

POGS FELLOWS' RESEARCH PAPER GUIDELINES

FELLOW'S RESEARCH PAPER CONTEST

OBJECTIVE: To promote scientific research paper writing among POGS Fellows.

GENERAL RULE: The research paper contest is open to all POGS Fellows in good standing.

SPECIFIC RULES:

1. The subject matter of the research paper should be relevant to the science or practice of obstetrics and gynecology.
2. There is no limit to the number of research papers a POGS Fellow may submit.
3. The principal author must be a POGS Fellow in good standing.
4. A Technical and Ethical Review Board should have approved the research paper. A photocopy of the Certificates/Letters of Approval should be submitted together with the research paper. Please see Guidelines no. 3 below.
5. The author/s should have a valid Good Clinical Practice (GCP) Certificate. A photocopy of the valid GCP Certificates should be submitted together with the research paper. Please see Guidelines no. 3 below.
6. The research paper should not have been published in any local or international journal.
7. The research paper should not have been presented in a previous POGS research paper contest.
8. Re-submission of previously submitted research papers is discouraged.
9. The research paper should not have been submitted or presented by a Resident-in-Training as principal author in a research paper contest.
10. The Society reserves the right to publish the winning papers in the Philippine Journal of OB-GYN (PJOG). Non-winning research papers which seem worthy of publication will be submitted to the Editorial Board of the PJOG for consideration. Authors will be formally informed by the PJOG Editorial Board before actual publication. If author/s so wishes, their papers may instead be submitted for publication in other local or international journals but notice should be given to the PJOG Editorial Board.
11. Cash and plaques will be awarded to the winning papers:

1 st prize	P20, 000.00
2 nd prize	P15, 000.00
3 rd prize	P10, 000.00

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MANUSCRIPT:

1. Manuscript must be prepared in the following manner:
 - a. Typewritten in Arial font size 12 on 8 ½ x 11-inch white bond paper substance 20 on one side only
 - b. Double –spaced with 1 ¼ margin on all sides
 - c. The use of Word and its tools such as Spelling and Grammar Check, Word count, Thesaurus are encouraged.
 - d. The use of a Plagiarism Detection Software is also encouraged. *The Similarity Index for the manuscripts, not including list of references and appendix, must not be more than 20 percent.*
2. Each manuscript should be in this sequence: Title; Abstract (not more than 300 words) and Key Words; Introduction; Objectives (General and Specific); Materials and Methods; Results; Discussion; Conclusion; Limitation, Recommendations; Acknowledgments; References; Appendix; Tables; Illustrations (with legend) and Pictures (colored or black & white).
3. A research paper should be written with no more than 3000 words (excluding the abstract and references) and 50 references.
4. For indexing, 3-5 key words should be written alphabetically below the abstract. It is recommended that the key words be taken from the US National Library of Medicine's Medical Subject Headings (MeSH) browser list (<http://www.nlm.nih.gov/mesh/meshhome.html>).
5. Whenever appropriate, the metric system, Systeme International (SI) units, and temperature in degree Celcius are used. Non-proprietary (generic) names should be used for medical substances, unless the use of a specific brand name is important. In the latter situation, the pharmaceutical interest should be declared.
6. When acronyms or abbreviations are used, the acronym enclosed in parenthesis should initially follow the entire phrase or group of words when it first appears in the manuscript. Abbreviations should instead be spelled out no matter how common they are.
7. In the text, the reference should be cited using superscript Arabic numerals placed after the sentence and in the order of their appearance.

Use the Vancouver style of referencing. Write all names of authors if they number 6 or less. If more than 6 names, cite the first 3 and use et al for the rest. Unpublished work should not be listed under references. The citation should appear in the text and enclosed in parenthesis (e.g. Cruz J dl, 2008, unpublished data).

For abbreviating names of Journals, use the Index Medicus style or access the list at <http://www.ncbi.nlm.nih.gov/nlmcatalog/journals>.

The following are samples of references:

JOURNAL ARTICLE

Baja-Panlilio H, Vera MTR, Sanchez FS. Maternal weight gain in Filipinos: A correlation with fetal birth weight and pre-pregnancy weight. *Phil J Obstet Gycecol* 1990; 14 (1): 35-38.

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BOOK

Cunningham FG, Gant NF, Leveno KJ, Gilstrap III LC, Hauth JC and Wenstrom KD (eds): Williams Obstetrics, 21st ed. USA: McGraw-Hiall, 2001.

CHAPTER IN BOOK

Mishell DR. Amenorrhea. In: Droegemuller W, Herst AL, Mishell DR, Stencheber MA (eds): Comprehensive Gynecology. St. Louis: CV Mosby Co., 1987: 15.

8. Tables and figures should be placed in the Appendix. Do not embed tables and figures within the body of the manuscript. Group tables together and all figures together. There should be no more than six graphics, including tables, figures, photos and slides per manuscript.

Create tables using the table creating and editing feature of your word processing software (eg, Word, WordPerfect). Do not use Excel or comparable spreadsheet programs. Cite tables consecutively in the text, and number them in that order. They should be self-explanatory and should supplement, rather than duplicate, the material in the text. The tables should have concise but comprehensive legend. Column headings should be short with units in parenthesis, or statistical headings well-defined. Footnote symbols should be used (see Word, Insert, References, Footnote) except for the asterisk* which should be reserved for P values (0.03**).

When presenting photograph of subjects or specimen, any identifying mark should be cropped, or an eye bar should be used to prevent the subject from being recognized. Use arrows to emphasize subtle pictures. When submitting electronic or scanned photographs, resolution must be at least 300 dpi. Markings, such as arrows and labels, that are used to direct the attention of readers must be embedded in the files. Use appropriate labelling and captioning.

9. For the Acknowledgements, the source of funding or grants should be acknowledged. When brand names of drugs are used, the author should declare pharmaceutical interest, his industrial links and affiliations. Other contributing personnel or institutions (meaning, apart from the paper's authors and institution of origin) should also be acknowledged. Redaction, when appropriate, is recommended prior to the unblinding of the submitted paper. Acknowledgement of writing inspirations is not allowed.
10. The International Committee of Medical Journal Editors (ICMJE) recommends that authorship be based on the following 4 criteria
 - a. Substantial contributions to the conception or design of the work; or the acquisition, analysis, or interpretation of data for the work; AND
 - b. Drafting the work or revising it critically for important intellectual content; AND
 - c. Final approval of the version to be published; AND
 - d. Agreement to be accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved.

GUIDELINES:

1. Six (6) hard copies and a soft copy in a Flash Drive of the research paper should be submitted on or before **September 10, 2025**.

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2. Do not include the authors' names, information and institution/s anywhere in the manuscript to maintain a blinded submission. Any identifiers that positively confirms the origin of the paper will be grounds for disqualification.
3. The title page together with supporting certificates should be placed in a sealed envelope. The envelope should contain the following:
 - a. Title Page
 - complete manuscript title
 - authors' full names, highest academic degrees, and affiliations
 - name and address of corresponding author, including fax number, telephone number, and e-mail address
 - all sources of support, including pharmaceutical and industry support, that require acknowledgment
 - name, address and date of presentation, if the paper had been presented in a scientific meeting
 - signatures of the author/s
 - a. Photocopy of the principal author's Certificate as Fellow of POGS
 - b. A photocopy of the Certificate/Letter of Approval from the Technical and Ethical Review Board
 - c. A photocopy of authors' valid GCP Certificates
 - d. Certificate of authorship by the author and co-author/s that the research paper is a result of his/her/their investigation
4. The six (6) manuscripts, USB and the sealed envelope must be placed in a short brown envelope and submitted to:

POGS Committee on Scientific Works

Philippine Obstetrical and Gynecological Society (Foundation), Inc.
POGS Building, # 56 Malakas Street, Diliman, Quezon City
(Attention: Fellow's Research Paper Contest)

5. Failure to comply with the manuscript Rules and Guidelines may be grounds for automatic disqualification from the contest.

PROCEDURE FOR JUDGING:

1. All research papers submitted on or before the deadline will be evaluated by the Subcommittee on Research.
2. A panel of judges will evaluate the papers based on the following:
 - Introduction and Review of literature
 - Significance and Importance of the study
 - Objectives
 - Appropriateness of Methodology
 - Presentation of Data & Interpretation of Results
 - Discussion
 - Adherence to format
3. Announcement and awarding of winners will be held during the POGS Annual Business Meeting at the POGS Annual Convention.

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1. Decisions made by the Committee on Scientific Works/Board of Judges are final and irrevocable.

Revised: January 27, 2022