital Department of Obstetrics and Gynecology at their Medical Arts Building. The presenter, Dr. Marie Shannen Cabillo, presented a case of an Anti-NMDA Receptor Encephalitis

on a Gynecologic patient. Several reactors were invited including a neuropsychiatrist and the activity was attended by all training hospitals in the city.



As part of our fund-raising project, our chapter president came up with a workshop program entitled “Remastering OBGYN Skills”. The workshop aimed to enhance the proficiency of our members in various techniques and procedures among five (5) different skillsets: a) manual vacuum aspiration, b) LNG-IUS insertion, c) Vacuum delivery, d) Self-locking knot techniques, and e) Subdermal contraceptive implant insertion. Five (5) different resource persons were invited and were assigned to each skillset to guide and teach our members on how to do the procedures. Members were divided equally to five (5) groups and they were exposed to each skillset for an hour for hands-on training. We engaged in partnerships with pharmaceutical firms to secure necessary supplies. Additionally, we worked together with the Family Planning Division of DOH Region 6, who supplied us with Implanon kits. Each workshop participant had the opportunity to perform real insertions on eligible patients, as we successfully identified suitable candidates for the workshop. The productive workshop took place on August 26, 2023, running from 8:00 Am to 4:00 PM, and was hosted at the Roxas Hall with the West Visayas State University College of Medicine.

Pictures during the “Remastering OBGYN Skills.”



POGS Panay Officers 2023 with POGS BOT Dr. Ma. Maureen Fortuna, Regional Director-Region 6 Dr. Rey Felicissimo Castillo, POGS Panay President Dr. Ma. Geraldine Gubatina with our guest Dr. Carmen Quevedo as a resource speaker for the Manual Vacuum Aspirator



Vacuum Delivery with resource speaker Mr. Jed Matthew Adriano from One Pharma Pharmaceuticals.



Self-locking knot technique with Dr. Ma. Lora Tupas as resource person with Ethicon (Johnson and Johnsons).



Manual Vacuum Aspiration with Dr. Ma. Carmen Quevedo as resource person with DKT.



LNG-IUS (Mirena) Insertion with Dr. Ma. Maureen Fortuna as resource person and Bayer as sponsor.



Dr. Patricia Tobias with engaged participants for Implanon insertion to an actual client.

We hosted several activities of POGS (Foundation), Inc. First is the POGS Sexual and Gender Minorities Training of Trainers last September 11, 2023. This was participated by 47 members from different training institutions in Region 6 (Iloilo City and Bacolod City). Second, the Committee on Continuing Medical Education conducted a Postgraduate Course in Obstetrics and Gynecology last September 16, 2023 at Park Inn Hotel Iloilo. This was successfully attended by 111 members. Another upcoming activity will be the 5th Morbidity and Mortality Conference on September 22, 2023 at Richmond Hotel, Iloilo. The title of the conference is “The Deepest Breath” and will be presented by Dr. Nicole S. Austria, FPOGS from Iloilo Doctors Hospital.

Continued on page



Region 8 - Central Luzon Chapter

2023 POGS Community Service in ORMOC CITY

Ryan Cris C. Jordan, MD
POGS Region 8

The Philippine Obstetrical and Gynecological Society (POGS) conducted community service to Ormoc District Hospital last August 4-6, 2023. A total of 572 women from Ormoc and its nearby towns (Kananga, Albuera, Matag-ob and Merida) received different services such as Prenatal and Gynecologic consultation, Cervical Cancer Screening, Ultrasound scanning, and Surgical Mission (Gynecologic Cases).

The activity commenced with a mass and a short program held at Ormoc District Hospital Entrance Lobby. A welcome message was given by Dr. Maria Liza Tanala- Bitgue, the Chief of Clinics of the hospital. This was followed by an opening remarks from the POGS National President, Dr. Efren J. Domingo. The participants of the community service were introduced by Dr. Julie Ann Canson, the POGS Region 8 President.

Dr. Sherri Ann Suplido, the Chair of POGS National Committee on Community Service gave an inspirational message. She emphasized the importance of the activity to the community and society and how we should find joy in giving service to others. Together with Dr. Suplido are Members of the Committee on Community Service; Dr Agnes S. Estrella, Dr. Maria Virginia S. Abalos, Dr. Melchor C. dela Cruz, Dr. Manuela T. De Jesus and Dr. Wilhelmina A. Mercado.

An orientation and overview of the 3-day activity was given by the POGS Region 8 Director, Dr. Mina Sirikit Tagra, followed shortly with the presentation of cases for the surgical operation by Dr. Iris Monsanto, the chairman of the OB-GYNE Department of Ormoc District Hospital.

Simultaneous activity were also done during the event. A lecture entitled "Pamilyang Planado, Pamilyang Panalo" was delivered by Dr. Agnes Estrella. She presented the different methods on Family Planning which draws the interest of our participants especially those who are planning to limit their children.

The Committee on Patient Safety and Quality Healthcare, spearheaded by Dr. Ryan B. Capitulo, Dr. Eleanor A. De Vera, Dr. Honorata Lalaine P. Burog and other committee members, conducted a workshop on Team Strategies and Tools to Enhance Performance and Patient Safety (TeamSTEPPS). Participants of the workshop were nurses and midwives from Ormoc District Hospital and nearby Rural Health Units and Birthing Facilities. The workshop aims to provide higher quality, safer patient care and to create and sustain a culture of safety from the health care professionals.

The Committee on Breast Health and Breast Cancer Awareness conducted a lecture about Breast Self Examination, Red Flags during Clinical Breast Examination, and Breast Cancer Screening given by Dr. Julie Ann Canson, Dr. Maris Yap Garcia and Dr. Chicanee Alvarina respectively. The lectures emphasized the importance of early detection, screening and prompt treatment.

The activities concluded with awarding of certificates to our participants, volunteers, sponsors, Municipal Health Officers, Participating Local Government Units and their Mayors, Members of POGS Region 8, The Committee on Patient Safety and Quality Healthcare, Ad Hoc Committee on Breast Health and Breast Cancer Awareness and the Committee on Community Service. A closing message was given by POGS National Vice President, Dr. Milagros T. Jocson, signifying the end of the productive and significant 3 day Community Service.



Region 9 - Western Mindanao Chapter

“Progressing to a Greener and Safer Western Mindanao”-

Maryam-Lizbeth Lee-Sahijuan, MD

The Committee on Climate Change and Disaster Preparedness of POGS Western Mindanao spearheaded several activities for 2023 with its theme “Progressing to a Greener and Safer Western Mindanao” to emphasize the importance of loving our environment for the future of this generation. The activities included tree planting, “Trash for Hope” and distribution of rice among fire victims in Asinan. ZC.

On July 2, 2023, a tree planting activity was conducted in Barangay Lumayang, Zamboanga City. Several POGS WM members and third year medical students of WMSU College of Medicine (WMSU CM) participated in the tree planting activity. Dr Mohammad Khasim Abdulmajid, the dean of WMSU College of Medicine and Dr Jaybee Bazan, the dean of ADZU School of Medicine were also

present during the said activity. The plants/ seedlings were donated by Zamboanga City Medical Center thru the Medical Center Chief Dr Afdal Kunting. 100 plants/ seedlings of different varieties were planted such as toog, katmon, ditas, kalantas, malabulak, bani, excella coffee, akleng parang, antipolo, Talisay native and dao.

On July 29, 2023, POGS WM CCDP in coordination with WMSU College of Medicine, City Health Office, Zamboanga City and Bgy Labuan conducted a “Trash for Hope” activity at Labuan Bgy Hall, Zamboanga City. The activity was named “Trash for Hope” because it is the aim of the committee that this simple act of goodness will bring hope and brighten someone’s life. It is also the aim of this activity to increase the awareness of mothers and their children on proper waste segregation

and disposal. Hence, the participants were mothers and their children in Bgy Labuan.

The activity started with an Opening Remarks given by the POGS Regional Director, Dr Jennifer Araneta. It was followed by Messages from the Medical Officer IV of Bgy Labuan, Dr Hussein H Sahijuan III and the Barangay Captain of Labuan, Captain Ronald O. Maravilla. A lecture on proper waste segregation and disposal was conducted by Ian Miguel Lumacad, a 2nd year medical student of WMSU CM to the said participants. Part of this program was the exchange of collected non biodegradable wastes to a maximum of 3 kilos of rice per participant and slightly used clothes or toys. The rice, toys and clothes were donated by kind hearted doctors and individuals. The Closing Remarks was given by the Chair of the CCDP Committee, Dr Maryam- Lizbeth

Lee- Sahijuan. Also present during the said activity were: Councilor for Health Kagawad Leleng Sanaani, Labuan District Health staff namely Ms Gina Ailani, Ms Titing Gaurana and Mrs Vicky Balala. The Dean of WMSU College of Medicine, Dr Mohammad Khasim Abdulmajid and the 2nd year medical students of WMSU CM were also present.

The Committee on Climate Change and Disaster Preparedness (CCDP) POGS WM also distributed 5kgs pre packed rice to the fire victims in Asinan, Kasanyangan last August 5, 2023. The distribution of rice was done in HRT Medical Clinic. A total of 108 families were given rice including a health worker and a staff of HRT whose house was also destroyed by the fire.

These and more are the activities of the CCDP committee for the year 2023.

TREE PLANTING



TRASH OF HOPE



FIRE VICTIMS





Region 10 - Northern Mindanao Chapter

Ann Carmel B. Buaquina, MD

POGS10 celebrated its 33rd Foundation Day last July 10, 2023 through a Hybrid Platform with the theme, “Thriving, Leading and Serving Women Towards Excellent Health and Empowerment”. The face to face meeting was held at Fat Chef Restaurant, Cagayan de Oro with 39 members who attended face to face and 78 members joined through Zoom platform. This activity was headed by Dr. Tricia Sabanal, one of the POGS 10 Board of Trustees. Highlights of the program were the following: reminiscing POGS 10 History by Dr. Jana Joy R. Tusalem, Inspirational Messages by Dr. Christia S. Padolina and Dr. Leah Louise V. Justiniano. A video paying tribute to the past Regional Directors and Chapter presidents of our chapter was very heartwarming.

One unforgettable activity that POGS 10 is proud of is the Community Service rendered to the women from the provinces of Lanao del Sur and Lanao del Norte. This was held at Amai Pakpak Medical Center in Marawi City last July 13-16, 2023. This project was headed by Dr. Sittienor G. Casib, with the guidance and direction from our hardworking Regional Director, Dr. Maria Imelda P. Carbajal. We are truly grateful for this project, which was an initiative from our mother society, headed by Dr. Sherri Ann Suplido with the support of our POGS Board Secretary, Dr. Leilani C. Chavez-Coloma. This was joined by 10 POGS National guests, 127 POGS 10 members; 38 from Cagayan de Oro, 4 from Bukidnon, 3 from Butuan City, 1 from Surigao, 12 from Iligan, 4 from Ozamiz, 17 from Marawi, and with 35 Residents from APMC, NMMC, and MRH. At least 1000+ Maranao women were fortunate to receive their much needed free healthcare: Menopause lay fora with 110 participants, POGS Breast Awareness Launching with 140 participants, Patient Safety Workshop with 200 nurses and midwives from Lanao province. There were 533 patients served at the OPD service which included prenatal and ultrasound, family planning, cervical cancer screening. Family planning lectures for Healthcare workers with 180 participants was likewise conducted. A total of 60 patients benefited with free gynecological surgeries, significantly decreasing the burden in Lanao. We are thankful for the unwavering financial assistance and incredible support and hardwork of



NORTHERN MINDANAO CHAPTER

invites you to
2nd Maternal Morbidity and Mortality Conference

Overt Diabetes Mellitus Type 1 in Pregnancy

**September 23, 2023 (Saturday)
4:00-6:00 PM**

Karen Loretta T. Chaves, MD, FPOGS, FPSUOG
Obstetrician-Gynecologist, Ultrasound Subspecialist
Case Presenter and Discussant

Gerard Ian B. Tan, MD, FPCP, DPCEDM
Endocrinology, Diabetes and Metabolism
Reactor

Santino Miguel M. Pepito, MD, FPCP, DPSN
Adult Nephrology
Reactor

Awarding Of Certificates
Dr. Quennie S. Quino, President, POGS Region 10
Dr. Marydee P. Lata, Asst. Secretary, POGS Region 10



our partners: Dr. Shalimar Sani Rakiin, APMC Medical Director, Mayor Majul Usman Gandamra and Dr. Princess Pala Amera Lanto Gandamra, Mayor and First Lady of Marawi City together with the Local Government Unit of Marawi City and the Government Unit of the Province of Lanao del Sur

On August 12, 2023, we had our first Maternal Morbidity and Mortality Conference for this year via Zoom. The topic was discussed by Dr. Achim Medulla, entitled “Preeclampsia with Severe Features (Pulmonary congestion)”. Reactors were Dr. Richmond Ceniza (Pulmonologist), Dr. Nasiba Daud (Adult Clinical and Interventional Cardiologist) and Dr. Ann Carmel Buaquina (Maternal Fetal Medicine Specialist). The discussion was moderated by Dr. Bea Tauli with the committee head, Dr. Sharon Galagnara.

On August 26, 2023, the committee on Mental Health headed by Dr. Marie Kathleen Meso had an activity at St. Mary's Academy of Carmen. Theme of the activity was “Mental Wellness in the Workplace”. A pre-recorded video for the mental health awareness was shown. A lecture on Anxiety and Depression at Work and How to cope up with it by Dr. Jose Coruna Jr. There were 50 participants from the school. A Zumba session followed.

On September 30, we had our Residents' Interesting Case Contest at Malberry Suites. This project was headed by POGS 10 Vice-president, Dr. Cyril Tingne. First place was Dr. Emerald Holly B. Taco from MHARSMC, with the case entitled, “A Rare Case of Ovarian Serous Cystadenoma in a Patient with Undiagnosed Mayer-Rokitansky-Kuster-Hauser Syndrome”. Second place was from Dr. Site Maryam L. Dimaporo from APMC, with the case entitled, “Primary Vaginal Malignant Melanoma: a Case Report”. Third place was Dr. April Kattia Aya-ay Hipona from NMMC with the case entitled, “A Rare Case of Uterine Embryonal Rhabdomyosarcoma in a 58 year old woman”.

Our POGS 10 family is strong and continues to move forward together as one in rendering service to the women of Region 10 especially to the underprivileged. With the spirit of the Sarimanok in our hearts, giving the best healthcare to the women in our region remains our top priority.



Region 11 - Southern Mindanao Chapter

POGS SMC UPDATES

Concepcion D. Rayel, MD
Regional Director

In **JULY** of this year :

Our SMC RDEH Committee initiated a tree planting activity in Igacos, Davao and also donated 50 Narra seedlings. The Chapter RH team promoted women's health by sponsoring a morning physical activity for POGS members and the community. A surgical mission was undertaken in Pantukan, Davao de Oro for women with POP from Mati, Tagum and Panabo areas. The National Maternal and Perinatal conference initiated by the team of Dr. Ramon Gonzalez was a learning experience for all. A Case of Postpartum HELLP Syndrome with sub capsular Liver Hematoma was discussed by a perinatologist, a hematologist and a hepatobiliary surgeon. On the same day, our chapter also celebrated the 33rd founding anniversary, graced by past POGS President Raul Quillamor, with presentations from Cotabato City, Digos - Kidapawan, Sultan Kudarat - South Cotabato, General Santos and Panabo-Tagum- Mati areas. We relieved the history of the chapter and recognized the leaders who steered SMC to what it is today with 297 active members. A community outreach was organized by the Digos - Kidapawan group in Tulunan, North Cotabato to serve the women of the area.

In **AUGUST**:

The POGS SMC team joined the Halad foundation and SPMC for a surgical mission to Jolo, Sulu for Gyn procedures. The National SOGIE Team led by Dr. Ame Lopez and Dr Elisa Tiu had a very successful, well attended, greatly appreciated workshop. Another surgical mission was undertaken in Cotabato Regional Hospital particularly, MIS and Urogynecologic procedures plus Colposcopy and Biopsy. The community service in Maguindanao Provincial hospital was a touching experience as it was the first outreach in the hospital for POGS. RISE review for our residents in training was initiated by POGS SMC to prepare our trainees from Regions 9-10-11 and the Panay Chapter. The month ended with a CME run led by the Committee of Dr. Leny Chacon with 186 attendees.

In **SEPTEMBER**:

Discussants from POGS SMC presented cases for the Bioethics Forum. The chapter also assisted CREED for the smooth conduct of the Residents in Service Exams at the Davao Medical School Foundation Amphitheater. The RH team headed by Dr Maureen

Fortuna is scheduled to hold a morning workshop for R11 members, afternoon AHIP and PREPARE sessions for approximately 1200 High school students and VAWC, CERVICAL CANCER PREVENTION sessions with parents - teachers, followed by VIA. The Research forum headed by Dr. Rommel Dueñas will hold a 2-day workshop for preselected members involved in training as well as representative residents. The Patient Safety and Quality Health Care Committee - Root Cause Analysis Workshop will be undertaken virtually by the committee of Dr. Ryan Capitulo at the end of the month.

In **OCTOBER**:

The chapter will observe Menopause Day celebrations for the community. A joint POGS SMC and Davao City Health office project is scheduled for 40 women desiring free Sterilization / Bilateral Tubal Ligation. The locally initiated Residents Interesting Case Contest as well as the Research contest will be undertaken.

We commend the leaders and members of our different working committees as well as our very supportive members. **SULONG POGS!**



Continuing Medical Education



Maternal and Perinatal Conference



SOGIE Workshop



Region 11 2023 Regional Director and Officers



Region 11, POGS SMC caring for the environment



Surgical Mission, Cotabato Regional and Medical Center



POGS SMC Outreach, CRMC



(AGSPI) Aesthetic Gynecologic Society of the Philippines Inc.

Marie Victoria Cruz-Javier, MD

The Aesthetic Gynecologic Society of the Philippines Inc. (AGSPI), true to its vision of being a leader in initiating and promoting surgical and non-surgical innovations in aesthetic gynecology in the Philippines and its mission to create a positive impact on the woman's quality of life by: providing continuing medical education and skills-enhancement activities, and to promoting teamwork and unselfish collaboration by sharing knowledge and expertise with fellow members, has successfully conducted a hands on course and will host an international congress for 2023.

Last May 25-28, 2023, the AGSPI in collaboration with World Academy of Regenerative & Aesthetic Gynecology (WARAG) conducted a live surgical and non-surgical aesthetic gynecology hands-on course at Keralty Gateway Clinic in Quezon City conducted by our local AGSPI officers as well as international experts: Dr. Rashad Haddad and Dr. Amr Seifeldin. Ob Gyn's from Metro Manila and as from Visayas and Mindanao attended the

workshop. Participants were very pleased with the course and educational value brought about by the event. Comments about the course were "I like that all surgeries are monitored closely. Everyone of us were given a chance to perform each operation. Overall, I would highly recommend this course."

This coming November 24-26, 2023, AGSPI in cooperation with International Aesthetic and Gynecologic Congress (IAGC), American Aesthetic Association (AAA), American Board of Cosmetic Gynecology (ABCG) and the American Board of Aesthetic & Regenerative Medicine Surgery (ABARMS), will have its First Asia Pacific Cosmetic Gynecologic Congress on November 24-26, 2023 at the Makati Diamond Residences. We have invited distinguished speakers in the various subspecialties of the field, from some of the world's leading medical institutions.

It is our hope to continue these activities as to promote education, skills training and awareness in the emerging field of aesthetic gynecology.

WARAG
WORLD ACADEMY OF
REGENERATIVE & AESTHETIC GYNECOLOGY

AESTHETIC GYNECOLOGIC SOCIETY OF THE PHILIPPINES, INC.

**LIVE PATIENTS
SURGICAL & NON-SURGICAL
AESTHETIC GYNECOLOGY
HANDS-ON COURSE**

**MAY 25-28, 2023
PHILIPPINES**

Keralty





POGS-CLC Holds 2023 CME in Collaboration With AOGIN

Mark Antonio, MD

More than a hundred members of the Philippine Obstetrical and Gynecological Society-Central Luzon Chapter (POGS-CLC) attended the 2023 AOGIN Medical Education on 26 August 2023 at the Xenia Hotel, Clark despite the inclement weather. This goes to show that the members' commitment to medical innovation and advancement can take place no matter what the circumstances are.

This year's Continuing Medical Education (CME) was made possible through the collaboration of POGS-CLC with the Asia-Oceania Research Organisation on Genital Infections and Neoplasia (AOGIN)-Philippines, an organization that envisions reducing the burden of disease caused by reproductive tract infections, especially HPV, in the Asia, Oceania and Pacific region.

The CME session highlighted two topics that aim to provide updates on managing gynecologic infections and caring for women's reproductive health.

The first part, entitled "Paradigm Shift in Cervical Cancer Screening and Prevention, was facilitated by Dr. Gladdy Maura G. Facun, Chair of the Department of Obstetrics and Gynecology of Tarlac Medical Center.

Dr. Facun extensively discussed HPV testing as the new recommendation in cervical cancer screening. Apart from this, she also presented the utility of the old screening methods such as Papsmear and visual inspection with acetic acid (VIA). The insights and recommendations she has provided about the advantages and clinical application of these methodologies served as a welcome development for practitioners to innovate and develop further their practices in the field.

Commented [MA1]: Dr. Facun extensively discussed the new recommendation in cervical cancer screening which is primary HPV testing. She also discussed the utility of the old screening methods, the Paps smear and visual inspection with acetic acid (VIA). Through her lectures, the attendees were able to understand the rationale and advantages of the new screening methodology. She was also able to discuss the clinical application of different screening methodology in our local practice.

The second part of the CME was facilitated by an assistant professor at the University of the Philippines College of Medicine and Consultant at the Philippine General Hospital Department of Obstetrics and Gynecology, Dr. Florida F. Taladtad, with the topic Revisiting Common Gynecologic Infections: Updates on Management.

Dr. Taladtad's segment was a high-yield review and masterclass on the very broad topic of Genital Infections. She was able to pack in basic but extremely important information and clinical pearls helpful in clinical practice. Her lecture served as a very good review for our residents-in-training as well.

An industry-sponsored lecture on the utility of oral contraception was given by Dr. Ana Dy Echo who also gave time answering questions regarding OCPS and its effects on HPV and genital infections.

Following the series of lectures was the forum where participants shared their

insights and asked questions related to the topics discussed. Interesting clinical problems were also brought up which made the discussion more fruitful and helpful to practitioners, residents, and medical students. The forum was moderated by, yours truly.

Present in the event are the key persons behind this initiative's success, Dr. Sybil Lizanne R. Bravo (President, AOGIN-RP), Dr. Filomena S. San Juan (Vice Commented [MA2]: This was a high-yield review and masterclass on the very broad topic of Genital Infections. Dr. Taladtad was able to pack-in a lot of important basic information and clinical pearls that are very helpful in our clinical practice. Her lecture also served as a very good review for our residents-in-training.

President, AOGIN-RP), Dr. Mary Karen O. Atanacio (President, POGS-CLC), and Dr. Sonia C. Domingo (Regional Director, POGS-CLC).

Over the years, AOGIN-RP has shown extensive support to initiatives that aim to uplift the lives of Filipino women through accessible reproductive health services and education. The POGS-CLC continues to collaborate with AOGIN-RP to create bigger platforms to promote its advocacies for reproductive health and women's health.

"The POGS-CLC continues to collaborate with AOGIN-RP to create bigger platforms to promote its advocacies for reproductive health and women's health."



(PIDSOG) Philippine Infectious Disease Society for Obstetrics and Gynecology

Going Far Together: The PIDSOG and POGS Negros Occidental Chapter Maternal Immunization Initiative

Maria Lorena L. Santos, MD, MDM, FPOGS, FPIDSOG

In recent times, a compelling demonstration of community collaboration has showcased the transformative power of collective effort. Embarking on an exceptional health initiative, the Philippine Infectious Disease Society for Obstetrics and Gynecology (PIDSOG) in collaboration with the Philippine Obstetrical and Gynecological Society Negros Occidental Chapter (POGS-NOC) led an inspiring charge towards better maternal health outcomes, offering free maternal immunization in the community. This initiative, focusing on flu and Tdap vaccines, demonstrates the living testament of the African proverb, **“If you want to go fast, go alone; if you want to go far, go together.”**

In the fast-paced, ever-evolving medical world, expedited solutions often take precedence. Healthcare providers are frequently faced with the pressure of time, needing to act quickly and independently to handle imminent issues. However, the PIDSOG and POGS Negros Occidental collaboration underlined the fact that to create lasting, sustainable change, a more inclusive, collective approach is key. The success of the recently held community service initiative didn't merely lie in the provision of essential healthcare services but in the unity and harmony that spearheaded its execution.



The cornerstone of this collaboration was the shared vision for better maternal and neonatal health. The concept of ‘going far together’ was exemplified in the strategic planning and careful coordination of resources, manpower, and logistics. It was not about merely providing immunization quickly, but about ensuring that it was accessible to the most vulnerable sections of the community and promoting awareness of its importance.

The PIDSOG-POGS Negros Occidental Chapter partnership demonstrated that together, they could reach more people, create more significant impacts, and ultimately foster a healthier community. The benefits of the joint venture extended beyond the act of providing vaccines. The collaboration also brought about a heightened sense of community spirit, social responsibility, and mutual support. Their dedication and commitment to improving maternal and fetal health have truly made a significant impact on the lives of countless expectant mothers. By working together, they were able to ensure that these vulnerable women received essential vaccinations to safeguard their health and the well-being of their unborn children.



Indeed, the widespread success of the initiative could not have been achieved by one organization alone. The logistics, administration, and sheer scale of the project necessitated a joint effort. A significant outcome was that thousands of women in the community could now enjoy the benefits of essential immunization, protecting themselves and their babies from potential health risks. Additionally, the immunization drive also heightened awareness about the importance of such preventive healthcare measures, encouraging community members to take proactive steps in managing their health.

In the wake of the PIDSOG and POGS Negros Occidental Chapter's exemplary initiative, it is clear that community collaborations are not only beneficial but essential. They provide a beacon of hope in an often fragmented world, illustrating that when we choose to go far together, we invariably end up creating more substantial, lasting impacts than we ever could alone. The maternal immunization drive stands as a testament to the powerful alliances that can be formed in service to community health, and the extraordinary distances they can take us. The success of this endeavor reinforces the notion that “no man is an island.” It is only through the collective efforts of dedicated individuals and organizations that we can create a positive impact on the health and well-being of our communities.





September 4, 2023



PHILIPPINE SOCIETY OF CLIMACTERIC
MEDICINE, INC

Empowering Women's Wellness and Longevity in the Climacteric : A Journey of 30 years and beyond



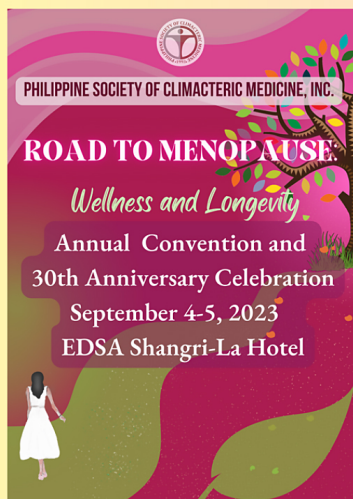
From the editorial of the PSCM Newsletter 2023

For the past three decades, The Philippine Society of Climacteric Medicine has been at the forefront of supporting women's health during the transformation phase of menopause. With a rich history of 30 years, the PSCM has been dedicated to empowering our colleagues especially the gynecologists and providing them with the necessary resources, knowledge and guidance to help our female patients navigate the challenges and embrace the opportunities that menopause brings.

This year, as we celebrate our 30th anniversary, the PSCM focuses on the theme of wellness and longevity in the menopause, recognizing the holistic well being during this significant and challenging stage of a woman's life.

The PSCM has been a beacon of support and empowerment for women experiencing the symptoms of menopause for the past 30 years. through their unwavering commitment to promoting wellness and longevity in the menopause they have transformed countless lives, helping women embrace this stage with confidence, vitality and a renewed sense of purpose. As we look to the future, it is clear that PSCM will continue to be a vital resource, advocating for health and well-being of the aging females, and ensuring that menopause is recognized not as an ending, but a new beginning filled with endless possibilities

- Marinella Agnes G. Abat, MD



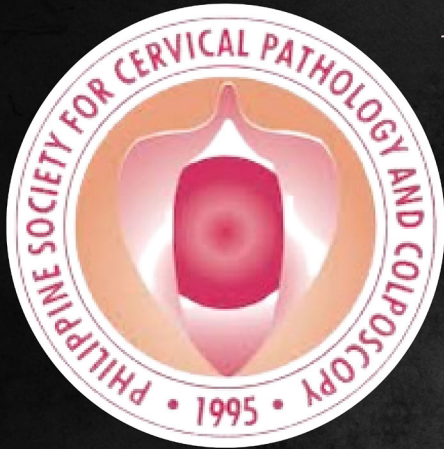
We would also like to welcome our 92 new members who were inducted into the society last September 4, 2023 with Dr Lourdes Capito as Inducting Officer during the awesome and ageless fellowship night

Congratulations to Dr. Agnes Soriano-Estrella and the organizing committee of the 30th anniversary celebration for a very successful convention





(PSCPC) Philippine Society for Cervical Pathology & Colposcopy



Philippine Society for CERVICAL PATHOLOGY & COLPOSCOPY

Patriotism Solidarity Camaraderie Peace Loving Compassion

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MISSION

To set the standards of care in the prevention and treatment of cervical cancer and other anogenital tract diseases.

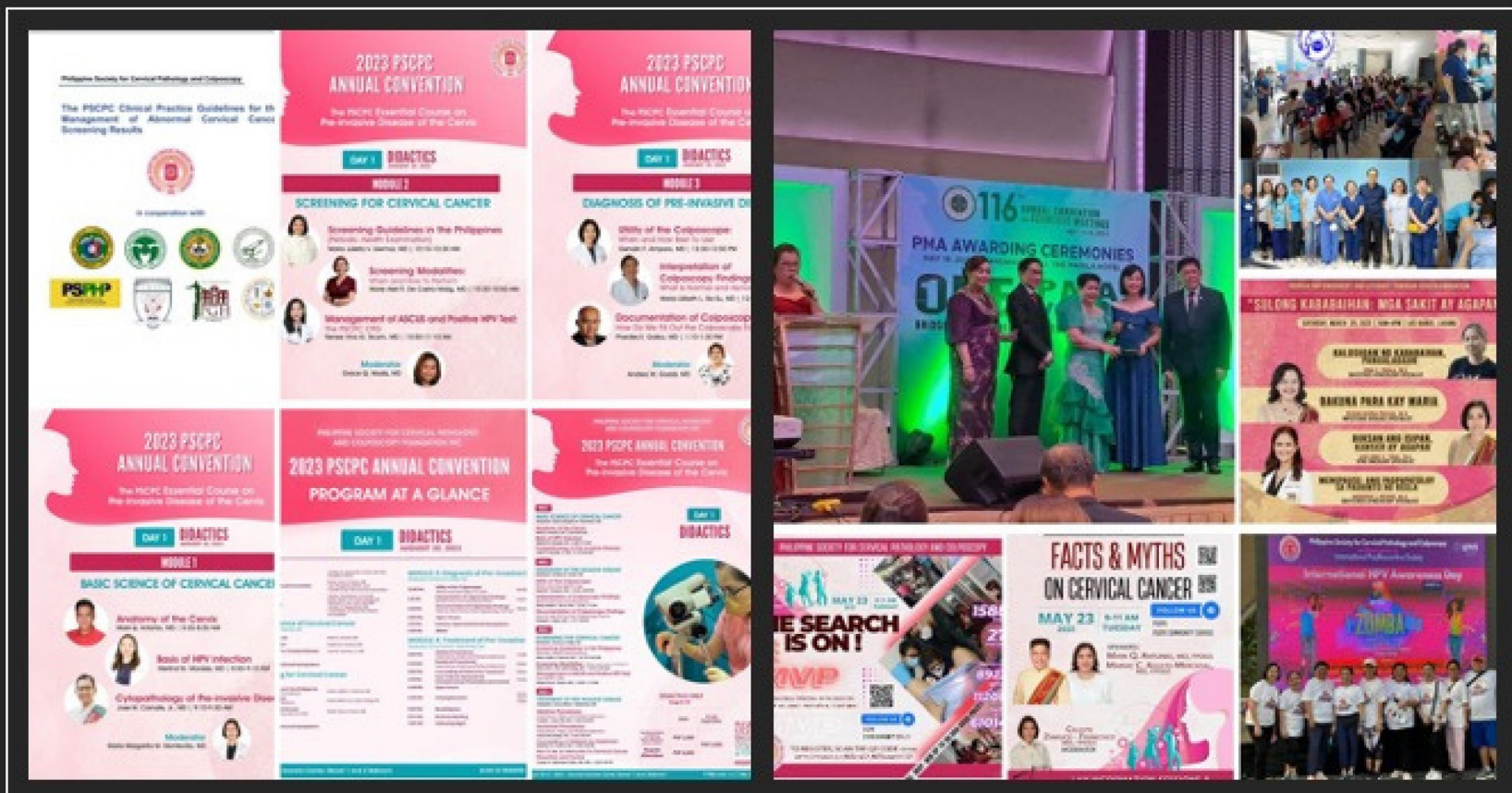
To maintain national and international organization relations related to the discipline.

To promote the welfare of the membership.

To conduct community service activities.

VISION

To be at the forefront in decreasing the incidence, morbidity and mortality of cervical cancer and other anogenital tract diseases among Filipino women.





(PSGE) Philippine Society for Gynecological Endoscopy

Author, MD
Position

POGS newsletter Sept 2023. By Dr. Leedah Ranola-Nisperos and Dr. Regina Paz Tan-Espiritu,

The Philippine Society for Gynecologic Endoscopy (PSGE) held its face to face Annual Congress entitled “Gearing Up for the Advances in MIGS” last July 12-13, 2023 at Edsa Shangri-la Hotel attended by 300 registrants. The congress hosted a comprehensive program with lectures on relevant topics in the field of Gynecologic Endoscopy.



Lectures from our different esteemed faculties.

The first face to face congress after the pandemic attended by 300 delegates.



Our International speakers: fr Left to right: Prof. Felix Wong (Hong Kong), Prof. Arnold Wattiez (France) and Prof Chyi-Long- Lee (Hong Kong)

The Congress featured the Fellowship Night’s “RETRO PARTY” filled with music, laughter, and camaraderie activities.



Last Aug 15, 2023, the society held its 3rd training summit at Novotel Manila Araneta, Cubao, Quezon City with the BOT and past presidents presided by Dr. Regina Paz Tan-Espiritu, the current PSGE president. The goal of the summit is to revise and update the training manual of the society to address the current needs of our members and applicants..



Philippine Society for Gynecologic Endoscopy 2004

ANNUAL CONGRESS AND 19TH ANNIVERSARY CELEBRATION

GEARING UP FOR THE ADVANCES IN MIGS

12-13 JULY 2023

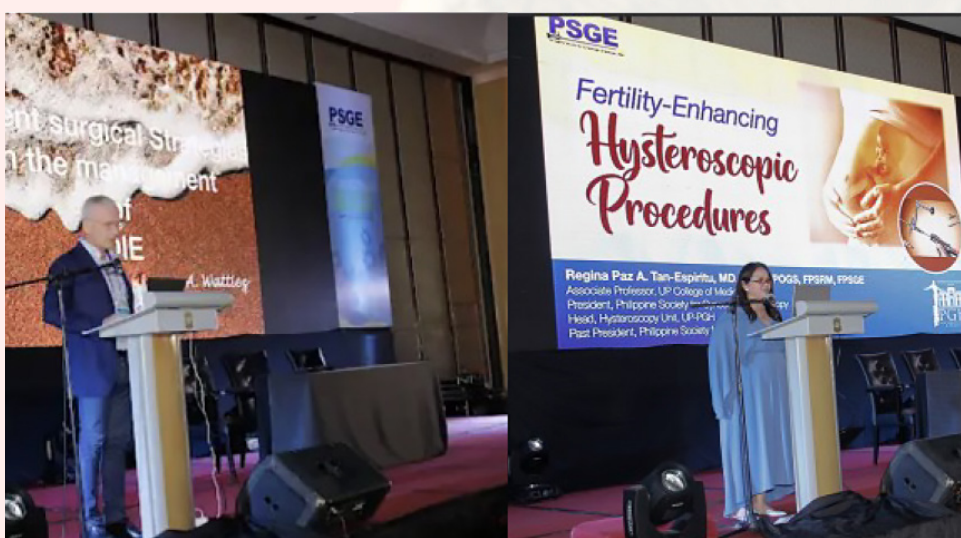
EDSA SHANGRI-LA HOTEL

SAVE THE DATE

	ON OR BEFORE JUNE 15	AFTER JUNE 15	ON-SITE
PSGE MEMBER	6,000	7,000	8,000
NON-MEMBER	7,000	8,000	9,000
IN-TRAINING	5,000	6,000	7,000

For inquiries, contact Ms. Jaylen A. Marandaque at (0917) 891 8914 or (0925) 771 0204. Email: psgeobgyn@yahoo.com.ph

The Ribbon cutting was initiated by our president, Dr. Regina Paz Tan-Espiritu and vice president Dr. Gladys Tanangonan together with the other members of BOT and past presidents of PSGE enjoined by our foreign guest speaker Prof. Felix Wong.



SUBSPECIALTY



(PSMFM) Philippine Society of Maternal Fetal Medicine

PSMFM'S FELOWS' FORUM

The Philippine Society of Maternal Fetal Medicine had three hybrid fellows' forum hosted by the University of Santo Tomas, Makati Medical Center, and University of the Philippines-Philippine General Hospital last June, July and September respectively. These learning activities were well attended by fellows-in-training, section heads, and training officers from the different accredited training institutions. PSMFM Members, obstetricians from all over the country and residents-in-training.

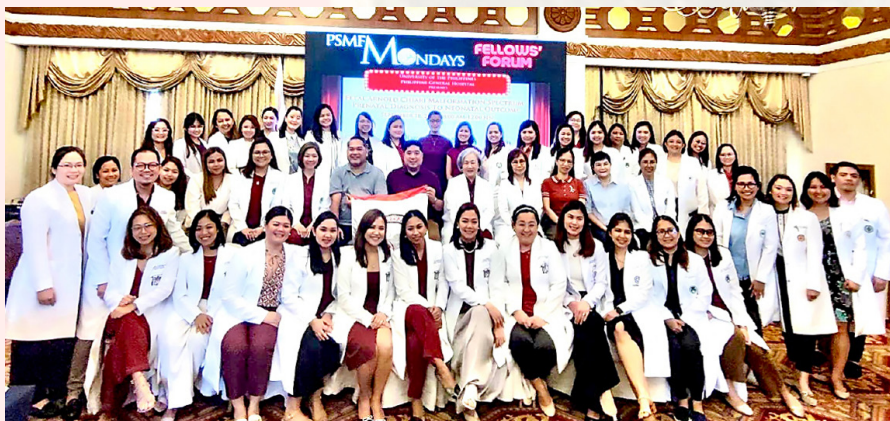
The University of Santo Tomas Hospital hosted the third Fellows' Forum entitled "Addressing the Clinical and Ethical Dilemmas in Multifetal Pregnancy" last June 19, 2023 at the Benavides Cancer Institute Auditorium.



In the fourth Fellows' Forum presented by Makati Medical Center, the discussants and reactors unraveled the dual challenges of Tetralogy of Fallot and duodenal atresia in a fetus. The forum was held at the Makati Medical Center Auditorium on July 17, 2023.



The final Fellows' Forum for the year was hosted by the University of the Philippines-Philippine General Hospital. The discussion centered on the prenatal diagnosis and neonatal outcome of fetal Arnold Chiari Malformation spectrum. This was held at the Manila Prince Hotel on September 18, 2023.



PSMFM MONDAYS FELOWS' FORUM
UNIVERSITY OF SANTO TOMAS HOSPITAL
ADDRESSING THE CLINICAL AND ETHICAL DILEMMAS IN MULTIFETAL PREGNANCY
JUNE 19, 2023 | 8:00 AM-12:00 NN

Panelists:
KRISKA NOELLE V. RAYMUNDO, MD
MARIA LOURDES T. SOLIDUM, MD
JOSEPHINE MILLADO LUMITAO, MD
CATHLEEN JOH CARLELLA ROKONG, MD
VALERIE T. GUINLO, MD

PSMFM MONDAYS FELOWS' FORUM
MAKATI MEDICAL CENTER
UNRAVELING THE DUAL CHALLENGES OF TETRALOGY OF FALLOT AND DUODENAL ATRESIA IN A FETUS
JULY 17, 2023 | 8:00 AM-12:00 NN

Panelists:
LOUI FRANCISCO G. CHAMBAO, MD
MARIE ESTRELLA Y. FLORES, MD
MARIE CATHLEEN F. SANTAGIO, MD
ADRIELLA G. LEUS, MD
MA. THERESA TANGKIO LOPEZ, MD
VALERIE T. GUINLO, MD

PSMFM MONDAYS FELOWS' FORUM
PHILIPPINE GENERAL HOSPITAL
FETAL ARNOLD CHIARI MALFORMATION SPECTRUM: PRENATAL DIAGNOSIS TO NEONATAL OUTCOME
SEPTEMBER 18, 2023 | 8:00 AM-12:00 NN

Panelists:
SHERYL N. M. PERITO, MD
MARJORIE I. SANTOS, MD
JOSE FRANCISCO A. AGUIAR, MD
JEFRE G. CACAS-DAVID, MD
MARITZA E. DOMINGO, MD

PSMFM'S FELOWS'S TEAM BUILDING

The Philippine Society of Maternal Fetal Medicine held its first-ever team-building activity for fellows-in-training last August 27, 2023. The activity's objective was to promote camaraderie among trainees from the different PSMFM training institutions, improve collaborative problem-solving skills, and improve mental health in the workplace. The activity was also attended by the PSMFM Board of Trustees, Section Heads and Training Officers of the different training institutions. The event was spearheaded by the Committee on Continuing Medical Education headed by Dr. Maria Czarina V. Mendoza.



25th ANNUAL CONVENTION (November 28-29)

PHILIPPINE SOCIETY OF MATERNAL FETAL MEDICINE 25TH ANNUAL CONVENTION
BEST PRACTICES
in Maternal Fetal Medicine for the Clinician
@Manila Prince Hotel
DAY 1 (NOVEMBER 28, 2023)

Session 1: INTRAPARTUM ASSESSMENT
• Cardiography Interpretation During Labor
• Monitoring Progress of Labor with Ultrasound
• Role of Ultrasound in Predicting Outcome of Delivery
Panelists: Dr. Ramon T. Reyes, Dr. Gumerinda C. Javier, Prof. Tullio Ghi
Moderator: Dr. Carmela G. Madrigal-Dy

Session 2: PRETERM LABOR
• Predicting Spontaneous Preterm Labor and Birth
• Therapeutic Options for Short Cervix
• Combination Regimens in Acute Tocolytic Therapy
• Maintenance Tocolysis
Panelists: Dr. Christine A. Aguilar, Dr. Valerie T. Guinlo, Dr. Ma. Gemma Datu-Fulgado
Moderator: Dr. Ma. Cristina G. Pelaez-Crisologo

Session 3: COMPLICATED MONOCHORIONIC TWIN PREGNANCY
• Screening and Diagnosis of TTTS, sIUGR, Single Fetal Demise
• Antenatal Care and Surveillance
• Management Options Including Fetal Therapy
Panelists: Dr. Karen Alessandra L. Ty-Torredes, Dr. Christine Vivienne Succor F. Tantoco
Moderator: Dr. Joselito A. Santiago

Session 4: FETAL ABDOMINAL WALL DEFECTS
• Prenatal Diagnosis and Surveillance
• Timing and Route of Delivery
• Postnatal Care and Surgical Treatment
Panelists: Dr. Anita Manilla F. Poblete, Dr. Angelita R. Teotico, Dr. Antonio D. Catangui
Moderator: Dr. Zarinah G. Gonzaga

PHILIPPINE SOCIETY OF MATERNAL FETAL MEDICINE 25TH ANNUAL CONVENTION
BEST PRACTICES
in Maternal Fetal Medicine for the Clinician
@Manila Prince Hotel
DAY 2 (NOVEMBER 29, 2023)

Session 5: CHRONIC HYPERTENSION IN PREGNANCY
• Prediction, Diagnosis, and Management Leading to Superimposed Preeclampsia
• Diagnosis and Work-up of Complications/End-organ Damage
• Anti-hypertensive Therapy for Optimal Control
• Fetal Monitoring and Timing of Delivery
• Postnatal Care and Counseling
Panelists: Dr. Maria Rosario C. Cheng, Dr. Anthony Russell T. Villanueva, Dr. Frederick C. Cheng
Moderator: Dr. Marjorie I. Santos

Session 6: HYPERGLYCEMIA IN PREGNANCY
• Subtypes of Diabetes in Pregnancy Including Situational Hyperglycemia
• Glucose Monitoring: AIC, continuous glucose monitoring
• Pharmacologic Therapy
• Antenatal Surveillance and Delivery Issues
• Postpartum Issues and Counseling
Panelists: Dr. Ma. Victoria V. Torres, Dr. Nemencia A. Nicodemus Jr.
Moderator: Dr. Ramon M. Gonzalez

Session 7: THYROID DISEASE IN PREGNANCY
• Thyroid Function Testing and Screening in Pregnancy
• Diagnostic Evaluation
• Treatment Options Including Monitoring
• Postpartum Thyroiditis
Panelists: Dr. Irene G. Cacas-David, Dr. Juan Maria Ibarra O. Co
Moderator: Dr. Brenda Bernadette B. Zamora

Session 8: MATERNAL CONGENITAL HEART DISEASE
• Preconception Evaluation and Counseling
• Antenatal Surveillance
• Delivery and Postpartum Issues
Panelists: Dr. Maria Czarina V. Mendoza, Dr. Myla Gloria F. Salazar-Supe, Dr. Joy Ann R. Lim
Moderator: Dr. Maria Estrella Y. Flores

TRAINEE 6000 | MEMBER 6500 | NON-MEMBER 7000

REGISTRATION FEES

	TRAINEE	MEMBER	NON-MEMBER
PRE-REGISTRATION (until November 27)	5500.00	6000.00	6500.00
ONSITE	6000.00	6500.00	7000.00

REGISTRATION LINK: <https://bit.ly/PSMFM-AC2023>

FOR INQUIRIES:
Please Contact:
Ms. Jonalyn Cadion - 09190817989
Email: secretariat@psmfm.org



(PSGE) Philippine Society for the Study of



PHILIPPINE SOCIETY FOR THE STUDY OF TROPHOBLASTIC DISEASES, INC.

NEWSLETTER

(SEPTEMBER EDITION)

by: Dr. Quennie S. Quiño

INAUGURAL NATIONAL TROPHOBLASTIC DISEASES AWARENESS WEEK
SHEDS LIGHT ON WOMEN'S HEALTH

by Dr. Quennie S. Quiño

On August 22-25, 2023, the Philippine Society for the Study of Trophoblastic Diseases (PSSTD) launched the first-ever "National Trophoblastic Diseases Awareness Week" under the theme: "Kalinga, Kadamay, Katropa." The primary objective of this event was to launch awareness of this disease and to disseminate updated Clinical Practice Guidelines for the management of Hydatidiform Mole. It aimed to foster collaboration among allied medical professionals, general practitioners, and Trophoblastic diseases specialists to advance evidence-based care for women with these conditions.

The National Trophoblastic Diseases Awareness Week commenced on August 22, 2023, from 4-6 pm, through a virtual forum on Zoom entitled "Who are the people in the neighborhood?" A Lay Forum on Trophoblastic Diseases for Patients, Caregivers, and Doctors. The forum featured three distinguished speakers: Dr. Honorata Lalaine P. Burog, a Trophoblastic Disease Specialist, who discussed Hydatidiform mole and its management; Mrs. Tatien Crishziel S. Gozon-Talaver, who shared her personal experience as a patient with hydatidiform mole and Mr. Romark Zuniga, the husband of a GTN patient, who shared his personal journey of taking care of his wife and expressed his gratitude for all the trophoblastic diseases specialists who are involved in the care of his wife. The forum attracted 305 attendees, making it a resounding success in raising awareness.

On August 23 and 24, 2023, participating hospitals and institutions hosted lectures on the latest **Clinical Management Guidelines for Hydatidiform Mole** set forth by the Philippine Society for the Study of Trophoblastic Diseases. These lectures were successfully conducted across 18 participating hospitals and training institutions nationwide, with each led by Trophoblastic disease specialists in their respective areas. The 18 participating hospitals and training institutions included Philippine General Hospital, Amang Rodriguez Memorial Medical Center, Angeles University Foundation Medical Center, Batangas Medical Center, Cagayan Valley Medical Center, Cotabato Regional and Medical Center, Dr. Jose Fabella Memorial Medical Center, Eastern Visayas Medical Center, Jose B. Lingad Memorial General Hospital, Mariano Marcos Memorial Medical Center, Northern Mindanao Medical Center, POGS CAMANAVA, Region 1 Medical Center, Region 2 Trauma and Medical Center, San Juan de Dios Educational Foundation Inc. Hospital, Southern Isabela Medical Center, Southern Philippines Medical Center, and Vicente Memorial Medical Center.

The highlight of the National Trophoblastic Diseases Awareness Week was the "1st Gregorio B. Pastorfile Virtual National Quiz Bowl: Placental Puzzle". Ten institutions from across the country sent teams to participate in the event. The successful launch of the "National Trophoblastic Disease Awareness Week" was made possible by the collective efforts of the Society members and the national officers, who extend their heartfelt gratitude to everyone who came together to make this a memorable event.

Mabuhay ang Tropang Tropho!



PSSTD HOLDS 1ST GREGORIO B. PASTORFILE VIRTUAL NATIONAL QUIZ BOWL

by Dr. Sherry Joahne C. Villariasa

The 1st Gregorio B. Pastorfile Virtual National Quiz Bowl: Placenta Puzzle was conducted last August 25, 2023 via Zoom Teleconference. It was the highlight of the culminating program of the Philippine Society for the Study of Trophoblastic Diseases' (PSSTD) 1st National Trophoblastic Awareness Week celebration.

The quiz bowl was named after the founding president of PSSTD, Dr. Gregorio B. Pastorfile. It was a nationwide interhospital academic competition for teams of two Obstetrics and Gynecology resident physicians (one third-year resident and one fourth-year resident). The first ten quiz bowl registrants made up the list of contestants. These were the following institutions: Davao Regional Medical Center (Dr. Trisha Mae Labunog and Dr. Rochelle Mae Supan); Eastern Visayas Medical Center (Dr. Rumelle B. Reyes and Dr. Lovely Joyce V. Blanco); Ilocos Training and Regional Medical Center (Dr. Kariza G. Tumbaga and Dr. Patricia Marie C. Calano); Iloilo Doctors' Hospital Inc. (Dr. Hannah Joh Posadas Sereneo and Dr. Yvonne Rose Santos Juanco-Dela Cruz); Las Piñas General Hospital and Satellite Trauma Center (Dr. Sherallaine P. Novo and Dr. Marie Mae G. Pantolla-Laxamana); Northern Mindanao Medical Center (Dr. Krizzia Lei P. Japos and Dr. Ken Jeryle M. Papelleras); Region II Trauma and Medical Center (Dr. Jan Aubrey T. Liberato and Dr. Julie Ann A. Crisostomo); San Juan de Dios Educational Foundation, Inc - Hospital (Dr. Charmaine Gem G. dela Merced and Dr. Margarita M. Maki); Southern Philippines Medical Center (Dr. Michelle L. Chang and Dr. Dhonna L. Cambronero); and University of Perpetual Help Medical Center - Biñan (Dr. Charmaine Clarisse Tapia-Gutierrez and Dr. Margerie Rose M. Manzanilla).

Three trophoblastic disease specialists, Dr. Gody Magnolia S. Albito, Dr. Pauline Antonette L. Lim-Reyes, and Dr. Veneranda P. Despabiladeras, served as tournament judges. Quiz Master Dr. Sweet Almira T. Ali-Amil moderated the event.

The ten teams competed head-to-head over trophoblastic disease and placenta questions via the game-based application, Quizizz. After the first round, the following top 5 institutions subsequently advanced to the final or Clincher Round: Iloilo Doctors' Hospital Inc.; Southern Philippines Medical Center; Region II Trauma and Medical Center; Eastern Visayas Medical Center; and San Juan De Dios Educational Foundation, Inc - Hospital.

Garnering 6,800 points, Southern Philippines Medical Center was hailed Champion of the Placenta Puzzle. Dr. Michelle L. Chang and Dr. Dhonna L. Cambronero comprised the winning team. San Juan De Dios Educational Foundation, Inc - Hospital, represented by Dr. Charmaine Gem G. dela Merced and Dr. Margarita M. Maki, followed in second place with 5,400 points. Finally, teammates Dr. Hannah Joh Posadas Sereneo and Dr. Yvonne Rose Juanco-Dela Cruz of Iloilo Doctors' Hospital Inc. collected 5,120 points and bagged the third place. The winning teams received certificates, plaques and cash prizes. Consolation prizes were also given to the other participating teams. Congratulations to the winners and participants of the 1st Gregorio B. Pastorfile Virtual National Quiz Bowl: Placenta Puzzle! Until next time!

SUBSPECIALTY



(PSMFM) Philippine Society of Ultrasound in Obstetrics and Gynecology

Philippine Society of Ultrasound in Obstetrics and Gynecology FOUNDATION DAY 2023

SAVE THE DATE
JUNE 15, 2023 (THURSDAY)

PSUOG
Tree Planting Activity
Wednesday - June 14, 2023
Sapang Bato, Angeles City

Program of Activities

- 5:00AM Meeting Place: Brgy Hall, Sapang Bato, Angeles City
- 6:00AM Arrival at Site
- Invocation: Dr. Mary Karen O. Atanacio, President, POGS CLC, Treasurer, PSUOG
- PSUOG Foundation Day Message: Dr. Lara Marie D. Bustamante, President, PSUOG
- Tree Planting Activity: Mr. Carmelo Simbulan, CENRO Representative
- Awarding of Certificates
- Closing Remarks: Dr. Marie Carmine S. Yurralde, Regional Director for Central Luzon, PSUOG
- Emcee: Dr. Mark Mascarinas

PSUOG HOUR 9 AM
Ultrasound Service for Women's Health

PSUOG HOUR - 9 AM
Ultrasound Service for Women's Health

PHILIPPINE SOCIETY OF ULTRASOUND IN OBSTETRICS & GYNECOLOGY and SOUTHERN PHILIPPINES MEDICAL CENTER DEPARTMENT OF OBSTETRICS & GYNECOLOGY ULTRASOUND CENTER FOR WOMEN present

47th ULTRASOUND FELLOWS' FORUM

ANTERIOR VAGINAL WALL MASSES
"What you see may not be what it seems!"

RUBY ANNE GARADO-MORENO, MD, DPOGS
Fellow In-Training
Discussant

How Transperineal Ultrasound can reveal valuable information on their etiology.

MARIBINAT LIM, MD, FPOGS, FPSUOG
Training Officer, Ultrasound Center for Women, SPMC, Davao City
Moderator

GEOFFREY M. QUE, MD, FPOGS, FPSURPS
Head, Urogynecology Section Dept. of OB GYN, SPMC, Davao City
Reactor

MOSHE GILLOR, MD, PhD
Deputy Head, Dept. of OB GYN; Urogynecology Unit, Kaplan Medical Center, Rehovot, Israel
Reactor

MULTICARE 28 July 2023 4-6 pm via zoom

PHILIPPINE SOCIETY OF ULTRASOUND IN OBSTETRICS AND GYNECOLOGY

Department of Obstetrics and Gynecology SECTION OF ULTRASOUND MAKATI MEDICAL CENTER

48TH ULTRASOUND FELLOWS' FORUM

The Lost Pearl:
Variable ultrasound features of an uncommon tumor

10 AUGUST 2023
1:00PM - 6:00PM
VIA ZOOM

MULTICARE

CALL FOR PAPERS

PHILIPPINE SOCIETY OF ULTRASOUND IN OBSTETRICS AND GYNECOLOGY

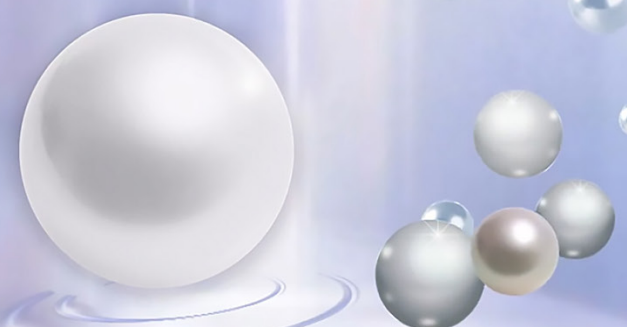
2023 RESEARCH PAPER AND INTERESTING CASE CONTEST (HYBRID)

FRIDAY, 29 SEPTEMBER 2023
8TH FLOOR AUDITORIUM OF MAKATI MEDICAL CENTER TOWER TWO

RESEARCH PAPER PRIZES	INTERESTING CASE PRIZES
1st Place: P 15,000 plus Plaque	1st Place: P 10,000 plus Plaque
2nd Place: P 12,000 plus Plaque	2nd Place: P 7,000 plus Plaque
3rd Place: P 7,000 plus Plaque	3rd Place: P 5,000 plus Plaque
Two consolation Prize: P 2,000 each	Two consolation Prize: P 1,500 each

PSUOG goes *Pearl*

PURSU
EMPOWERMENT AND
ADVOCACY...
RECONNECT WHILE
LEARNING



SUBSPECIALTY

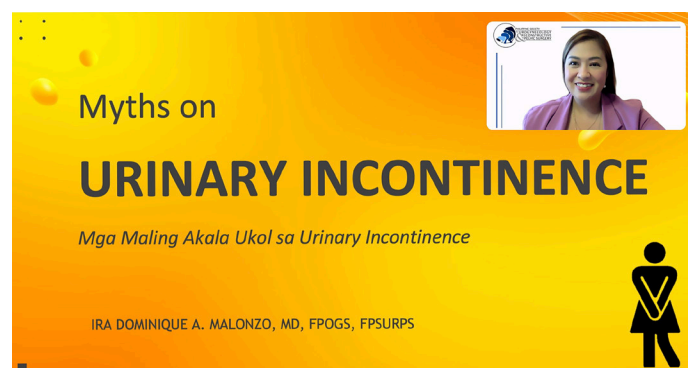


(PSMFM) Philippine Society for Urogynecology and Reconstructive Pelvic Surgery (PSURPS)

Author, MD
Position

In this latter half of the year, the Philippine Society for Urogynecology and Reconstructive Pelvic Surgery (PSURPS) continues in its mission to deliver excellence in service to the Filipina through education, collaboration and research.

We are dedicated to educating both healthcare professionals and the general public on female pelvic health, hence we continued to hold lay fora on common urogynecologic concerns. The third installment of this series was on Female Urinary Incontinence, delivered by Dr. Ira Dominique A. Malonzo last July 11. To conclude the run, Dr. Maria Margarita O. Florentino gave a talk on Genitourinary Syndrome of Menopause last August 15. Both lay fora were broadcast simultaneously on Docquity and on the PSURPS Facebook page.



Furthermore, we will also be having a webinar on the Ethical Issues in Urinary Tract Injuries During Gynecologic Surgery on September 28, to be delivered by Dr. Joanne Karen S. Aguinaldo, through the same channels.

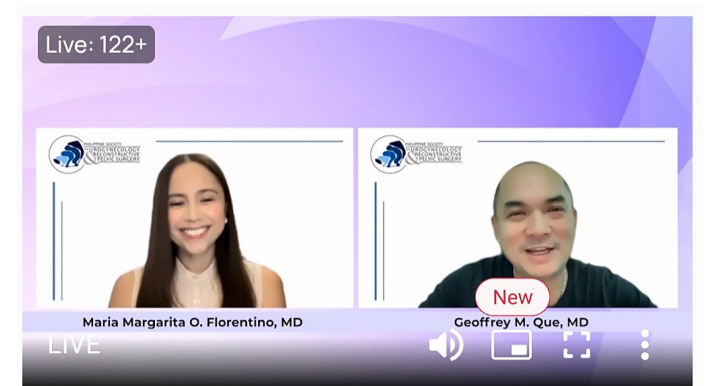
Members of the society also actively participated in the 48th International Urogynecological Association (IUGA) Annual Meeting in The Hague, Netherlands last June 21-24. Founding president, Dr. Lisa Prodigalidad-Jabson, who is the incumbent treasurer of the IUGA served as part of the organizing committee. At the Pan Asian Session of the conference, PSURPS Vice-President Dr. Almira J. Amin-Ong delivered a lecture on "Genitourinary Fistula: Determining the Appropriate Route of Repair" while Drs. Jabson and Philippine Board for

Urogynecology and Reconstructive Pelvic Surgery (PBURPS) Chair Dr. Lennette Chan-Cruz served as moderators.

Consistent with our thrust for research, our fellows-in-training also presented their scientific works in the same convention. Drs. Lilibeth Lim-Navarro and Maria Concepcion Cenizal-Santos orally presented their papers on "A Case of Female Epispadias with a Genital Mass in a Patient with Arnold Chiari Malformation" and "Colouterine Fistula Presenting as Vaginal Discharge in an Elderly Woman with Colonic Diverticulitis" respectively.

At the recently concluded 10th Asia Pacific Urogynecology Association (APUGA) Annual Meeting last September 10, the society also made a showing as Dr. Jabson spoke on "Uterine Preservation vs. Hysterectomy in Pelvic Organ Prolapse Surgery".

The society also aims to develop and disseminate evidence-based guidelines and best practices to ensure that patients receive the highest quality of care, thus we released the first edition of the Clinical Practice Guidelines in Pelvic Organ Prolapse, in cooperation with the Philippine Obstetrical and Gynecological Society, Inc. (POGS). Members may



access it online at the POGS website's Member's Portal.

Lastly, we invite you to join us in the upcoming PSURPS Pre-Convention Webinar on "Menage-a-trois: The Bladder, The Uterus & The Rectum" this October 10, where we explore the intricate interplay of these vital pelvic organs in various obstetric and gynecologic conditions.

You may visit our Facebook page at <https://www.facebook.com/psurps> to learn more about our upcoming events.